## Over-the-counter (OTC) Program Guide

How to spend your OTC allowance, where to shop and more.



# Healthy Benefits+ for a healthy budget.

Use your OTC allowance to spend on items for healthy living and boost your budget.

Buy things like pain relief medicine, toothpaste, first aid kits, cough drops and more. You'll find a selection of eligible items in this catalog, but even more are available online or in-store at participating locations. If you haven't already, activate your card to start spending.

#### **Easiest**

Use the Healthy Benefits+ mobile app

#### **Easier**

Visit HealthyBenefitsPlus.com/UCare

or call 1-855-256-4620 (TTY 711)



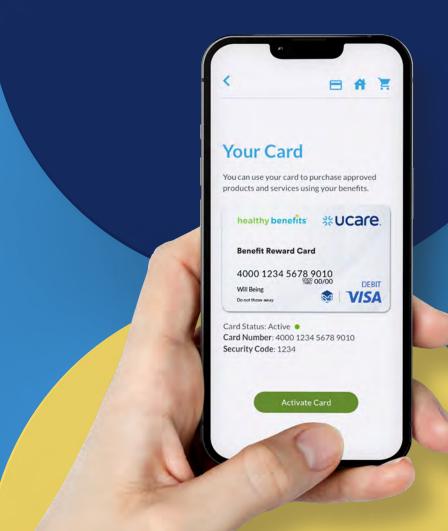
## Make shopping easier with the app.



Download the app today.







#### **Allowance Balance**

See your account details at-a-glance.



#### **In-App Shopping**

Use our in-app store to order qualified items.



#### **Store Finder**

Find participating stores, like Walmart, CVS and Kroger, and shop close to home.



#### **Product Scanner**

Scan items in-store to see if they are eligible before checkout.



#### **Digital Card**

Scan your card from your phone at checkout.



## The best place to spend? Where you already shop.

#### Shop in-store

We've partnered with leading retailers and local stores to make sure your benefit allowance goes far so you don't have to. Shop in-store at any of our 55,000 participating locations.

Walgreens





Walmart > '<

and more

#### Shop online

Order directly at **HealthyBenefitsPlus.com/UCare** or in the **Healthy Benefits+ mobile app**. Or, for fast delivery, you can shop with one of our partners.

Uber Eats Walmart > c and more

#### Shop by phone

Find items using this catalog.

Call 1-833-862-8276 (TTY 711) to place an order.

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\*Dual-purpose items. A dual-purpose item is one that can be used for a health problem or for a general purpose. Things like vitamins are dual purpose items. Talk to your doctor and your health plan before buying a dual-purpose item. Do not buy a dual-purpose item if your doctor or your health plan doesn't agree. If your doctor and your health plan do agree, you may buy the item(s) through your OTC benefit. Dual-purpose items are marked with an asterisk (\*).

Please note that the regular retail price in the store may vary. For prices that apply when you use your OTC benefits, please consult this catalog. Benefits and features vary by plan/area. Limitations and exclusions apply. OTC benefits have expiration timeframes. Call your plan or review your Evidence of Coverage (EOC) for more information. References to thirdparty products do not imply an endorsement or recommendation to use or purchase a specific product or brand. This product list is subject to change. Items, quantities, sizes, and values may change depending on availability. This information is not a complete description of the benefits. Items may vary based on the manufacturer and availability. Items may be added or removed at any time without notice. The brand names of the OTC items are trademarks of each company. Item costs may change from year to year. Please review the product labeling and consult with your doctor with any health or medical questions. All benefits are not available on all plans. We comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex.

#### Allergy and Sinus

Find even more items online



#### Allegra

24hr Adult Non-Drowsy Allergy Symptom Relief Tablets, 180mg, 90ct

\$39.96

#879620290



#### **Equate**

Fexofenadine Hydrochloride USP Non-Drowsy Allergy Relief Tablets, 180mg, 30ct



#### **Equate**

Fexofenadine Hydrochloride USP Non-Drowsy Allergy Relief Tablets, 180mg, 30ct

\$12.12

#271274443



#571480286



#### Benadryl

Cold and Allergy Relief Antihistamine Ultratabs, 25mg, 100ct



#### **Equate**

Allergy Relief Tablets with Diphenhydramine Hydrochloride Antihistamine, 25mg, 365ct

\$13.86

#31956102



\$8.86

#170669688



#### Benadryl

Antihistamine Allergy Medicine Liqui-Gels, Dye Free, 25mg, 48ct



#### Claritin

24hr Allergy Relief Antihistamine Tablets, 10mg, 30ct

\$10.63

#2932283902

\$21.97

#51409747



#### Equate

Allergy Relief Loratadine Antihistamine Tablets, 10mg, 120ct



#### **Zyrtec**

24hr Allergy Relief Cetirizine Hydrochloride Tablets, 10mg, 30ct

\$12.98

#10324790

\$19.97

#### **Zyrtec**



24hr Allergy Relief Cetirizine Hydrochloride Tablets, 10mg, 90ct

\$42.47 #224749468

## equate

**Equate** 24hr Allergy Relief Cetirizine Hydrochloride Tablets, 10mg,

\$17.46 #10898797

## **ASTEPRO**

#### Astepro

Steroid-Free Antihistamine Nasal Spray, 60 Sprays

\$14.98 #837778121



#### Equate

90ct

Nasal Spray Phenylephrine Hydrochloride 1%, 1.0fl oz

\$3.32 #10325040



#### **Flonase**

24hr Allergy Relief Non-**Drowsy Metered** Nasal Spray, 144 Sprays

\$25.48 #752393566



#### **Equate**

Non-Drowsy Fluticasone **Propionate** Allergy Relief Nasal Spray, 50mcg, 72 Sprays

\$9.18 #128562409



#### **Vicks**

Vapolnhaler, Portable Non-Medicated Nasal Inhaler, Menthol

\$11.93 #127783889



#### Equate

Vapor Inhaler, Non-Medicated Nasal Inhaler, Menthol

\$3.94 #329937194



#### **Pataday**

Extra Strength Once Daily Allergy Relief Eye Drops, 0.085fl oz

\$21.96 #458602270



#### Equate

Allergy Itch Relief Solution Eye Drops 0.2%, 0.085fl oz

\$15.13 #125476085

#### Bathroom Safety

Find even more items online



Clorox Anti-Microbial

Cushioned Foam Bathtub Mat, 17" x 36", Blue

\$14.96

#368848673



#### Clorox

Anti-Microbial Cushioned Foam Bathtub Mat, 17" x 36", White



#### **Equate**

Bath and Shower Chair with Back, 350lb Capacity, Black

\$14.96

#933889813

\$42.22

#14179130



#### **Equate**

Raised Toilet Seat with Handles, 5" Toilet Seat Riser with Arms, Fits Most Toilets



