

Children's Mental Health Clinical Care Consults

Policy Number: SC17P0060A1

Effective Date: May 1, 2018

Last Update: June 25, 2025

PAYMENT POLICY HISTORY

| DATE | SUMMARY OF CHANGE |
|--------------------|---|
| June 25, 2025 | Annual review complete. Standardization & wording clarifications applied. |
| July 12, 2024 | Annual policy review complete. Clarification updates made to enrollee eligibility and payment information sections. Additional grammar, formatting, and stylization updates applied. |
| January 9, 2024 | Corrected policy number from SC17P0061A3 to SC17P0060A1. No other changes. |
| June 8, 2023 | Annual policy review completed. Updates made to enrollee eligibility, provider eligibility, payment information, and billing requirements sections. |
| September 19, 2022 | Information regarding code-specific procedure CPT® or HCPCS was removed. |
| November 23, 2021 | An annual policy review was completed. No changes were made to the policy. |
| September 24, 2020 | Annual review is completed. No technical changes were made to the document. Information was moved to the new UCare format, and as a result some information was reformatted. |
| August 30, 2019 | Information regarding comparison to the DHS MH Procedure CPT® or HCPCS Codes and Rates Chart and UCare fee schedules was removed from the document. The UCare Provider Manual contains information regarding how and when UCare updates fee schedules. A link to the UCare Provider Manual continues to be available within the document. |
| January 30, 2019 | Annual policy review completed. Other than updating the UCare logo and hyperlinks within policy no other changes were made. |
| May 1, 2018 | The Children's Mental Health Clinical Care Consultation policy is effective. |

APPLICABLE PRODUCTS

This policy applies to the products listed below:

| UCARE PRODUCT | PRODUCT TYPE | APPLIES TO |
|---------------|---------------------------------------|------------|
| UCare Connect | Minnesota Health Care Programs (MHCP) | ✓ |

| UCARE PRODUCT | PRODUCT TYPE | APPLIES TO |
|---|---------------------------------------|------------|
| UCare Minnesota Senior Care Plus (MSC+) | Minnesota Health Care Programs (MHCP) | ✓ |
| UCare MinnesotaCare | Minnesota Health Care Programs (MHCP) | ✓ |
| UCare Prepaid Medical Assistance (PMAP) | Minnesota Health Care Programs (MHCP) | ✓ |

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PAYMENT POLICY INSTRUCTIONS

A payment policy assists in determining provider reimbursement for specific covered services. To receive payment, the provider must be in a contractual relationship with UCare and provide services to a member enrolled in one of UCare's products. This payment policy is intended to provide a foundation for system configuration, work instructions, call scripts, and provider communications. A payment policy describes the rules for payment, which include applicable fee schedules, additional payment rules by regulatory bodies, and contractual terms. This policy is a general guideline and may be superseded by specific provider contract language.

PAYMENT POLICY OVERVIEW

Mental health clinical care consultation provides the UCare member and the mental health professional the opportunity to discuss:

- Issues about the recipient's symptoms
- Strategies for effective engagement, care, and intervention needs
- Treatment expectations across service settings
- Clinical service components provided to the recipient and family

POLICY DEFINITIONS

| TERM | NARRATIVE DESCRIPTION |
|-----------------------|--|
| Clinical Supervision | The oversight responsibility for individual treatment plans and individual mental health service delivery, including that provided by the case manager. Clinical supervision must be accomplished by full or part-time employment of or contracts with mental health professionals. Clinical supervision must be documented by the mental health professional co-signing individual treatment plans and by entries in the patient's medical record regarding supervisory activities. |
| Clinical Trainee | A mental health practitioner who meets the qualifications specified in MN Statute 245I.04, subdivision 6. |
| Diagnostic Assessment | Functional face-to-face evaluation resulting in a complete written assessment that includes clinical considerations and severity of the client's general physical, developmental, family, social, psychiatric, and psychological history, and current |

| TERM | NARRATIVE DESCRIPTION |
|--|---|
| | condition. The Diagnostic Assessment will also note strengths, vulnerabilities, and needed mental health services. |
| Mental Health Clinical Care Consultation | Communication from a treating mental health professional to other providers or educators not under the treatment supervision of the treating mental health professional who are working with the same client to inform, inquire, and instruct regarding the client's symptoms; strategies for effective engagement, care, and intervention needs; and treatment expectations across service settings and to direct and coordinate clinical service components provided to the client and family. |
| Mental Health Professional | One of the following: <ul style="list-style-type: none"> • Clinical Nurse Specialist • Licensed Independent Clinical Social Worker (LICSW) • Licensed Marriage and Family Therapist (LMFT) • Licensed Professional Clinical Counselor (LPCC) • Licensed Psychologist (LP) • Mental Health Rehabilitative Professional • Psychiatric Nurse Practitioner (NP) • Psychiatry or an Osteopathic physician • Tribal-certified professional |

ENROLLEE ELIGIBILITY CRITERIA

THIS SECTION OF THE POLICY PROVIDES INFORMATION THAT IS SPECIFIC TO THE UCARE MEMBER, INCLUDING INFORMATION ABOUT THE CRITERIA THE MEMBER MUST MEET IN ORDER FOR THE SERVICE(S) IN THE POLICY TO BE ELIGIBLE FOR PAYMENT.

