



Homemaking Guidance

Products: MSHO, MSC+

Definition of Service:

General household activities provided by a trained homemaker, when a person is unable to manage the home or when the person regularly responsible for these activities is temporarily absent or unable to manage the home. Members must be open to Elderly Waiver for the length of the authorization.

Covered:

- Meal preparation
- Routine household tasks
- Assistance with activities of daily living
- Assistance with arranging transportation, appointments

Not Covered:

- Services the member is physically able to do
- Services for other members of the household
- Tasks that do not meet the basic needs for a healthy and safe environment
- Homemaking when a member resides in a 24hr CL setting
- When there are other services or supports in place that could meet this need

Considerations:

HMKR services are to provide the member a safe and clean environment. CC's should consider the following questions before authorizing HMKR services:

- Is this service necessary for the health, welfare and safety of the member?
- Does the service enable the member to function with greater independence?
- Is the service of direct and specific benefit to the member (sole utility of the member)?
- Is this the most cost effective solution?
- Is the member requesting assistance with HMKR tasks they are still physically able to do?
- Are there other formal or informal services in place which can meet the identified need?
- This is to be used as a guideline and professional discretion should be utilized by the care coordinator to determine what is most appropriate for the member.

Process:

- Member should be open to Elderly Waiver
- Homemaking services require submission of a Waiver Service Approval Form
- Recommended authorization is up to 2.25 hours/week for a member living with family and friends.
- Over and above recommended hours per guideline needs documented reasoning and supervisor consultation
- See UCare guide below for suggested times:

Living Arrangement Time/Week

	Light Housekeeping	Heavy Housekeeping	Plus Shopping	Plus Laundry	Plus Meal Prep
Living alone	1.25-1.5 hours/wk	1.5-2 hours/wk	2.5-3 hours/week	3-3.5 hours/week	3.5-5 hours/week
Living with family/friends				1.5-2.25 hours/week	

Home Management Tasks Services	Covered Component Services	Non-Covered Component Services	Additional Clarification
Light housekeeping	Typical tasks include sweeping, dusting, vacuuming, washing dishes, and tidying	Heavy housekeeping tasks (Assure non-duplication) Maintenance required of a landlord by virtue of law or lease such as cleaning common areas.	Light housekeeping tasks are typically done on a daily or weekly basis and take little time to complete.
Heavy housekeeping	Typical tasks include cleaning tub / shower, toilet, flipping mattresses, moving furniture, cleaning walls / baseboards, and deep cleaning stovetop / oven.	Tasks included in light housekeeping. Maintenance required of a landlord by virtue of law or lease such as cleaning common areas.	In the case of rental properties, the lease agreement may need to be reviewed to determine if the service is the responsibility of the landlord.
Laundry - personal	Cleaning of personal items such as a participant's clothing and items. Typical tasks include gathering, sorting, washing, drying, folding and putting away.	Personal linens	Waivers do not cover laundry soap. GRH covers and includes laundry soap as a 'household supply.' If the participant is not on GRH, the participant must provide the detergent.
Shopping	Assisting participant with making purchases. Shopping "for" participant without their presence requires supporting documentation of need.		May include internet shopping.
Participant Assistance w/ Food Prep in Own Apartment	Assisting participant, who has purchased food, in preparing it within their living unit. Typical tasks include cooking, labeling and organizing food; making food accessible; throwing out spoiled food and developing a menu with participant.		Making food accessible so that the participant can access less or without additional human assistance, e.g., opening jars or re-organizing so that all items are within reach.

*Member has the right to appeal if they disagree with the care coordinators decision