

# **Neuropsychological Services**

Policy Number: SC14P0011A2 Effective Date: May 1, 2018

Last Update: June 25, 2025

# **PAYMENT POLICY HISTORY**

DATE	SUMMARY OF CHANGE		
June 25, 2025	Annual review complete. Standardization & wording clarifications applied.		
February 19, 2025	Policy updated to reflect change to legislated payment adjustment outlined		
	on Approved SPA 24-44.		
May 17, 2024	Annual review complete. Standardization & wording clarifications applied.		
May 25, 2023	Annual policy review completed. Updated overview, code grid descriptions,		
	and payment information section.		
September 19, 2022	Information regarding code-specific procedure CPT® or HCPCS was removed.		
May 28, 2021	The Neuropsychological Services policy is being reposted.		
	The policy was updated clarifying that certain codes must be billed in		
	conjunction with another primary service. Refer to the code-set listed in the		
	Modifiers, CPT/HCPCS and Revenue Codes section of this policy.		
October 21, 2020	Annual policy reviewed completed. Based on changes made by MHCP, CPT		
	code 96127 was added as an eligible service. The policy was moved to an		
	updated UCare template and as a result some information may have been		
	reformatted.		
July 5, 2019	Annual policy review. CPT codes 96118, 96119, and 96120 were deleted and		
	replaced with 96121, 96132, 96132, 96133, 96136, 96137, 96138, 96139,		
	and 96146. The UCare logo and internal links within the document were		
	updated.		
May 1, 2018	The Neuropsychological Services policy is published by UCare		

# **APPLICABLE PRODUCTS**

This policy applies to the products checked below:

UCARE PRODUCT	PRODUCT TYPE	APPLIES TO
UCare Connect + Medicare	Dually Integrated	√
UCare Minnesota Senior Health Options (MSHO)	Dually Integrated	√

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UCARE PRODUCT	PRODUCT TYPE	APPLIES TO
UCare Connect	Minnesota Health Care	√
	Programs (MHCP)	
UCare Minnesota Senior Care Plus (MSC+)	Minnesota Health Care	√
	Programs (MHCP)	
UCare MinnesotaCare	Minnesota Health Care	√
	Programs (MHCP)	
UCare Prepaid Medical Assistance (PMAP)	Minnesota Health Care	√
	Programs (MHCP)	

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# **PAYMENT POLICY INSTRUCTIONS**

A payment policy assists in determining provider reimbursement for specific covered services. To receive payment, the provider must be in a contractual relationship with UCare and provide services to a member enrolled in one of UCare's products. This payment policy is intended to provide a foundation for system configuration, work instructions, call scripts, and provider communications. A payment policy describes the rules for payment, which include applicable fee schedules, additional payment rules by regulatory bodies, and contractual terms. This policy is a general guideline and may be superseded by specific provider contract language.

# **PAYMENT POLICY OVERVIEW**

Neuropsychological services:

- Include assessment and testing
- Identify the internal and external restrictions of a person's cognitive, emotional, behavioral, and social impairments
- Are skills-based interventions provided to people with neurological disorders that result in cerebral dysfunction

# **POLICY DEFINITIONS**

TERM	NARRATIVE DESCRIPTION
Neuropsychological	A specialized clinical assessment of the patient's underlying
Assessment	cognitive abilities related to thinking, reasoning, and judgment. The
	assessment must be conducted by a qualified neuropsychologist.
Neuropsychological Testing	Administering standardized tests and measures designed to evaluate the patient's ability to:
	<ul> <li>Attend to, process, interpret, comprehend, communicate, learn, and recall information</li> <li>Use problem solving and judgment</li> </ul>



#### **ENROLLEE ELIGIBILITY CRITERIA**

THIS SECTION OF THE POLICY PROVIDES INFORMATION THAT IS SPECIFIC TO THE UCARE MEMBER, INCLUDING INFORMATION ABOUT THE CRITERIA THE MEMBER MUST MEET IN ORDER FOR THE SERVICE(S) IN THE POLICY TO BE ELIGIBLE FOR PAYMENT.