#### Mainstays

Grab Bar with Concealed Screws, 12", Stainless Steel

\$42.42

#14179132

\$17.40

#878349797



#### **Mainstays**

Grab Bar with Concealed Screws, 16", Stainless Steel



#### Equate

Durable Transfer Shower Bench with Back Rest, 350lb Capacity, Black

\$19.77

#312147590

\$72.00

#14179104



#### Waterpik

6+ Mode PowerPulse Massage Dual Shower Head, Chrome



#### Waterpik

5+ Mode PowerPulse Massage Shower Head, White

\$57.00

#811325889

\$49.99

#### **Braces** and Supports

Find even more items online



#### Copper Fit

Unisex Rapid Relief Back Support Brace with Hot and Cold Therapy, Adjustable, Black

\$28.47

#721598773



#### Mueller

Adjustable Hinged Knee Brace, One Size, Black



#### **Equate**

Adjustable Knee Brace, One Size, Black

\$21.97

#10533465



#397972356



#### **Nufabrx**

**Unisex Pain** Relieving Lower Leg Compression Sleeve, One Size, Black

\$19.48 #578001224



#### Nufabrx

**Unisex Pain** Relieving Ankle Compression Socks, One Size, Grey

\$19.48

#418876017



#### Skineez

Unisex Skin-Reparative Hydrating Compression Socks, 10-20mmhg, S/M, Black

\$16.47 #533427133



#### Skineez

Unisex Skin-Reparative Hydrating Compression Socks, 10-20mmhg, L/XL, Black

\$16.47 #879451349



#### Mueller

Reversible Compression Glove, One Size, Black



#### ACE

Reversible Splint Wrist Brace, Adjustable, One Size, Grey

\$7.97 #600107436 \$17.98

## Cold, Cough and Flu

Find even more items online



#### Alka-Seltzer Plus

Severe Cold PowerFast Fizz Effervescent Tablets, Sparkling Original, 36ct

\$13.48

#860418363



#### Advil

Multi-Symptom Cold and Flu Relief Ibuprofen Coated Tablets, 20ct



#### **Coricidin HBP**

Cold and Flu Relief Tablets, High Blood Pressure, 20ct

\$9.48

#421960486



#17324929



#### **Mucinex**

12hr Guaifenesin with Relief of Chest Congestion Expectorant Extended-Release Tablets, 600mg, 20ct



#### **Equate**

Mucus Relief Extended-Release Tablets, 600mg, 40ct

\$13.97

#12018745



#556692475



#### Luden's

Throat Drops, Sore Throat Relief, Wild Cherry, 90ct



#### **Equate**

Cough Drops with Menthol, Honey Lemon, Value Size, 160ct

\$4.54

#40076110

\$4.48

#54320956



#### Vicks

VapoRub Topical Chest Rub and Analgesic Ointment, 3.53oz



#### **Equate**

Vaporizing Rub Ointment, 3.53oz

\$9.96

#10416120

\$2.98

#### **Daily Living Aids**

Find even more items online



#### Beurer

Upper Arm Blood Pressure Monitor with Color Coded Results, BM26, Large Cuff\*

\$39.99

#865614717



#### **Equate**

Upper Arm Blood Pressure Monitor, 4000 Series\*



#### **Equate**

Wrist Blood Pressure Monitor, 4500 Series\*

\$28.84

#477827819

\$39.98

\$38.98

#506668200



#### **Equate**

Wrist Blood Pressure Monitor with Bluetooth, BP-6500\*



#### **Equate**

Fingertip Pulse Oximeter, Oxygen Level and Pulse Rate\*

\$50.00

#340316107



#### #985475712



#### **BWell**

Smart Health Monitors Set. Arm Blood Pressure Monitor, Pulse Oximeter and Forehead Thermometer\*



#### Equate

Non-Contact Infrared 1-Second Digital Body Thermometer\*

\$79.97

#993630958

\$33.32

#862285615



#### **Equate**

Temple Touch 6-Second Digital Thermometer\*



#### **Vicks**

Filter-Free Cool Mist Humidifier



#130045286





Mainstays
Digital
Kitchen Scale,
Transparent
Glass with Silver

\$16.27 #49883592

Base\*



Weight Watchers Bluetooth Scale, 400lb Capacity\*

\$39.98 #847731954



Equate
Ultra Pill Splitter
and Pill Cutter
with Retracting
Blade Guard

#291086762



Equate AM/PM Weekly Pill Planner, L

\$4.12

#755395012



\$4.12

Equate
Folding
Reaching Tool,
32"

\$14.88 #977292742



HurryCane Freedom Edition, Folding Cane with T Handle, Black

\$39.95 #54055466



Equate
Comfort Grip
Walking Cane
with Wrist Strap,
Adjustable
Height, Black

\$17.97 #14179114



Equate

Quad Cane and
Walking Stick
with Small Base,
Adjustable
Height, 300lb
Capacity, Black

\$24.46 #14179116



**Equate**Memory
Foam Coccyx
Cushion, Black

\$25.63 #228156630



Equate
Mobility
Aluminum
Offset Handle
Cane with
Foam Handle,
Adjustable
Height, Black

