



UCare Connect/UCare Connect + Medicare 2025 Additional & Supplemental Benefit Summary

(Highlighted = NEW in 2025) heal

Information on each benefit including instructions on how to obtain: [Benefits, Perks, Resources](#)

| Benefit Details | | Connect | CT+Med | Eligibility / How to obtain Member / Care Coordinator |
|--|--|---------|--------|--|
| Healthy Benefits + Visa (General Information) | <p>Members will need to activate the UCare Healthy Benefits+ (HB+) Visa card before using it. Activate the card online, in the app or by calling.</p> <ul style="list-style-type: none">• HealthyBenefitsPlus.com/ucare• Healthy Benefits+ App• 1-855-256-4620• <p>To Check Card balance or request a card:</p> <ul style="list-style-type: none">• Visit healthybenefitsplus.com/ucare• Call 1-833-862-8276 (TTY 711)• Download the Healthy Benefits+ App. | ✓ | ✓ | <p>Qualifying Conditions: No. Available to all Connect/Connect + Medicare members. Qualifications vary based on benefit – see benefits below.</p> <p>New Connect + Medicare members will automatically receive a UCare Healthy Benefits+ Visa card during the first month of their plan.</p> <p>Connect members will receive a card upon their first earned reward. If no reward has been earned, and member would like access to grocery discounts or community education discounts, members can request a card by calling UCare customer service or their care coordinator can email the request along with the member's first and last name and member ID to wellness@ucare.org. Additionally,</p> |

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| | | | | <p>member can go online to their online member account to request a card.</p> <p>Limitations: Healthy Benefits+ Visa may not be used for cash-back or cash equivalent, casinos, online gaming, firearms, tobacco, nicotine replacement products, alcohol, copays, deductibles, or premiums. Other restrictions may apply.</p> |
| Grocery discounts on the Healthy Benefits+ Visa® card | Members can save up to \$50 a week on healthy foods like milk, whole-grain bread, lean meat, eggs, yogurt, fruits, vegetables and more at participating grocery stores. Weekly discounts are pre-loaded onto the UCare Healthy Benefits+ Visa® card. Simply scan the Healthy Benefits+ card when paying to access your discount. | ✓ | ✓ | <p>Qualifying conditions: No. Available to all Connect and Connect + Medicare (CT+Med) members.</p> <p>Care Coordinators: To locate participating stores, see the Grocery Discounts Program.</p> <p>Limitations: This is not a cash benefit. Can only be used at participating grocery stores. Cannot be used at Target or Amazon.</p> |
| Healthy food allowance on the Healthy Benefits+ Visa® card | CT+Med members with qualifying chronic conditions receive a \$75 monthly healthy food allowance on their UCare Healthy Benefits+ Visa® card. Use the allowance to buy eligible healthy foods and produce. | | ✓* | <p>Qualifying conditions: Yes. Hypertension, diabetes, or lipid disorders diagnosis must be documented in UCare claims.</p> |

* Supplemental benefit.

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| | <p>Approved items like fruit, vegetables, healthy grains, dairy, beans and more can be purchased in-store, online, or by phone at participating retailers like Cub or Walmart simply by scanning the card at checkout.</p> <p>Healthy Benefits+ Over-the-counter (OTC) and Healthy Food Allowance Catalog: MSHO and Connect + Medicare</p> | | | <p>CT+Med members with qualifying conditions for the Healthy Food Allowance benefit will receive a Healthy Benefits+ Visa card during the first month of their plan. Cards must be activated prior to use.</p> <p>This benefit becomes effective on the first day of each month and does not roll over into the next month.</p> <p>Learn more or check your card balance: HealthyBenefitsPlus.com/ucare, Healthy Benefits+ App or by calling 1-833-862-8276, TTY 711.</p> <p>Care Coordinators: Participating store locations can be found at Healthy Benefits Store Locator.</p> <p>Limitations: Can only be used at participating retailers. Cannot be used at Target or Amazon. Unused account balances do not roll over each month and are forfeited.</p> |

