

Dispose of Medications Safely

Safely disposing of expired, unused, or unneeded medications is important for everyone. Here are some ideas for how to make sure your medications are properly and promptly discarded.

The *Wrong* Way to Dispose of Medications

- Don't flush medications down the toilet or drain without consulting the U.S. Food and Drug Administration (FDA) Flush List
 - The list of medications that can be flushed can be found at [fda.gov/drugs/disposal-unused-medicines-what-you-should-know/drug-disposal-fdas-lush-list-certain-medicines](https://www.fda.gov/drugs/disposal-unused-medicines-what-you-should-know/drug-disposal-fdas-lush-list-certain-medicines)
- Don't put medications into the trash can without following the steps below
- Medications can pollute the water and harm people and animals if improperly discarded

The *Right* Way to Dispose of Medications

- The preferred method of disposal is using a community drop-off location, such as a participating pharmacy or with local law enforcement, where you can bring in medications for free
 - You can search for locations near you on the Drug Enforcement Administration (DEA) website at apps2.deadiversion.usdoj.gov/pubdispsearch/spring/main?execution=e2s1 or using the resource [safe.pharmacy/drug-disposal/](https://www.safe.pharmacy/drug-disposal/)
 - The DEA has resources such as a call center that can be reached at 800-882-9539 or online at deatakeback.com
 - You may find options to mail medications to authorized sites or details on the annual National Prescription Drug Take Back Day
 - Two community sites in your area include:
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 - You can dispose of medications in your household trash using the following steps:
 - Remove any personal information from prescription bottles and take the medications out of their original containers
 - Place the medications inside a disposable container such as a plastic bag
 - Mix an undesirable substance such as coffee grounds, dirt, or kitty litter into the container and place it in the trash
 - For more information about drug disposal, please visit the FDA website at hhs.gov/opioids/prevention/safely-dispose-drugs/index.html
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Safe medication disposal is important for all types of medications, including controlled and non-controlled prescriptions, over-the-counter medications, and supplements. Please be sure to dispose of unneeded medications as soon as possible. It's a great idea to go through your medicines several times a year to help keep you and your family safe.

Thank you for participating in safe medication disposal.

Toll free 1-800-203-7225, TTY 1-800-688-2534

Attention. If you need free help interpreting this document, call the above number.

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ملاحظة: إذا أردت مساعدة مجانية لترجمة هذه الوثيقة، اتصل على الرقم أعلاه.

သတိ။ ဤတွဲရက်စာတမ်းအားအခမဲ့ဘာသာပြန်ပေးခြင်း အကူအညီလိုအပ်ပါက၊ အထက်ပါဖုန်းနံပါတ်ကိုခေါ်ဆိုပါ။

កំណត់សំគាល់ ។ បើអ្នកត្រូវការជំនួយក្នុងការបកប្រែឯកសារនេះដោយឥតគិតថ្លៃ សូមហៅទូរសព្ទតាមលេខខាងលើ ។

請注意，如果您需要免費協助傳譯這份文件，請撥打上面的電話號碼。

Attention. Si vous avez besoin d'une aide gratuite pour interpréter le présent document, veuillez appeler au numéro ci-dessus.

Thov ua twb zoo nyeem. Yog hais tias koj xav tau kev pab txhais lus rau tsab ntaub ntawv no pub dawb, ces hu rau tus najnpawb xov tooj saum toj no.

ဟ်သျှဉ်ဟ်သးဘဉ်တက့ၢ်. ဖဲနမ့ၢ်လိဉ်ဘဉ်တၢ်မၤစၤကလိလၢတၢ်ကကျိးထံဝဲဒၣ်လံာ် တီလံာ်မိတခါအံၤန့ၣ်,ကိးဘဉ် လိတဲစိနီၣ်ဂံၢ်လၢထးအံၤန့ၣ်တက့ၢ်.

알려드립니다. 이 문서에 대한 이해를 돕기 위해 무료로 제공되는 도움을 받으시려면 위의 전화번호로 연락하십시오.

ໂປຣດຊາບ. ຖ້າຫາກ ທ່ານຕ້ອງການການຊ່ວຍເຫຼືອໃນການແປເອກະສານນີ້ຟຣີ, ຈົ່ງ ໂທໂປທີ່ໝາຍເລກຂ້າງເທິງນີ້.

Hubachiisa. Dokumentiin kun tola akka siif hiikamu gargaarsa hoo feete, lakkoobsa gubbatti kenname bilbili.

Внимание: если вам нужна бесплатная помощь в устном переводе данного документа, позвоните по указанному выше телефону.

Digniin. Haddii aad u baahantahay caawimaad lacag-la'aan ah ee tarjumaadda (afcelinta) qoraalkan, lambarka kore wac.

Atención. Si desea recibir asistencia gratuita para interpretar este documento, llame al número indicado arriba.

Chú ý. Nếu quý vị cần được giúp đỡ dịch tài liệu này miễn phí, xin gọi số bên trên.