\$9.97 #801978450

#### **Diabetes** OTC

Find even more items online



#### Alive!

**Unisex Diabetic** Multivitamin. Daily Support Tablets with Alpha Lipoic Acid, 60ct

\$13.98

#677629685



#### Neuropaway

Nerve Support Formula Capsule, 60ct



#### Dr. Scholl's

Women's Diabetes and Circulatory Crew Socks, Size 4-10

\$19.97

#940046410



#976726353



#### Dr. Scholl's

Men's Diabetes and Circulatory Crew Socks, Size 7-12



#### Dr. Scholl's

Men's Diabetes and Circulatory Ankle Socks, Size 13-15

\$12.98

#967758523



#813132063



#### **Gold Bond**

Diabetics' Dry Skin Relief Body Lotion with Aloe, 21oz



#### ReliOn

Premier Compact **Blood Glucose** Monitoring System\*

\$13.48

#2223022128

\$19.88

#352439457



#### ReliOn

Premier Blood Glucose Test Strips, 100ct\*



#### ReliOn

Sterile Alcohol Swabs, 200ct

\$17.88

#575088197

\$3.82

## Digestive Health

Find even more items online



#### Alka-Seltzer

Original Effervescent Aspirin Pain Relief Tablets, 325mg, 72ct

\$10.47

#17177011



#### **Nexium**

24hr Acid Reducer Heartburn Relief Capsules with Esomeprazole Magnesium, 20mg, 42ct

Magnesium

#### **Equate**

Acid Reducer Esomeprazole Magnesium Delayed-Release Caplets, 20mg, 14ct

\$25.28 #35284453



#8457196



#### **Prilosec OTC**

Omeprazole Heartburn Relief and Acid Reducer Tablets, 20mg, 42ct



#### **Equate**

Omeprazole Delayed-Release Capsules, 20mg, 14ct

\$22.98

\$19.48

#10312057

\$14.97

#14706053



#### Pepcid AC

Maximum Strength Heartburn Prevention and Relief Tablets, 20mg, 50ct





#### Equate

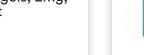
Maximum Strength Acid Reducer Famotidine Tablets, 20mg, 200ct

**\$11.57** #850734185



#### **Imodium A-D**

Loperamide Hydrochloride Anti-Diarrheal Softgels, 2mg, 24ct





equate

#### **Equate**

Loperamide Tablets for Diarrhea, 2mg, 24ct

\$14.48

#54061717

\$2.78 #1120328



#### **Pepto Bismol**

**Upset Stomach** and Diarrhea Relief Liquid, 16fl oz



#### Equate

Regular Strength Upset Stomach Relief Bismuth Liquid, 16fl oz

\$13.48

#20468141



#363812242



#### Tums

Smoothies, Extra Strength Chewable Antacids. Assorted Fruit, 750mg, 140ct



#### **Equate**

Ultra Strength Antacid Tablets for Heartburn. Assorted Berries, 1000mg, 160ct

\$8.98

#43337007

\$9.38

#403207079



#### **Equate**

Extra Strength Heartburn Relief and Gas Relief Chews, Mixed Berry, 54ct



#### Gas-X

Extra Strength Gas Relief Simethicone Chewable Tablets, Cherry Creme, 125mg, 48ct

\$5.58

#54883662



#10294109



#### Gas-X

Extra Strength Fast Gas Relief Simethicone Softgels, 125mg, 72ct



#### Equate

Extra Strength Gas Relief Softgels, Value Size, 125mg, 150ct

\$14.48

#10294134

\$7.98

#44662550



#### Mylanta

Maximum Strength Antacid and Anti-Gas Liquid, Classic Flavor, 12fl 07



#### Lactaid

Original Strength Lactose Intolerance Relief Caplets, 120ct

\$8.34

#49527322

\$15.54



#### **Dulcolax**

Laxative Tablets, Reliable Overnight Relief, 5mg, 50ct



#### **Equate**

Adults'
Bisacodyl
Gentle Laxative
Tablets for
Constipation,
5mg, 100ct



#46120361

\$4.98

#17248343



#### Equate

Laxative Softgels for Constipation, Stool Softener, 100mg, 400ct



#### **MiraLAX**

Laxative Powder for Constipation, Stool Softener, 45 Doses

\$10.44

#937136464



#197347253



#### **Equate**

ClearLax Polyethylene Glycol 3350 Laxative Powder for Solution, 30 Doses



#### Phillips'

Milk of Magnesia Liquid Magnesium Laxative, Wild Cherry, 26oz

\$13.48

#14122821



\$8.98

#### #10316169



#### Equate

Sugar-Free Fiber Supplement Powder, 17.6oz, 125 Doses



#### Metamucil

Daily Fiber Gummies for Digestive Health, 5g Fiber Blend, 72ct

\$12.58

#12167385

\$15.48

#548499925



#### Metamucil

4-in-1 Fiber Powder, Orange, 114 Doses



#### Metamucil

Sugar-Free 4-in-1 Fiber Powder, Orange, 180 Doses



#882261

\$32.98

#### Eye and Ear Care

Find even more items online



#### Clinere

Ear Cleaners for Earwax Removal, 10ct

\$5.73

#13430565



#### **Equate**

Earwax Removal Drops, 0.5fl oz



#### **ZEISS**

Dry Eye Relief Warm Eye Masks, 4ct

\$4.88

#817569073



#2948401014



#### **OPTI-FREE** Replenish

Multi-Purpose Contact Lens Disinfecting Solution, 10fl oz

#10294233



#### LUMIFY

Redness Reliever Eye Drops, 0.08fl oz

\$12.98

#193381081



\$16.87

#### Equate

Dry Eye Relief Lubricant Eye Drops, 1.0fl oz

\$6.86 #10324542



#### **Refresh Plus**

Lubricant Eve Drops, Non-Preserved Tears, 0.010fl oz, 70ct

\$21.82

#818566578



#### Systane

Ultra Dry Eye Care Symptom Relief Eye Drops, 0.33fl oz

\$19.48 #14574724



#### **PreserVision**

AREDS 2 Formula Vitamin and Mineral Supplement Mini Softgels, 140ct\*

\$34.47

#### **Feminine** Health

Find even more items online



#### **Amberen**

Multi-Symptom Menopause Relief Capsules, 1 Month Supply, 60ct

\$29.97

#49527314



#### **AZO**

Maximum Strength Urinary Pain Relief Tablets for Fast Relief, 97.5mg, 24ct



#### **Equate**

Maximum Strength Urinary Pain Relief Tablets, 99.5mg, 24ct

\$8.12

#10317749

\$5.48

#873871339



#### **Monistat**

1-Dose Yeast Infection Treatment, 1 Ovule Insert and External Itch Cream, 0.32oz



#### Equate

Tioconazole 1-Day Treatment, Vaginal Antifungal Treatment, 1 Dose, 0.16oz

\$16.97

#23601909

\$9.97

#10324779



#### Equate

Miconazole 7-Day Vaginal Cream with Disposable Applicators, 1.59oz



#### Vagisil

Maximum Strength Anti-Itch Cream, 1oz

\$5.97

#549962132

\$5.58

#10317901



#### Vagisil

Maximum Strength Anti-Itch Medicated Wipes for Instant Relief, 20ct



#### **Equate**

Adults' Hair, Skin, and Nails Gummies, 90ct\*

\$6.47

#11973914

\$6.88

#### **First Aid**

Find even more items online



Johnson & Johnson

All-Purpose Portable Compact First Aid Kit, 160pc

\$17,48

#123036922



#### **Equate**

All-Purpose First Aid Kit, 140pc



#### **Equate**

Multi-Purpose Hot or Cold Gel Bead Pack, 4.5" x 7.75'