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| Rewards and Incentives on the Healthy Benefits+ Visa® card | Members can earn rewards for completing certain preventative screenings, tests, or exams. Earned reward dollars will be loaded onto the Healthy Benefits+ Visa card. Visit ucare.org/rewards to learn more. | ✓ | ✓ | <p>Qualifying conditions: Varies based reward/incentive program. Available to all Connect and CT+Med members.</p> <p>Visit Ucare.org/reward or log in/create an account on member.ucare.org. Click on Health & Wellness and go to Wellness, Rewards & Allowance.</p> <p>Preventive care rewards are loaded on the member's UCare Healthy Benefits+ Visa card.</p> <p>NOTE: CT members who have not previously received a Healthy Benefits+ Visa will receive their card when they earn an initial reward.</p> <p>Limitations: Rewards/Incentives on the UCare Healthy Benefits+ Visa card can be spent anywhere Visa is accepted, with some exceptions: they cannot be used at Target or Amazon; they cannot be used for cash-back or cash equivalent, casinos, online gaming, firearms, tobacco, nicotine</p> |

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| | | | | <p>replacement products, alcohol, copays, deductibles, or premiums. Other restrictions may apply.</p> <p>Care Coordinator: Request member incentives to be mailed to the member via wellness@ucare.org.</p> |
| Over the counter (OTC) allowance on the Healthy Benefits+ Visa® card | <p>CT+Med members receive a \$60 quarterly over-the-counter (OTC) allowance on the UCare Healthy Benefits+ Visa® card to purchase eligible health items at participating retailers in-store, online, or by phone.</p> <p>Eligible items include cough drops, first aid supplies, pain relief, sinus medications, toothpaste and much more!</p> <p>Healthy Benefits+ Over-the-counter (OTC) Catalog: MSHO and Connect + Medicare</p> | | ✓* | <p>Qualifying conditions: No. Available to all CT+Med members.</p> <p>This allowance becomes effective on the first day of each quarter.</p> <p>Limitations: Can only be used at participating retailers. Cannot be used at Target or Amazon. Unused account balances do not roll over at the end of each quarter and are forfeited.</p> |
| Community education class allowance on the Healthy Benefits+ Visa card | Members receive a \$100 quarterly allowance on the UCare Healthy Benefits+ Visa® card to use toward most community education classes | ✓ | ✓ | Qualifying conditions: No. Available to all Connect and CT+Med members. |

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| | <p>nationwide. To find a class, check a local community education catalog or contact the local school district for times and locations. When enrolling in the class, members use their Healthy Benefits+ Visa® card at checkout. They can use HB+ visa card in-person, over the phone, or online.</p> | | <p>Members will pay for the community ed classes using their Healthy Benefits+ card either online, in-person or over the phone.</p> <p>Community Ed partner no longer needs to call UCare to verify eligibility and submit for check reimbursement.</p> <p>Connect members will need to opt in to this allowance program. To opt in to this allowance, call the customer service number on the back of your UCare member ID or log in to your online member account. If you do not have a Healthy Benefits+ card, one will be mailed to you.</p> <p>Limitations and restrictions may apply. Examples include high-risk classes, 1:1 classes etc.</p> <p>This allowance becomes effective on the first day of each quarter and does not roll over. Money not used by the end of the quarter will expire.</p> <p>Health Ride Transportation is not available for CT+ Med or Connect members to</p> |