An individual must be enrolled and eligible for coverage in a UCare MHCP product to be eligible for this service. Outlined below are the specific criteria for neuropsychological services:

#### **Neuropsychological Assessment**

An Enrollee is eligible for neuropsychological assessment if at least one of the following criteria is met:

- A brain disorder is known or strongly suspected to exist because of the patient's medical history or a neurological evaluation. Examples of brain disorders include the following:
  - Brain disorder resulting from past significant head trauma
  - Brain tumor
  - Stroke
  - Seizure disorder
  - Multiple sclerosis
  - Neurodegenerative disorder
  - Brain disorder resulting from significant exposure to neurotoxins
  - Brain disorder resulting from central nervous system infection
  - Metabolic or toxic encephalopathy
  - Fetal alcohol syndrome
  - Congenital malformations of the brain
- Cognitive or behavioral symptoms suggest the patient has an organic condition that cannot be readily attributed to functional psychopathology. Examples include the following:
  - Poor memory or impaired problem solving
  - Change in mental status evidenced by lethargy, confusion, or disorientation
  - Deterioration in level of functioning
  - Marked behavioral or personality change
  - In children or adolescents, significant delays in acquiring academic skill or poor attention relative to peers
  - In children or adolescents, significant plateau in expected development of cognitive, social, emotional, or physical function relative to peers
  - In children or adolescents, significant inability to develop expected knowledge, skills or abilities as required to adapt to new or changing cognitive, social, emotional, or physical demands.



#### **Neuropsychological Testing**

A patient is eligible for neuropsychological testing when one of the following is present:

- A significant mental status change that is not a result of a metabolic disorder and has failed to respond to treatment
- In children or adolescents, a significant plateau in expected development of cognitive, social, emotional, or physical function relative to peers
- In children or adolescents, a significant inability to develop expected knowledge, skills or abilities as required to adapt to new or changing cognitive, social, emotional, or physical demands
- A significant behavioral change, memory loss, or other organic brain injury
- Suspected neuropsychological impairment in addition to functional psychopathology
- Traumatic brain injury
- Stroke
- Brain tumor
- Substance abuse or dependence
- Cerebral anoxic or hypoxic episode
- Central nervous system infection or other infectious disease
- Neoplasms or vascular injury of the central nervous system
- Neurodegenerative disorder
- Demyelinating disease
- Extrapyramidal disease
- Exposure to systemic or intrathecal agents or cranial radiation known to be associated with cerebral dysfunction
- Systemic medical condition known to be associated with cerebral dysfunction, including renal disease, hepatic encephalopathies, cardiac anomalies, sickle cell disease and related hematologic anomalies, and autoimmune disorders such as lupus erythematosus or celiac disease
- Congenital, genetic, or metabolic disorder known to be associated with cerebral dysfunction, such as phenylketonuria, craniofacial syndromes, or congenital hydrocephalus
- Severe or prolonged malnutrition or malabsorption syndrome
- Condition presenting in a manner making it difficult for a clinician to distinguish between the following:
  - The neurocognitive effects of a neurogenic syndrome (such as dementia or encephalopathy)
     and



 A major depressive disorder when adequate treatment has not resulted in improvement in neurocognitive functioning, or another disorder (for example, autism, selective mutism, anxiety disorder, or reactive attachment disorder).

#### **Neuropsychological Rehabilitation**

Neuropsychological rehabilitation is a program to help a member do one of the following:

- Restore neuropsychological abilities
- Acquire and use compensatory methods to improve post-injury adjustment and adaptive living skills

#### **Cognitive Rehabilitation**

Cognitive rehabilitation services are skills-based interventions provided to a member with a current diagnosis of neurological disorder resulting in cerebral dysfunction. Cognitive rehabilitation identifies the internal and external restrictions of the member's cognitive, emotional, behavioral, and social impairments. Use this information to design and implement a rehabilitation program to help the member to do one of the following:

- Restore neuropsychological abilities
- Acquire and use compensatory methods to improve post-injury adjustment and adaptive living skills

A doctoral-prepared clinical neuropsychologist or a multidisciplinary rehabilitation team under the clinical supervision of a doctoral-prepared clinical neuropsychologist must authorize and provide interventions.

## **ELIGIBLE PROVIDERS OR FACILITIES**

OUTLINED BELOW IS THE SPECIFIC CRITERIA A PROVIDER MUST MEET IN ORDER FOR THE SERVICE(S) IN THIS POLICY TO BE ELIGIBLE FOR PAYMENT.

#### **Provider**

MHCP Enrolled Licensed Psychologist with a Post-Doctoral Neuropsychology specialty.

#### **Facility**

Not applicable.

Other and/or Additional Information



Not applicable.