\$14.98

#1568852471

\$6.97

#872327



#### Band-Aid

Flexible Fabric Adhesive Bandages, Assorted Sizes, 100ct



#### **Equate**

Antibacterial Flexible Fabric Bandages, Assorted Sizes, 100ct

\$8.12

#22156370

\$4.97

#744521299



#### Equate

Antibacterial Heavy Duty Fabric Bandages, L, 60ct



#### New-Skin

Liquid Bandage, Waterproof Bandage for Scrapes and Minor Cuts, 0.3fl oz

\$4.97

#191616103



#143805486



#### **Equate**

Self-Adhering Elastic Bandages, 2", 2ct



#### Equate

Self-Adherina Sports Wrap, Tan, 3", 2ct



#895262657

\$7.47



**Equate** Paper Tape, 1",



**Equate** Rolled Gauze, 3" x 2.5yd, 5ct

\$3.18

#180345854

\$5.78

#191193830



**Equate** 

Gauze Pads, 4" x 4", 25ct



Q-Tips Original Cotton Swabs, 500ct

\$4.94

#400745681

\$3.87

#10452580



**Equate** 

Jumbo Cotton Balls, 200ct



Neosporin

Neosporin plus Pain Relief Dual Action First Aid Antibiotic Cream, 1oz

\$1.98

#152507105

\$8.82

#42087741



Neosporin

**Original First** Aid Antibiotic Bacitracin Ointment, 1oz



**Equate** 

First Aid Triple Antibiotic Ointment. Infection Protection, 1oz

\$8.12

#10294303

\$4.87

#20659621



CeraVe

Healing Ointment, **Protects** and Soothes Cracked Skin, 12oz



Intensive Healing Anti-Itch Crème, 2oz

Cortizone 10

\$19.88

#593794630

Cortizone-10



\$7.12

#### **Equate**

Maximum Strength Hydrocortisone Cream, 2oz



#### Vaseline

Original Petroleum Jelly, 13oz



\$9.98

#322019371



#### **Equate**

#878549159

3% Hydrogen Peroxide Liquid Antiseptic, 32fl oz



#### **Equate**

First Aid Iodine Antiseptic Liquid, 8fl oz

\$5.98

#1257780502



#236247392



#### **Equate**

91% Isopropyl Alcohol Antiseptic Liquid, 32fl oz



#### **RD**

Non-Sterile Alcohol Prep Pad, Nonwoven Gauze, 0.75", 100ct

\$20.58



#1859034246

\$7.55

#10416769



#### Dr Teal's

Pure Epsom Salt Soak, Therapeutic, Fragrance Free,



#### **Equate**

Original Hand Sanitizer, 32fl oz

\$5.74

#17325251

\$5.88

#1291145618



#### **Equate**

Face Masks, Black, 25ct



#### **Equate**

Nitrile Exam Gloves, One Size, 100ct

\$5.68

#405863153

\$14.97

#### **Foot Care**

Find even more items online



Arm & Hammer Invisible Spray Foot Powder. 7oz

\$6.97

#120941774



#### **Fungicure**

Maximum Strength Intensive Anti-Fungal Spray, 2fl oz



#### **Tinactin**

Athlete's Foot Anti-Fungal Liquid Spray, 5.3oz

\$12.74

#12444223



#10416712



#### **Equate**

Medicated Body Powder, 10oz



#### Kerasal

Fungal Nail Renewal Treatment for Discolored or Damaged Nails, 0.33fl oz

\$4.16

#229060082

\$19.86

#21089500



#### Kerasal

Multi-Purpose Nail Repair, 0.43fl oz



#### Compound W

NitroFreeze Wart Remover, Maximum Freeze, 8 **Applications** 

\$19.86

#263231760

\$13.68

#967349232



#### **Equate**

Gel Bunion Guard



#### Equate

Gel Toe Spacer

\$4.42

#10818554

\$4.42

## Make using your benefits a breeze.

## Download the app.

Knowing what products are covered can feel tricky. Make it easier by downloading the Healthy Benefits+app today.

- Find participating stores, get directions, etc.
- Scan products to ensure they're covered before checkout.
- Scan your card from your phone at checkout.