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| | | | | community education classes. May be able to access non-medical transportation if open to and authorized by a CADI/BI/DD Waiver Case Manager. |
| Activity Tracker plus Personal Emergency Response System (PERS) device | <p>Functionality includes Activity tracker, heart rate monitor, and PERS.</p> <ul style="list-style-type: none"> Provides two-way call support service, emergency contact (does not require phone or internet). Can support targeted outreach / reminders (activity, medication, care plan reminders) Tracked health measures can be monitored by Care Coordinator via online dashboard. 24/7 emergency call-for-help to a support agent directly through the watch Step and heart rate tracking to help member reach health goals Built-in GPS to support members both inside and outside the home <p>The device is ready-to-use out of the box with no set up required or pairing to a cell phone or Wi-Fi.</p> | | ✓ * | <p>Qualifying conditions: No. Available to all CT+Med members.</p> <p>Care Coordinator: Request using REEMO Smartwatch and/or Blood Pressure Monitor Order Form on the Care Coordination Website.</p> <p>Limitations: One activity tracker per year.</p> |

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| Blood Pressure Monitor | CT+Med members with hypertension use the Activity Tracker plus PERS device. | | ✓* | <p>Qualifying Conditions: Yes. Available to CT+Med members with hypertension diagnosis on file with UCare claims and, who use the Activity Tracker plus PERS device.</p> <p>Care Coordinator: Request using REEMO Smartwatch and/or Blood Pressure Monitor Order Form on the Care Coordination Website.</p> <p>Limitations: One blood pressure monitor per year.</p> |
| Therapeutic Massage | Up to 6 (60-minutes each visit) therapeutic massage visits per year for members with a qualifying condition . | | ✓* | <p>Qualifying conditions: Yes. Available to CT+Med members with back pain, neck and shoulder pain, headache, carpal tunnel syndrome, osteoarthritis, or fibromyalgia diagnosis.</p> <p>No Prior Authorization needed.</p> <p>Care Coordinator: Therapeutic Massage provider is responsible for ensuring member has appropriate diagnosis to treat and provide therapeutic massage benefit.</p> |

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| | | | | <p>See UCare's Provider Search tool to locate in-network Therapeutic Massage providers. Search "Massage" or by provider name.</p> <p>Limitations: Limited provider availability. Sessions exceeding 60-minutes (4 units) are member responsibility. May not exceed 6 sessions. Transportation is not available for supplemental therapeutic massage benefits.</p> <p>Non-Covered: Massage for the comfort or convenience of the member. Non-network massage providers, including massages provided at spas.</p> |
| Additional Acupuncture | Up to 12 additional visits of acupuncture per year for members with a qualifying condition . | | ✓* | <p>Qualifying conditions: Yes. Available to CT+Med members with acute low back pain diagnosis on file with UCare claims.</p> <p>Acute: Short-term/sudden onset (a few days or weeks).</p> <p>Chronic (not covered): Pain that lasts 12 weeks or longer even after underlying cause has been treated.</p> |

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| | | | | <p>Care Coordinator: Contact UCare Customer Service 612-676-3310 to inquire if member has qualifying condition on file.</p> <p>No Authorization required.</p> <p>See UCare's Provider Search tool to locate in-network Acupuncture specialty care.</p> <p>Limitations: Transportation is not available for supplemental acupuncture benefits.</p> |
| Additional Routine Chiropractic | Up to 12 visits/year – includes exams and adjustments of extremities for members with a qualifying condition . | | ✓* | <p>Qualifying conditions: Yes. Available to CT+Med members with musculoskeletal disorders diagnosis.</p> <p>Care Coordinator: Chiropractic Provider is responsible for ensuring member has appropriate diagnosis to treat and provide chiropractic benefit.</p> <p>See UCare's Provider Search tool to locate in-network Chiropractic providers.</p> <p>Limitations: Transportation is not available for supplemental chiropractic benefits.</p> |