#### **EXCLUDED PROVIDER TYPES**

OUTLINED BELOW IS INFORMATION REGARDING PROVIDERS WHO ARE NOT ELIGIBLE TO FURNISH THE SERVICE(S) LISTED IN THIS POLICY.

Not applicable.

# **MODIFIERS, CPT, HCPCS, AND REVENUE CODES**

#### **General Information**

The Current Procedural Terminology (CPT®), Healthcare Common Procedure Coding System (HCPCS), and Revenue codes listed in this policy are for reference purposes only. Including information in this policy does not imply that the service described by a code is a covered or non-covered health service. The inclusion of a code does not imply any right to reimbursement or guarantee of claim payment.

# **Modifiers**

The modifiers listed below are not intended to be a comprehensive list of all modifiers. Instead, the modifiers that are listed are those that must be appended to the CPT® / HCPCS codes listed below. Based on the service(s) provided, and the circumstances surrounding those services it may, based on correct coding, be appropriate to append an additional modifier(s) to the CPT® / HCPCS code.

When a service requires multiple modifiers, the modifiers must be submitted in the order listed below. If it is necessary to add additional modifiers, they should be added after the modifiers listed below.

MODIFIER(S)	NARRATIVE DESCRIPTION
HK	Intensive or Children's Day Treatment

#### CPT and/or HCPCS Code(s)

CPT AND/OR HCPCS CODE(S)	MODIFIER(S)	NARRATIVE DESCRIPTION
96116		Neurobehavioral status exam by a physician or qualified neuropsychologist, includes face—to-face time with patient and interpreting test results
96121		Each additional hour used in conjunction with 96116



CPT AND/OR HCPCS CODE(S)	MODIFIER(S)	NARRATIVE DESCRIPTION
96132		Neuropsychological testing evaluation administered by a
		physician or qualified neuropsychologist, interpretation,
		analysis, report
96133		Each additional hour used in conjunction with 96132
96136		Neuropsychological test administration and scoring by physician
		or other qualified health care professional, two or more tests
96137		Each additional 30 minutes used in conjunction with 96136
96138		Neuropsychological test administration and scoring
		by a clinically supervised technician, interpretation, and report by a qualified neuropsychologist
96139		Each additional 30 minutes used in conjunction with 96138
96146		Neuropsychological test administration, with single automated,
		standardized instrument via electronic platform with automated
		results only
H2012	НК	Cognitive rehabilitation
		Behavioral Health Day Treatment

CPT® is a registered trademark of the American Medical Association.

#### **Revenue Codes**

Not applicable.

# **Additional / Other Information**

Not applicable.

# **PAYMENT INFORMATION**

# **General Information**

- When furnishing neuropsychological services, the following components are included in the service are not separately billable:
  - o Face-to-face interview
  - o Interpretation of test results



- Preparation and completion of a written report
- o Face-to-face feedback provided to patient as part of the assessment process
- Neuropsychological testing must be:
  - o Administered or clinically supervised by a qualified neuropsychologist
  - Validated in a face-to-face interview between the patient and a qualified neuropsychologist

Refer to UCare's Psychological Testing policy for information regarding psychological testing.

#### **Non-Covered Services**

Neuropsychological testing is not covered when performed:

- Primarily for educational purposes;
- Primarily for vocational counseling or training;
- For personnel or employment testing;
- As a routine battery of psychological tests given at inpatient admission or continued stay; and
- For legal or forensic purposes

#### **Payment Adjustments**

#### **Payment Reductions**

Based on MHCP guidelines when certain mental services are furnished by a master's prepared provider a twenty percent (20%) reduction is applied to the allowed amount. Master's prepared providers may include:

- Clinical Nurse Specialist (CNS-MH)
- Licensed Independent Clinical Social Worker (LICSW)
- Licensed Marriage and Family Therapist (LMFT)
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Psychologist (LP) master's Level
- Psychiatric Nurse Practitioner
- Master's Level enrolled provider

Master's level reductions are not applied to mental health services when they are furnished:

- In a Community Mental Health Center (CMHC)
- By a Mental Health Practitioner qualified to work as a clinical trainee



#### **Payment Enhancements**

In addition to the master's level provider reduction, UCare also applies a legislated adjustment to specific mental health services when furnished by the providers listed below.

July 2007 through December 2024, the legislated adjustment was 23.7%. Effective January 2025, the legislated adjustment is 11.85%.