Scan to download

#### Incontinence

Find even more items online



A+D **Original Rash** Ointment, Skin

Protectant, 16oz

\$10.97

#51409748



#### Aquaphor

Healing Ointment. Advanced Therapy Skin Protectant, 14oz



#### Desitin

Maximum Strength Rash Cream with Zinc Oxide, 4oz

\$18.37

#10810942

\$7.10

#11046907



#### **Assurance**

Premium Disposable Washcloths, XL, 96ct



#### Assurance

Premium Disposable Washcloths, XL, 96ct

\$6.47

#42435905

\$10.08

#2671117866



#### Cottonelle

GentlePlus Flushable Wipes, 42ct



#### Equate

Flushable Wipes, Fresh Scent, Resealable Packs, 48ct

\$7.78

#782523046

\$6.98

#873764



#### **Equate**

Witch Hazel Flushable Hemorrhoidal Medicated Wipes, 48ct



#### **Pampers**

Sensitive Wipes, Aqua Pure, 56ct

\$4.24

#439527226

\$23.47



TENA

**Adult Wipes** 

48

Parent's Choice

Wipes, Cucumber Scent, 100ct



Parent's Choice

Wipes, Shea Butter, 100ct

\$17.96

#838361149

ProSkin Ultra

Adult Wipes,

Incontinence

Cleansers and Deodorants,

**TENA** 

48ct



**Assurance** 

#524996363

Assurance

\$17.96

**Unisex Premium** Quilted Underpad, Maximum Absorbency, L, 18ct

\$5.58

#546749362

\$7.37

#636352605



Assurance

**Unisex Premium** Quilted Underpad, Maximum Absorbency, XL, 30ct

always

**Always Discreet** 

Women's Incontinence Pads, Moderate Long, 54ct

\$17.67

\$21.47

#167121557

\$13.88

#37892484



**Always Discreet** 

Women's Incontinence Pads, Extra Heavy Absorbency, Long, 45ct

#44269239



**Always Discreet** 

Women's Ultimate Extra Protect Incontinence Pads, Ultimate Absorbency, 42ct

\$21.47 #560589946



**Always Discreet** 

Women's Incontinence Liners, Very Light Absorbency, Long, 44ct

\$5.67 #37892494



Poise

Women's Incontinence Pads, Moderate Absorbency, Regular, 66ct

\$13.52 #20682684





#### Poise

Women's Incontinence Pads, Maximum Absorbency, Long, 39ct

\$14.88 #20682686



#### Equate

Women's **Options** Incontinence Pads, Maximum Absorbency, Long, 72ct

\$14.97 #202745137



#### **Poise**

Women's Incontinence and Bladder Control Pads, Ultimate Absorbency, Long, 45ct

\$22.94 #20746405



#### **Equate**

Women's **Options** Incontinence Pads, Ultimate Absorbency, Long, 51ct

\$14.97 #480909321



#### **Equate**

Women's Incontinence Pads, Extra Protection, Overnight Absorbency, 30ct

\$9.97 #36717960



#### **Poise**

Women's Daily Incontinence Liners, Very Light Absorbency, Long, 81ct

\$9.96 #50160163



#### **Always Discreet**

Women's Adult Incontinence Underwear. Maximum Absorbency, S/M, 32ct

\$24.24 #37892492



#### **Assurance**

Women's Incontinence Underwear. Maximum Absorbency, S/M, 36ct

\$16.97 #1708693108



#### **Assurance**

Women's Incontinence Underwear, Maximum Absorbency, S/M, 54ct

\$23.27 #309525299



#### **Assurance**

Women's Incontinence Underwear, Maximum Absorbency, L. 36ct

\$16.97 #1260106765



#### Assurance

Women's Incontinence Underwear, Maximum Absorbency, L, 54ct

\$23.27 #293491517



#### Depend

Women's Fresh Protection Adult Incontinence Underwear, Maximum Absorbency, M, 30ct, Blush

\$21.54 #171439462



#### Depend

Women's Fresh Protection Incontinence Underwear, Maximum Absorbency, L, 28ct, Blush

\$21.54 #16532731



#### Depend

Women's Fresh Protection Adult Incontinence Underwear, Maximum Absorbency, XL, 26ct, Blush

\$21.54 #16532737



#### Depend

Women's Night Defense Adult Incontinence Underwear, Overnight Absorbency, S, 16ct, Blush

\$13.74 #315199488



#### Depend

Women's Night Defense Adult Incontinence Underwear, Overnight Absorbency, M, 15ct, Blush

\$13.74 #693664532



#### Depend

Women's Night Defense Adult Incontinence Underwear. Overnight Absorbency, XL, 12ct, Blush

\$13.74 #50160174



#### Depend

Women's Night Defense Adult Incontinence Underwear, Overnight Absorbency, L, 14ct, Light Pink

\$14.88 #50160154



#### Assurance

Women's Incontinence Underwear, Maximum Absorbency, XL, 36ct

\$20.44 #1192975968



#### Assurance

Women's Incontinence Underwear, Maximum Absorbency, XL 54ct

\$23.27 #502841350



Assurance

Women's Incontinence Underwear, Maximum Absorbency, XXL, 54ct

\$22.76

#518469943



#### Assurance

Men's Guards, Maximum Absorbency, 52ct

\$10,64

#843897280



#### Depend

Men's Incontinence and Bladder Control Pads, Maximum Absorbency. 52ct

\$13.62

#16940253



#### Assurance

Men's Incontinence Underwear. Maximum Absorbency, S/M, 36ct

\$14.34

#1935841408



#### Assurance

Men's Incontinence Underwear. Maximum Absorbency, L/ XL, 36ct

\$14.34

#1589317356



#### Depend

Men's Fresh Protection Incontinence Underwear, Maximum Absorbency, L, 28ct, Grey

\$21.54

#386892364



#### Depend

Men's Fresh Protection Incontinence Underwear, Maximum Absorbency, XL, 26ct, Grey

\$21.54

#325105830



#### Depend

Men's Night Defense Adult Incontinence Underwear, Overnight Absorbency, S/M, 16ct, Grey

\$13.74

#373184535



#### Depend

Men's Night Defense Adult Incontinence Underwear, Overnight Absorbency, L, 14ct, Grey

\$13.74

#450954355



#### Depend

Men's Night Defense Adult Incontinence Underwear, Overnight Absorbency, XL, 12ct, Grey

\$13.74

#### **Oral Care**

Find even more items online



#### **Fixodent**

Plus Scope Precision **Hold Denture** Adhesive Cream, 2oz



\$15.97 #638356721



#### **Polident**

Overnight Whitening Antibacterial Denture Cleanser Tablets, 120ct



#### **Equate**

Fresh Antibacterial Denture Cleanser Tablets, Mint, 120ct

\$6.44

#20470702



#35019168



#### **Super Poligrip**

**Original Denture** and Partials Adhesive Cream, 2.4oz



#### Oral-B

Glide Pro-Health Deep Clean Dental Floss, Cool Mint, 40m

\$13.86

#481336870

\$9.97

#181753009



#### **Plackers**

Micro Mint Dental Flossers, Fold-Out Toothpicks with Easy Storage with Sure-Zip Seal, Fresh Mint, 300ct