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| One Pass Fitness Benefit | <p>One Pass is a complete fitness solution for body and mind, available at no additional cost. Supports goals, improving health conditions. Members have access to more than 24,000 participating fitness locations nationwide. Additional Fitness Benefits:</p> <ul style="list-style-type: none"> Thousands of on-demand and live-streaming fitness classes. Workout builders create workouts and walk through each exercise. Home Fitness Kits are available to members who are physically unable to attend an in-person gym location or who reside at least 15 miles outside a participating fitness center. Personalized, online brain training program to help improve memory, attention, and focus. Social activities, community classes, online or in-person participation events are covered. | | ✓* | <p>Qualifying conditions: No. Available to all CT+Med members.</p> <p>Connect members will NOT have One Pass access in 2025</p> <p>Find participating fitness locations at ucare.org/onepass or call toll-free or call toll-free 1-877-504-6830 (TTY:711) 8 am to 9 pm CT, Monday – Friday.</p> <p>Members present their UCare Member ID card to enter participating fitness locations.</p> <p>Members will need to sign up for a One Pass account at ucare.org/onepass to get access to the online brain training, social activities, and other wellness features.</p> <p>Limitations: The Home Fitness Kits are intended for members who cannot attend a physical gym location. One kit per year.</p> |
| Transportation to fitness benefit | 3 round-trip rides/week to the nearest OnePass participating fitness center. | | ✓* | <p>Qualifying conditions: No. Available to all CT+Med members.</p> |

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| | | | | Care Coordinator: Member or care coordinator can request these rides directly from Health Ride: 1-800-864-2157 |
| Transportation to AA/NA | Up to 7 round-trip rides/week to AA/NA. | | ✓* | <p>Qualifying conditions: Yes. CT+Med members assessed as having substance use disorder.</p> <p>Care Coordinator: Identify need as part of the member's Support Plan. Must validate need and meeting location.</p> <p>Request rides for member by submitting form Connect + Med AA/NA Transportation Authorization Form: to health_ride@ucare.org.</p> <p>A bus pass is the preferred option if available (it can provide greater flexibility for members).</p> |
| Transportation to use the healthy food allowance | Up to one round-trip ride/week to participating Healthy Food Allowance grocery store sites for members with qualifying conditions . | | ✓* | <p>Qualifying conditions: Yes. Hypertension, diabetes, or lipid disorders diagnosis documented in UCare claims.</p> <p>Care Coordinator: At least 2 business days in advance, submit the electronic</p> |

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| | | | <p>Healthy Food Allowance Authorization form to validate eligibility and store location. Healthy Benefits+ card must be registered.</p> <ul style="list-style-type: none"> • Healthy Food Allowance Authorization form • Validate store location using Healthy Benefits Store Locator. <p>Once authorized, member or CC may request grocery transportation from UCare's Health Ride at least 3 days in advance. If requesting a bus pass, allow up to 14 days for shipping and handling.</p> <p>A bus pass is the preferred option if available (it can provide greater flexibility for members).</p> <p>Limitations: Up to 1 Ride per week. Authorization is good for 2 preferred grocery store locations within 30 miles of member address. No same day grocery store requests. Authorization good for up to one year. New authorization required if preferred grocery locations change. Member's UCare coverage must be active.</p> |

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| | | | <p>May not use benefit if member has their own vehicle.</p> <p>NOTE: Medical transportation may be prioritized over scheduled grocery transportation in the event that providers are limited.</p> |
| Connect to Wellness Kit | <p>Connect to Wellness kits help members improve their health and wellness and maintain independence in the community. Each kit includes engaging tools to help members reach their health improvement goals. Members can choose one of the following kit options:</p> <ul style="list-style-type: none"> • Fitness • Sleep • Stress • Dental (different from the Adult Dental Kit) • ADHD and Autism Support • Smart home device (only available to Connect + Medicare members) <ul style="list-style-type: none"> ◦ Wi-Fi required. • Weighted blanket (only available to Connect + Medicare members) | ✓ | <p>✓*</p> <p>Qualifying conditions: No. Available to all Connect and CT+Med members (except weighted blanket and smart home device).</p> <p>Members can order by calling Customer Service or online by logging in or creating an account on member.ucare.org. Click on Health & Wellness and go to Wellness, Rewards & Allowance to place the order.</p> <p>Care Coordinator: Order the kits on behalf of a member by sending an email to wellness@ucare.org.</p> <p>Allow 4-6 weeks for delivery.</p> <p>Limitations: One kit per calendar year.</p> |
| Caregiver Assurance | Members and their designated caregivers receive: | | <p>✓*</p> <p>Qualifying Conditions: No.</p> |

