

Policy Number: CP-MCR22-004A

Effective Date: January 1, 2024

Septoplasty

This policy does not apply to services involving the management of birth defects for cleft lip or cleft palate repair as required by MN Statute 62A. 042 Subdivision 1. (b)

DISCLAIMER

Coverage Policies are developed to assist in identifying coverage for UCare benefits under UCare’s health plans. They are intended to serve only as a general reference regarding UCare’s administration of health benefits and are not intended to address all issues related to coverage for health services provided to UCare members.

These services may or may not be covered by all UCare products (refer to product section of individual coverage policy for product-specific detail). Providers are encouraged to have their UCare patient refer to their UCare plan documents (Evidence of Coverage/Member Handbook/Member Contract) for specific coverage information. If there is a conflict between a coverage policy and the UCare plan documents, the UCare plan documents prevail.

Coverage Policies do not constitute medical advice. Providers are responsible for submission of accurate and compliant claims.

Product Summary

This coverage policy applies to the following UCare products:

UCare product	Applies to
UCare Individual & Family Plans (IFP), UCare IFP with M Health Fairview	
UCare Medicare Plans, UCare Medicare with M Health Fairview & North Memorial Health, UCare Advocate Plus (HMO I-SNP), EssentiaCare	✓
UCare’s Minnesota Senior Health Options (MSHO) (HMO D-SNP)	✓
UCare Connect + Medicare (HMO D-SNP)	
UCare Connect (SNBC)	
Prepaid Medical Assistance Program (PMAP), MinnesotaCare	
Minnesota Senior Care Plus (MSC+)	

Benefit category

Outpatient Surgery

Definitions or summary

- **Deviated septum**-exists when the bone and cartilage of the nasal septum is out of alignment/crooked due to an injury or deformity that blocks one or both nostrils and impairs breathing.
- **Septoplasty**- surgical correction of defects and deformities of the nasal septum (partition between the nostrils) by altering, splinting, or removing obstructive tissue while maintaining or improving the physiological function of the nose.
- **Rhinoplasty**-surgery that changes the shape of the nose and results in changes in the appearance of the nose. May be performed for functional or cosmetic reasons.
- **Septorhinoplasty**-repair of the nasal septum to open the nasal passages by straightening the septum, combined with functional rhinoplasty to correct various breathing constriction issues due to weak nasal walls, nasal valve deformities or previous trauma. Changes in the appearance of the nose may occur but the primary purpose of the procedure is to improve breathing and correct deformities.

Coverage policy

COVERED

- Septoplasty for a deviated septum is covered when deviation causes continuous nasal airway obstruction resulting in nasal breathing difficulty.
- Repair of vestibular stenosis
**See CPT/HCPCS/ICD-10 Codes for procedure code that is covered.*

NON-COVERED

- Cosmetic surgery to improve or change appearance (other than reconstructive surgery) that is not necessary to treat a related illness or injury.
- Rhinoplasty (alone) to change the appearance of the nose.

CPT/ HCPCS/ICD-10 Codes		
*Note: If available, codes are listed below for informational purposes only, and do not guarantee member coverage or provider reimbursement. This list may not be all-inclusive.		
CPT®, HCPCS or ICD-10 CODES	Modifier	Narrative Description
30520		Septoplasty or submucous resection, with or without cartilage scoring, contouring or replacement with graft.
30465		Repair of vestibular stenosis (e.g., spreader grafting, lateral nasal was reconstruction)

*CPT is a registered trademark of the American Medical Association.

Prior authorization
Prior authorization is not required for Septoplasty or repair of vestibular stenosis, or deviated septum when deviation causes continuous nasal airway obstruction resulting in nasal breathing difficulty.
Septorhinoplasty and Rhinoplasty are considered cosmetic procedures and require prior authorization through UCare Medical Services.

Related policies and documentation	
References to other policies or documentation that may be relevant to this policy	
Policy Number	Policy Description
None	

References and source documents
Links to the UCare contracts, Center for Medicare, and Medicaid Services (CMS), MHCP, Minnesota statute and other relevant documents used to create this policy
UCare Plan Documents and Forms

Coverage policy development and revision history		
Version	Date	Note(s)
V1	July 1,2022	NEW POLICY Updated policy to include Medicare and Medicaid plans and the procedure code 30465 (repair of vestibular stenosis) per the Medical Directors and approved by the Coverage Policy Oversight Group
	Nov.30,2022	Annual Review; separated the policy into individual documents by product
V2	Oct. 17,2023	Annual Review