#### Waterpik

Cordless Express Portable Water Flosser Oral Irrigator, White

\$7.68

#394522932

\$37.97

#54218143



#### Colgate 360

Manual Toothbrush with Tongue and Cheek Cleaner, **Medium Bristles** 



#### Oral-B

CrossAction All-In-One Toothbrushes, Deep Plaque Removal, Soft Bristles

\$9.97

#988404300





#### Oral-B Battery Toothbrush, 3D White



#### Oral-B Vitality FlossÁction Electric Rechargeable

Toothbrush

\$7.97

#10321283

\$19.97

#961533300



#### Crest

Premium Plus Scope Outlast Toothpaste, Mint, 5.2oz



#### Crest

Pro Health Smooth Formula Toothpaste, Clean Mint, 4.60z

\$8.97

#391706535



#908197301



#### Sensodyne

Pronamel Fresh **Breath Sensitive** Toothpaste, Fresh Wave, 4oz



#### Sensodyne

Repair and Protect Whitening Sensitive Toothpaste, 3.4oz

\$12.48

#38773089



#289197571



#### Equate

Maximum Strength Sensitive Toothpaste with Fluoride, Extra Whitening, 4oz



#### **ACT**

Dry Mouth Lozenges with Xylitol, Soothing Mint, 36ct



\$6.42

#999612374

\$6.54

#43982120



#### **Biotène**

Moisturizing Dry Mouth Oral Rinse Mouthwash, Fresh Mint, 33.8oz





#### **Biotène**

Dry Mouth Alcohol-Free Breath Freshener Spray, Gentle Mint, 1.5fl oz

\$6.72

#10448044

\$10.77

#### Pain Relief and Management

Find even more items online



#### **Aleve**

Pain Reliever and Fever Reducer, Naproxen Sodium Caplets with Easy Open Arthritis Cap. 90ct

\$11.67

#565501760



#### Bayer

Low-Dose Pain Reliever, Aspirin Regimen Enteric Coated Tablets, 81mg, 300ct



#### **Equate**

Adults' Low-Dose Aspirin Safety Coated Tablets, 81mg, 500ct

\$14.97

\$15.97

#12444555



equate

Ibuprofen

#40816797



#### Advil

Pain and Headache Reliever, Ibuprofen Coated Tablets, 200mg, 200ct



#### Equate

Pain Reliever and Fever Reducer, Ibuprofen Coated Tablets, 200mg, 100ct

\$4.28

#10324480



#### **Advil PM**

#10416968

Pain and Headache Reliever. **Ibuprofen** Coated Caplets, 200mg, 120ct

\$15.96 #12444539



#### Advil

Liqui-Gels Pain and Headache Reliever Ibuprofen, Liquid Filled Capsules, 200mg, 80ct

\$9.97 #1111813



#### **Equate**

Ibuprofen Mini Softgel Capsules, 200mg, 300ct



#### **Excedrin**

Migraine Headache Relief Caplets, 250mg, 200ct

\$15.48

#841902147

\$17.44



#### Excedrin

Extra Strength Pain Reliever and Headache Medicine Caplets, 100ct



#### Motrin IB

Pain Reliever and Fever Reducer, **Ibuprofen** Tablets, 200mg, 225ct



#10294261



#### #10294203



#### **Tylenol**

8hr Arthritis and Joint Pain Acetaminophen Caplets, 650mg, 100ct



#### **Equate**

8hr Arthritis Pain Reliever. Acetaminophen Extended-Release Caplets, 650mg, 225ct

