



UCare ID #: _____

RELEASE OF INFORMATION FORM

Member Name: _____ Date of Birth: _____

UCare or (specify) _____
may release to:

Name of person or entity to have the following information:

<input type="checkbox"/> My name	<input type="checkbox"/> HIV / Aids	<input type="checkbox"/> Assessments	<input type="checkbox"/> Restriction information
<input type="checkbox"/> Claims	<input type="checkbox"/> Alcohol / drug use treatment	<input type="checkbox"/> Authorization	<input type="checkbox"/> Photograph of me
<input type="checkbox"/> Pharmacy	<input type="checkbox"/> Mental health	<input type="checkbox"/> Appeals and complaints	<input type="checkbox"/> Financial
<input type="checkbox"/> Enrollment	<input type="checkbox"/> Genetic testing	<input type="checkbox"/> Customer Service	<input type="checkbox"/> Demographic
<input type="checkbox"/> Disease Management plans	<input type="checkbox"/> Utilization review	<input type="checkbox"/> Provider records	<input type="checkbox"/> Other (specify):
<input type="checkbox"/> Care plans			

- All records and information as checked above.
- Records for only some date(s) or time period: _____

The reason for this release is:

<input type="checkbox"/> Member's request	<input type="checkbox"/> Research	<input type="checkbox"/> To explain UCare's programs and services	<input type="checkbox"/> Media release
<input type="checkbox"/> Continuity of care	<input type="checkbox"/> Appeal/complaint		<input type="checkbox"/> Other (specify):
<input type="checkbox"/> Disease Management			

This release will last until: _____
(Specify date, event or condition)

By signing this form:

- I agree that UCare may use and release information about me for the reasons checked above.
- I have the right to cancel this release in writing at any time.
- I understand and agree that even if I cancel this release, information might have already been shared before I canceled the release.
- Any information used or disclosed may no longer be protected by law. It may also be subject to re-disclosure by the person or organization receiving it.
- I understand that I do not have to sign this release.
- If I do not sign this release, it will not affect my health coverage.
- I understand that the information released may let others know that I am a person on a Minnesota health care program.
- I understand and agree to the terms in this release form.
- I hereby release UCare from any and all claims arising out of or in connection with the use of the released information.

Signature of Individual authorizing release

Date

Signature of witness (if required)

Date

Signature of parent, guardian or authorized representative (if required)

Date

UCare Minnesota is an HMO-POS plan with a Medicare contract. Enrollment in UCare Minnesota depends on contract renewal.

UCare Health, Inc. is an HMO-POS plan with a Medicare contract. Enrollment in UCare Health depends on contract renewal.

EssentiaCare is a PPO plan with a Medicare contract. Enrollment in EssentiaCare depends on contract renewal.

PMap MnCare MSC+ SNBC H5937 H2456_021517 DHS Approved (03172017)

UC FVC H0422 H8783 Y0120_2459_G 122618 IA (12262018)

U5119A (12/18)

Notice of Nondiscrimination

UCare complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. UCare does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

We provide aids and services at no charge to people with disabilities to communicate effectively with us, such as TTY line, or written information in other formats, such as large print.

If you need these services, contact us at **612-676-3200 (voice)** or toll free at **1-800-203-7225 (voice)**, **612-676-6810 (TTY)**, or **1-800-688-2534 (TTY)**.

We provide language services at no charge to people whose primary language is not English, such as qualified interpreters or information written in other languages.

If you need these services, contact us at the **number on the back of your membership card** or **612-676-3200** or toll free at **1-800-203-7225 (voice)**; **612-676-6810** or toll free at **1-800-688-2534 (TTY)**.

If you believe that UCare has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file an oral or written grievance.

Oral grievance

If you are a current UCare member, please call the number on the back of your membership card. Otherwise please call **612-676-3200** or toll free at **1-800-203-7225 (voice)**; **612-676-6810** or toll free at **1-800-688-2534 (TTY)**. You can also use these numbers if you need assistance filing a grievance.

Written grievance

Mailing Address

UCare

Attn: Appeals and Grievances

PO Box 52

Minneapolis, MN 55440-0052

Email: cag@ucare.org

Fax: 612-884-2021

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue SW

Room 509F, HHH Building

Washington, D.C. 20201

1-800-368-1019, 1-800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 612-676-3200/1-800-203-7225 (TTY: 612-676-6810/1-800-688-2534).

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 612-676-3200/1-800-203-7225 (TTY: 612-676-6810/1-800-688-2534).

XIYYEEFFANNAA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa 612-676-3200/1-800-203-7225 (TTY: 612-676-6810/1-800-688-2534).

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 612-676-3200/1-800-203-7225 (TTY: 612-676-6810/1-800-688-2534).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 612-676-3200/1-800-203-7225 (TTY: 612-676-6810/1-800-688-2534)。

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 612-676-3200/1-800-203-7225 (телетайп: 612-676-6810/1-800-688-2534).

ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັຽຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຮ 612-676-3200/1-800-203-7225 (TTY: 612-676-6810/1-800-688-2534).

ማስታወሻ: የሚናገሩት ቋንቋ አማርኛ ከሆነ የትርጉም እርዳታ ድርጅቶቻችን በነጻ ሊያገለግሉት ተዘጋጅተዋል። ወደ ሚከተለው ቁጥር ይደውሉ 612-676-3200/1-800-203-7225 (መስማት ለተሳናቸው: 612-676-6810/1-800-688-2534)።

တံသုတ်တံသး-နမ့်ကတိ ကညီ ကျိန်အယိ, နမန့် ကျိန်အတိမစေလေ တလက်ဘုတ်လက်စွ နီတမံဘတ်သုန့်လီ. ကိ: 612-676-3200/1-800-203-7225 (TTY: 612-676-6810/1-800-688-2534).

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 612-676-3200/1-800-203-7225 (TTY: 612-676-6810/1-800-688-2534).

ប្រយ័ត្ន: បើសិនជាអ្នកនិយាយភាសាអង់គ្លេស, រសវាជំនួយវិជ្ជាជីវៈ ដោយមិនគិតល្អលក់ ក៏អាចមានសំរាប់អ្នក។ ចូរ ទូរស័ព្ទ 612-676-3200/1-800-203-7225 (TTY: 612-676-6810/1-800-688-2534)។

ملحوظة: إذا كنت تتحدث انكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 612-676-3200/1-800-203-7225 (رقم هاتف الصم والبكم: 612-676-6810/1-800-688-2534).

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 612-676-3200/1-800-203-7225 (ATS : 612-676-6810/1-800-688-2534).

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 612-676-3200/1-800-203-7225 (TTY: 612-676-6810/1-800-688-2534) 번으로 전화해 주십시오.

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 612-676-3200/1-800-203-7225 (TTY: 612-676-6810/1-800-688-2534).