- Psychiatrists;
- Advance Practice Nurses;
  - Clinical Nurse Specialist
  - Nurse Practitioner
- Community Mental Health Centers;
- Mental health clinics and centers certified under Rule 29 and designated by the Minnesota Department of Mental Health as an essential community provider;
- Hospital outpatient psychiatric departments designated by the Minnesota Department of Mental Health as an essential community provider; and
- Children's Therapeutic Services and Supports (CTSS) providers for services identified as CTSS in the DHS mental health procedure CPT or HCPCs codes and rates chart.

Information on UCare fee schedule updates can be found in the UCare Provider Manual.

# **BILLING REQUIREMENTS AND DIRECTIONS**

## **General Information**

- Bill neuropsychological services online using the 837P format.
- Do not bill 96116 on the same day as 96150 or 96151
- Comply with National Correct Coding Initiative (NCCI) standards for applying appropriate modifiers when billing any of the following combination of codes on the same day:
  - o 96132 with 96136, 96138 or 96146
  - o 96138 with 96116, 96132 or 96146
  - Other service code pairings with 96132, 96138 or 96146

#### Time Based Services

When billing for services that include time as part of their definition, follow HCPCS and CPT guidelines to determine the appropriate unit(s) of service to report. Based on current guidelines, providers must spend more than half the time of a time-based code performing the service to report the code. If the time spent results in more than one- and one-half times the defined value of the code, and no additional



time increment code exists, round up to the next whole number. Outlined below are the billable units of service based on whether the description of the service includes the unit of measurement of 15 minutes or 60 minutes:

MINUTES	BILLABLE UNITS
Fifteen (15) Minute Increments	
0 – 7 minutes	0 (no billable unit of service)
8 – 15 minutes	1 (unit of billable service)
Sixty (60) Minute Increments	
0 – 30 minutes	0 (no billable unit of service)
31 – 60 minutes	1 (unit of billable service)

# PRIOR AUTHORIZATION, NOTIFICATION AND THRESHOLD INFORMATION

#### **Prior Authorization, Notification, and Threshold Requirements**

UCare does update authorization, notification, and threshold requirements from time-to-time. The most current prior authorization requirements can be found here.

## **RELATED PAYMENT POLICY INFORMATION**

OUTLINED BELOW ARE OTHER POLICIES THAT MAY RELATE TO THIS POLICY AND/OR MAY HAVE AN IMPACT ON THIS POLICY.

POLICY NUMBER	POLICY TITLE
SC17P0057A3	Psychological Testing

UCare payment policies are updated from time to time. The most current UCare payment policies can be found here.

#### **SOURCE DOCUMENTS AND REGULATORY REFERENCES**

LISTED BELOW ARE LINKS TO CMS, MHCP, AND STATUTORY AND REGULATORY REFERENCES USED TO CREATE THIS POLICY.

MHCP Provider Manual, Mental Health Services, Neuropsychological Services



<u>Minnesota Statutes 256B.0671</u>, subdivision 8 <u>Minnesota Statutes 256B.0671</u>, subdivision 9

#### **DISCLAIMER**

"Payment Policies assist in administering payment for UCare benefits under UCare's health benefit Plans. Payment Policies are intended to serve only as a general reference resource regarding UCare's administration of health benefits and are not intended to address all issues related to payment for health care services provided to UCare members. When submitting claims, all providers must first identify member eligibility, federal and state legislation, or regulatory guidance regarding claims submission, UCare provider participation agreement contract terms, and the member-specific Evidence of Coverage (EOC) or other benefit document. In the event of a conflict, these sources supersede the Payment Policies. Payment Policies are provided for informational purposes and do not constitute coding or compliance advice. Providers are responsible for submission of accurate and compliant claims. In addition to Payment Policies, UCare also uses tools developed by third parties, such as the Current Procedural Terminology (CPT®\*), InterQual guidelines, Centers for Medicare and Medicaid Services (CMS), the Minnesota Department of Human Services (DHS), or other coding guidelines, to assist in administering health benefits. References to CPT® or other sources in UCare Payment Policies are for definitional purposes only and do not imply any right to payment. Other UCare Policies and Coverage Determination Guidelines may also apply. UCare reserves the right, in its sole discretion, to modify its Policies and Guidelines as necessary and to administer payments in a manner other than as described by UCare Payment Policies when necessitated by operational considerations."