\$12.47

#10294215

\$9.96

#544602928



#### **Tylenol**

Extra Strength Acetaminophen Rapid-Release Gels, 500mg, 225ct



#### **Equate**

Extra Strength Acetaminophen Rapid Release Gel-Caps, 500mg, 225ct

\$22.97

#192897472

\$9.97

#652312238



#### Tylenol PM

Extra Strength Pain Reliever and Sleep Aid Caplets, 150ct



#### **Nervive**

Advanced Nerve Relief and Mobility Tablets, Alpha Lipoic Acid, 30ct

\$19.97

#54061719

\$27.97

#2253994329



#### Aspercreme

4% Lidocaine Cream with No Mess Applicator, 2.5oz



#### Equate

Maximum Strength Lidocaine Pain Relieving Cream, 2.7oz

\$9.98

#569529368

\$5.12



Aspercreme 4% Lidocaine Liquid with No Mess Applicator, Lavender, 2.5oz

\$9.98

#126873679



**Equate** 

Maximum Strenath Lidocaine Pain Relief Cream for Body Aches, 2.5fl oz

\$5.94

#253155134



Bengay Ultra Strength

Non-Greasy **Topical Pain** Relief Cream, 4oz



**Biofreeze** 

Pain Relief Gel, 3oz

\$7.37

#681185440



#100692660



Blue-Emu

**Original Joint** and Muscle Cream, Soothes and Supports, 4oz



\$13.98

Blue-Emu

Maximum Strength Pain Relief Cream for Arthritis, Muscles, and Joints, 3oz

\$13.48

#10313101



#46921310



Icy Hot

Original Medicated Pain Relief Liquid with No Mess Applicator, 2.5fl oz



Icy Hot

Original Pain Relieving Cream, Powerful Pain Relief for Muscles and Joints, 3oz

\$6.98

#13263176

\$6.48

#919335163



MagniLife

Leg and Back Pain Relief Cream, 4oz



Preparation H

Hemorrhoid Itching, Burning and Discomfort Relief Ointment, 2oz

\$11.97

#674392006





#### **Preparation H**

Rapid Relief No-Touch Hemorrhoidal Spray, 3.8oz



#### **Tiger Balm**

Ultra Strength Non-Staining Pain Relieving Ointment, 18mg





#640206292



#26971669



#### Theraworx

Relief Fast Acting Spray for Leg and Foot Cramps and Muscle Soreness. 7.10fl oz



#### Theraworx

Relief Muscle Cramp and Spasm Relief Foam, 7.10fl oz

\$18.96

#294881697

\$18.96

#436094803



#### Voltaren

**Topical Arthritis** Pain Relief Gel, 5.3oz



#### Voltaren

**Topical Arthritis** Pain Relief Medicine Gel, 1.7oz

\$23.48

#224979534



#### #637717150



#### **Equate**

Equate Arthritis Pain Relieving Gel, Diclofenac Sodium Gel 1%, 3.53oz



#### Aspercreme

Maximum Strength Lidocaine Patches, Odor Free, 5ct

\$13.88



#602991818

\$9.98

#51258775



#### **Biofreeze**

Overnight Relief Patches, 4ct



#### Icy Hot

Original Pain Relief Patches for Back or Large Area, L, 5ct

\$11.98

#448459843

\$6.98



#### **Equate**

Extra Strength Cool and Heat Medicated Patches, 5ct



#### Salonpas

8hr Pain Relieving Patches, 60ct



\$4.66

#17056909

\$10.14

#47041345



#### Salonpas

Maximum Strength Lidocaine Pain Relieving Gel Patches, 6ct



#### **Equate**

Maximum Strength Lidocaine Pain Relieving Patches, 6ct

\$10.34

#54902233

\$7.12

#619096863



#### **ThermaCare**

Lower Back and Hip Pain Relief Heat Wraps, L/ XL, 2ct



#### **ThermaCare**

Neck Pain Therapy Heat Wraps for Shoulder and Wrist Pain Relief, 4ct

\$5.96

#608834585

\$10.47

#1654290325



#### Equate

Reusable Hot or Cold Pack, L, 8" x 12"



#### Equate

Heating Pad, King Size

\$11.36

#474335291

\$19.98

#883004120



#### Sunbeam

Heating Pad with Easy-to-Use Slide Controller for Users with Arthritis, King Size, White Plaid



#### Sunbeam

Heating Pad with Compact Storage, King Size

\$23.88

#690896434

\$32.98

## Skin and **Sun Care**

Find even more items online



#### Abreva

Cold Sore and Fever Blister Treatment Docosanol 10% Cream, 0.07oz

\$18.88

#10417263



#### **Equate**

Cold Sore and Fever Blister Treatment Docosanol 10% Cream, 0.07oz

#### Aveeno

Daily Moisturizing Lotion with Oat for Dry Skin, 18fl oz

\$10.67

#10818473



\$14.98

#### CeraVe

Daily Moisturizing Lotion, Lightweight, 12fl oz

#140372559

\$10.63 #841311629



#### CeraVe

Moisturizing Cream, 12oz

\$14.62

#937270693



#### CeraVe

**Psoriasis** Moisturizing Cream, 8oz

\$21.82 #446990687



#### Cetaphil

Hydrating Moisturizing Lotion for All Skin Types, Sensitive Skin, 16oz

\$13.47 #202773731



#### Eucerin

Advanced Repair Body Cream for Dry Skin, 16oz

\$15.78 #105094113



#### **Eucerin**

Daily Hydration Broad Spectrum Body Lotion, SPF 15, 16.9fl oz

\$12.97 #23756698



#### **Eucerin**

Intensive Repair Body Lotion for Very Dry Skin, Pump Bottle, 16.9oz



#### **Eucerin**

Itch Relief Intensive Calming Lotion, 8.4fl oz



#10413395



#411735746



#### **Eucerin**

Eczema Relief Body Creme, 8oz



#### **Gold Bond**

Rough and Bumpy Skin Daily Therapy Cream, 8oz

\$12.97

#32239571



#38552032



#### Olay

Regenerist, Vitamin C and Peptide 24 Face Moisturizer Cream, 1.7oz



#### **Biore**

Clarifying Witch Hazel Facial Toner, 8fl oz

\$29.94

#635134416



#575700658



#### CeraVe

Foaming Face Wash, Čleanser for Normal to Oily Skin, 16fl oz and 3fl oz



#### Cetaphil

Daily Facial Cleanser for Sensitive. Combination to Oily Skin, 8oz

\$16.54

#502021439

\$8.78

#647777690



#### Neutrogena

Oil-Free Salicylic Acid Acne-Fighting Face Wash, 9.10fl oz



#### **Banana Boat**

Sport Ultra, Sunscreen Spray, SPF 50, 6oz

\$8.18

#10308600





**Equate** 

Sport, Broad Spectrum Sunscreen Spray, SPF 50, 5.5fl oz



Neutrogena

Age Shield, Face Oil-Free Sunscreen Lotion, SPF 70, 3fl oz

\$7.88

6

#963321253



#10309499



#### **Equate**

After Sun Soothing Gel with Aloe, 20oz



#### **Blistex**

Moisturizing Long-Lasting Matte Medicated Lip Balm, SPF 15, Clear

\$4.72

#674535293



#137330522



#### Head & **Shoulders**

Clinical Dandruff Defense plus Dry Scalp Rescue Shampoo, 13.5fl oz



#### **Equate**

Everyday Clean Nourishing Dandruff Shampoo, 33.8fl oz

\$18.97

#440400926



#405494130



#### Selsun Blue

Maximum Strength Medicated Dandruff Shampoo, 11.0fl oz



#### Equate

Medicated Dandruff Shampoo with Selenium Sulfide 1%, 11.0fl oz

\$7.98

#10307723

\$4.84

#615874681



#### OFF!

Deep Woods Mosquito Repellent, 6oz



#### Dr. Scholl's

Freeze Away Skin Tag Remover, 8ct

\$5.88

#11027605

\$19.98

## Sleeping and Snoring

Find even more items online



#### Natrol

Melatonin Sleep Aid Gummies. Strawberry, 10mg, 90ct

\$10.98

#563770403



\$21.88

#### **OLLY**

Extra Strength Melatonin Sleep Supplement Gummies, L Theanine, Blackberry, 5mg, 90ct

#2548409435



#### Spring Valley

Fast-Dissolve Melatonin Dietary Supplement Tablets, 10mg, 120ct

\$9.88 #35912856



#### vitafusion

Melatonin-Free Sleep Aid Gummies, 40ct

\$11.88 #1854377145



#### Unisom

SleepTabs Sleep Aid Tablets, Doxylamine Succinate, 25mg, 80ct

\$14.31 #40601489



#### **Equate**

Maximum Strength Sleep Aid Softgels, Diphenhydramine Hydrochloric Acid, 50mg, 100ct