An individual must be enrolled and eligible for coverage in a UCare MHCP product to eligible for this service. In addition, the following criteria must also be met:

- Be age 20 or under; and
- Have a diagnosis of mental illness determined by a diagnostic assessment that includes a statement that indicates the medical necessity that requires consultation to other providers working with the child to effectively treat the condition.

ELIGIBLE PROVIDERS OR FACILITIES**OUTLINED BELOW IS THE SPECIFIC CRITERIA A PROVIDER MUST MEET IN ORDER FOR THE SERVICE(S) IN THIS POLICY TO BE ELIGIBLE FOR PAYMENT.****Provider**

Only a Mental Health Professional or clinical trainee can bill for this service.

Facility

Not applicable.

Other and/or Additional Information

Not applicable.

EXCLUDED PROVIDER TYPES**OUTLINED BELOW IS INFORMATION REGARDING PROVIDERS WHO ARE NOT ELIGIBLE TO FURNISH THE SERVICE(S) LISTED IN THIS POLICY.**

Not applicable.

MODIFIERS, CPT, HCPCS, AND REVENUE CODES**General Information**

The Current Procedural Terminology (CPT®), Healthcare Common Procedure Coding System (HCPCS), and Revenue codes listed in this policy are for reference purposes only. Including information in this policy does not imply that the service described by a code is a covered or non-covered health service. The inclusion of a code does not imply any right to reimbursement or guarantee of claim payment.

Modifiers

The modifiers listed below are not intended to be a comprehensive list of all modifiers. Instead, the modifiers that are listed are those that must be appended to the CPT® / HCPCS codes listed below. Based on the service(s) provided, and the circumstances surrounding those services it may, based on correct coding, be appropriate to append an additional modifier(s) to the CPT® / HCPCS code.

When a service requires multiple modifiers, the modifiers must be submitted in the order listed below. If it is necessary to add additional modifiers, they should be added after the modifiers listed below.

| MODIFIER(S) | NARRATIVE DESCRIPTION |
|-------------|---|
| HN | For purposes of this policy, the –HN modifier indicates services were furnished by a qualified clinical trainee when licensing and supervision requirements are met |
| U4 | Clinical Care Consultation non-face-to-face |
| U8 | Clinical Care Consultation, 5 to 10 minutes |
| U9 | Clinical care Consultation, 11 to 20 minutes |
| UB | Clinical Care Consultation, 21 to 30 minutes |
| UC | Clinical Care Consultation, 31 minutes and above |

CPT and/or HCPCS Code(s)

| CPT AND/OR HCPCS CODE(S) | MODIFIER(S) | NARRATIVE DESCRIPTION |
|--------------------------|-------------|--|
| 90899 | U8 | Clinical Care Consultation, face-to-face 5 to 10 minutes |
| 90899 | U9 | Clinical care Consultation, face-to-face 11 to 20 minutes |
| 90899 | UB | Clinical Care Consultation, face-to-face 21 to 30 minutes |
| 90899 | UC | Clinical Care Consultation, face-to-face 31 minutes and above |
| 90899 | U8, U4 | Clinical Care Consultation, non-face-to-face 5 to 10 minutes |
| 90899 | U9, U4 | Clinical care Consultation, non-face-to-face 11 to 20 minutes |
| 90899 | UC, U4 | Clinical Care Consultation, non-face-to-face 31 minutes and above |
| 90899 | U8, HN | Clinical Care Consultation, face-to-face 5 to 10 minutes furnished by MH Practitioner or bachelor's degree Level (Clinical Trainee) |
| 90899 | U9, HN | Clinical care Consultation, face-to-face 11 to 20 minutes furnished by MH Practitioner or bachelor's degree Level (Clinical Trainee) |
| 90899 | UB, HN | Clinical Care Consultation, face-to-face 21 to 30 minutes furnished by MH Practitioner or bachelor's degree Level (Clinical Trainee) |
| 90899 | UC, HN | Clinical Care Consultation, face-to-face 31 minutes and above furnished by MH Practitioner or bachelor's degree Level (Clinical Trainee) |
| 90899 | U8, U4, HN | Clinical Care Consultation, non-face-to-face 5 to 10 minutes furnished by MH Practitioner or bachelor's degree Level (Clinical Trainee) |
| 90899 | U9, U4, HN | Clinical care Consultation, non-face-to-face 11 to 20 minutes furnished by MH Practitioner or bachelor's degree Level (Clinical Trainee) |
| 90899 | UC, U4, HN | Clinical Care Consultation, non-face-to-face 31 minutes and above furnished by MH Practitioner or bachelor's degree Level (Clinical Trainee) |

CPT® is a registered trademark of the American Medical Association.