\$9.97 #922217389



#### ZzzQuil

Sleep Aid Liquid Caps, Diphenhydramine Hydrochloric Acid, 25mg, 48ct

\$13.16 #20669699



#### ZzzQuil

Nighttime Sleep Aid Liquid, Diphenhydramine Hydrochloric Acid, 50mg, 12fl oz

\$14.97 #20669704



#### Equate

Nasal Strips for Sensitive Skin, 30ct

\$7.82

## Vitamins and Supplements

Find even more items online



#### vitafusion

MultiVites, Adults' Multivitamin Gummies, Berry, Peach and Orange, 150ct\*

\$12.48

#22288718



#### **Equate**

Adults' 50+ Complete Multivitamin, Multimineral Supplement Tablets, 220ct\*



#### **Centrum Silver**

Men's Multivitamin, Multimineral Supplement Tablets, 200ct\*

\$8.88

#10324623



#147256912



#### **Equate**

Men's 50+ Complete Multivitamin, Multimineral Supplement Tablets, 200ct\*



#### Super Beta Prostate

Men's Prostate Advanced Caplets with Beta Sitosterol, 60ct\*

\$13.77

#46707147



#941119423



#### Alive!

Women's 50+ Daily Multivitamin Gummies, Mixed Berry, 130ct\*



#### **Centrum Silver**

Women's 50+ Multivitamin, Multimineral Supplement Tablets, 200ct\*

\$16.47

#191821545

\$19.12

#468768423



#### Equate

Women's 50+ Complete Multivitamin, Multimineral Supplement Tablets, 200ct\*



#### One A Day

Women's 50+ Multivitamin Tablets, 200ct\*

\$13.77

#46521544





#### Spring Valley

2400mcg, 250ct\*







\$7.96

#### Spring Valley

Vitamin B12 Quick-Dissolve Dietary Supplement Tablets, Cherry, 2500mcg. 120ct\*

#24547733

\$4.88 #893197



#### Neuriva



Brain Health Support Supplement Capsules with Phosphatidylserine and Coffee Cherry, 30ct\*

\$9.88 #19758124 \$39.97 #906497369

# equate

**Biotin** 

#### **Equate**

**Brain Health** 5-Function Formula Dietary Supplement Capsules, 30ct\*

**Emergen-C** 

Daily Immune Support Vitamin C Supplement Gummies, Orange, Tangerine and Raspberry, 750mg, 45ct\*

\$19.96 #466347713 \$11.82 #318298378



#### **Emergen-C**

Daily Immune Support Vitamin C Supplement Powder Drink Mix Packets, Super Orange, 1000mg, 30ct\*

Spring Valley Vitamin C with Rose Hips Tablets Dietary Supplement, 1000mg, 250ct\*

\$9.88

#10315364



#12158219

#### Spring Valley Calcium.

Magnesium and Zinc plus Vitamin D3 Supplement Caplets, 250ct\*

vitafusion Calcium

#### vitafusion

Calcium Gummies, Fruit and Cream, 80ct\*

\$6.88

#10324581



#### Viactiv

Calcium plus Vitamin D Supplement Soft Chews, Caramel, 100ct\*



### Spring Valley

CoQ10 Rapid-Release Softgels, 200mg, 150ct\*

\$10.54

#493843079



#602853507



#### Qunol

Ultra CoQ10 Softgels, 100mg, 120ct\*



#### **Nature Made**

Vitamin D3 Softgels for Bone and Immune Health Support, 2000IU, 260ct\*

\$29.97

#17324916

\$13.97

#36168198



#### Spring Valley

Vitamin D3 Softgels, 25mcg, 1000IU, 450ct\*



#### **Move Free**

Advanced Plus MSM and Vitamin D3 Joint Health Supplement Tablets with Glucosamine and Chondroitin. 80ct\*

\$7.96

#22066799

\$17.97

#10451740



#### Osteo Bi-Flex

Triple Strength Joint Health Vitamin D and Glucosamine Chondroitin Supplement Tablets, 160ct\*



#### Spring Valley

Vitamin E Dietary Supplement Softgels, 180mg, 500ct\*

\$29.98

#324036387

\$12.48

#10324579



#### Spring Valley

Triple Strength Glucosamine Chondroitin Dietary Supplement Tablets, Value Size, 340ct\*





#### **OLLY**

Goodbye Stress Gummies with GABA and L-Theanine, Lemon Balm, Berry, 42ct\*

\$12.88

#460769903

\$32.98



Spring Valley

Iron Dietary Supplement Tablets, 65mg, 100ct\*



Spring Valley

Vitamin K2 and D3 Vegetarian Capsules, 90ct\*

\$3.96

#467218893

\$9.88

#306492394



Spring Valley

Magnesium Bone and Muscle Health Dietary Supplement Tablets, 250mg, 100ct\*



Prevagen

Regular Strength Memory Improvement Capsules, 30ct\*

\$9.88

#35912859

\$39.92

#1116735489



Prevagen

Extra Strength Memory Improvement Supplement Capsules, 30ct\*



Spring Valley

Omega-3 Fish Oil Softgels, 1000mg, 300ct\*

\$59.95

#49131617

\$19.88

#396031230



Spring Valley

Potassium Dietary Supplement Caplets, 99mg, 250ct\*



vitafusion

Power Zinc **Immune** Support Vitamin Gummies, Strawberry Tangerine, 90ct\*

\$6.88

#12018787

\$12.48

#606044651



Alli

Weight Loss Supplement Capsules, Starter Pack, 60mg, 60ct\*



Lipozene

Maximum Strength Weight Loss Capsules, 1500mg, 60ct\*

\$43.94

#503054110

\$19.88



## Are there other items available beyond what's listed in the catalog?

Additional items are available at participating retailers and online. For a list of qualified items and categories, visit **HealthyBenefitsPlus.com/UCare** 

#### What price applies at checkout?

Online and in-store pricing may not be the same as the prices listed in this guide and catalog. The online and in-store price applies at checkout.

#### Do I pay for sales tax?

Yes, all orders are subject to your local state sales tax.

#### How can I check my allowance balance?

You may check your balance by visiting HealthyBenefitsPlus.com/UCare, downloading the Healthy Benefits+ mobile app or by calling 1-833-862-8276 (TTY 711).

#### What if my purchase costs more than my allowance?

If your total is more than your available allowance on your UCare Healthy Benefits+ Visa® card, you can pay the remaining balance due out of pocket.

#### How can I get a replacement card?

You may ask for a replacement card to be mailed to you by visiting **HealthyBenefitsPlus.com/UCare** or by calling **1-833-862-8276 (TTY 711).** 



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