Revenue Codes

Not applicable.

PAYMENT INFORMATION

Covered Services

UCare covers mental health clinical care consultation between the treating mental health professional and another provider or educator. Examples of appropriate providers and educators who may receive a consultation include the following:

- Adoption or guardianship workers
- After-school program staff
- Child protection workers
- Childcare providers
- Children's mental health case managers
- Educators
- Guardians ad litem
- Home health care agencies
- Mentors
- Pediatricians
- Probation agents
- Nurses

Two mental health professionals treating the same client may consult; however, they need to split the time into two billable amounts comprising the total amount of time.

Services may be furnished face-to-face, including telemedicine, or by telephone.

Non-Covered Services

Mental Health Clinical Care Consultation does not include the following:

- Communication between the treating mental health professional and a person under the clinical supervision of the treating mental health professional
- Written communication between providers
- Reporting, charting, and record keeping (These activities are the responsibility of the provider)
- Mental health services not related to the patient's diagnosis or treatment for mental illness

- Communication provided during the performance of any of the following mental health services:
 - Mental health case management
 - Hospital in-reach services
 - Intensive Rehabilitation Mental Health Services (Youth IRMHS)
 - Children's Intensive Behavioral Health Services

Payment Adjustments

Payment Reductions

Based on MHCP guidelines when certain mental services are furnished by a master's prepared provider a twenty percent (20%) reduction is applied to the allowed amount. Master's prepared providers may include:

- Clinical Nurse Specialist (CNS-MH)
- Licensed Independent Clinical Social Worker (LICSW)
- Licensed Marriage and Family Therapist (LMFT)
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Psychologist (LP) master's Level
- Psychiatric Nurse Practitioner
- Master's Level enrolled provider

Master's level reductions are not applied to mental health services when they are furnished:

- In a Community Mental Health Center (CMHC)
- By a Mental Health Practitioner qualified to work as a clinical trainee

BILLING REQUIREMENTS AND DIRECTIONS

General Information

- Services should be submitted using the 837-P (Professional) format or the electronic equivalent.
- Submit one claim line per day for each service (Add up all the minutes of service provided for face-to-face or non-face-to-face services for each client for that day and submit a single claim regardless of the number of consultations)
- Enter the treating provider NPI number on each claim line

PRIOR AUTHORIZATION, NOTIFICATION, AND THRESHOLD INFORMATION

Prior Authorization, Notification, and Threshold Requirements

UCare does update authorization, notification, and threshold requirements from time-to-time. The most current prior authorization requirements can be found [here](#).

RELATED PAYMENT POLICY INFORMATION

OUTLINED BELOW ARE OTHER POLICIES THAT MAY RELATE TO THIS POLICY AND/OR MAY HAVE AN IMPACT ON THIS POLICY.

| POLICY NUMBER | POLICY TITLE |
|---------------|--------------|
| | |

SOURCE DOCUMENTS AND REGULATORY REFERENCES

LISTED BELOW ARE LINKS TO CMS, MHCP, AND STATUTORY AND REGULATORY REFERENCES USED TO CREATE THIS POLICY.

[MHCP Provider Manual, Mental Health Services, Children's Mental Health Clinical Care Consultations,](#)

[DHS MH Procedure CPT or HCPC Codes and Rates Chart.](#)

[Minnesota Statutes 245J](#), Mental Health Uniform Service Standards Act

DISCLAIMER

"Payment Policies assist in administering payment for UCare benefits under UCare's health benefit Plans. Payment Policies are intended to serve only as a general reference resource regarding UCare's administration of health benefits and are not intended to address all issues related to payment for health care services provided to UCare members. When submitting claims, all providers must first identify member eligibility, federal and state legislation, or regulatory guidance regarding claims submission, UCare provider participation agreement contract terms, and the member-specific Evidence of Coverage (EOC) or other benefit document. In the event of a conflict, these sources supersede the Payment Policies. Payment Policies are provided for informational purposes and do not constitute coding or compliance advice. Providers are responsible for submission of accurate and compliant claims.

In addition to Payment Policies, UCare also uses tools developed by third parties, such as the Current Procedural Terminology (CPT®*), InterQual guidelines, Centers for Medicare and Medicaid Services (CMS), the Minnesota Department of Human Services (DHS), or other coding guidelines, to assist in administering health benefits. References to CPT® or other sources in UCare Payment Policies are for definitional purposes only and do not imply any right to payment. Other UCare Policies and Coverage Determination Guidelines may also apply. UCare reserves the right, in its sole discretion, to modify its Policies and Guidelines as necessary and to administer payments in a manner other than as described by UCare Payment Policies when necessitated by operational considerations.”