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| | <ul style="list-style-type: none"> Up to 12 visits per year with a caregiver advisor Resource information and advice Service referrals Stress reduction tips <p>Caregiver advisors are licensed professionals who can make the caregiving journey a little easier. Support is just a phone call away.</p> | | | Care Coordinator: Must confirm designated caregiver. Refer member / caregiver to: M Health Fairview Caregiver Assurance: (612) 672-7996 Caregiver Assurance |
| UCare Dental Connection | <p>UCare's Dental Connection helps members manage their dental care with one simple phone call.</p> <ul style="list-style-type: none"> Find a dental provider or dental home. Schedule dental appointments, including appointments for follow-up and specialty care. Coordinate transportation to dental appointments. Coordinate interpreter services for dental appointments. <p>Answer dental benefit and claims questions.</p> | ✓ | ✓ | <p>Qualifying conditions: No. Available to all Connect and CT+Med members.</p> <p>Members can call DentaQuest Monday through Friday, 8-5 CST. UCare Connect – 888-227-3310 (toll-free); TTY users call 800-466-7566 UCare Connect + Medicare – 855-209-3155 (toll-free); TTY users call 800-466-7566</p> |
| Additional Dental Services | CT+Med member may also receive the following through a UCare DentaQuest provider: | | ✓* | Qualifying conditions: No. Available to all CT+ Med members. |

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| | <ul style="list-style-type: none"> • Crowns – 2/year, any tooth (limited to high noble metal fused to porcelain) • Crown repair - 1/year • Comprehensive oral evaluation - 1/year • Full mouth x-ray - 1/year • Panoramic film - 1/year • Gross removal of plaque - 1/year | | | <p>Available through DentaQuest network providers.</p> <p>No authorizations required.</p> |
| Adult <u>Dental Kits</u> | <p>Access to electric toothbrush/toothpaste to improve oral hygiene care that can prevent disease:</p> <p>Adult Dental Kit:</p> <ul style="list-style-type: none"> • One electric toothbrush and Two replacement heads • Toothpaste • Dental floss <p>Adult Dental Refill Kit:</p> <ul style="list-style-type: none"> • Two replacement heads • Toothpaste • Dental floss | | ✓ | <p>Qualifying conditions: No. Available to all CT+Med members.</p> <p>No authorization required. Members can order kits by calling UCare Customer Services or online by logging in or creating an account on member.ucare.org. Click on Health & Wellness and go to Wellness, Rewards & Allowance to place the order.</p> <p>Care Coordinator: Care coordinator may send an email to wellness@ucare.org.</p> <p>Limitations: One Adult Dental Kit per member every three years. Refill kits: 1 kit per year, not eligible the year the dental kit provided. Members cannot receive the</p> |

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| | | | | Adult Dental Kit and the Adult Dental Refill Kit in the same year. Allow 4-6 weeks for delivery. |
| Quit Smoking and Vaping Program | Learn how to stop smoking, vaping, or chewing tobacco. Members can get help quitting at no charge through the tobacco and nicotine quit line. Nicotine patches, gum or lozenges are also available to eligible members | ✓ | ✓ | <p>Qualifying conditions: No. Available to all Connect and CT+Med members.</p> <p>Member can get more information:</p> <ul style="list-style-type: none"> • 1-855-260-9713; TTY 711 • myquitforlife.com/ucare • Download the Rally Coach Quit for Life mobile app <p>Care Coordinator: Direct the member to call the quit line or visit the myquitforlife.com/ucare website.</p> |
| Pregnancy, Children & Teens | <p>UCare wants to make sure members have healthy pregnancies, childbirth and keep children healthy through their teen years.</p> <ul style="list-style-type: none"> • Management of Maternity Services (MOMS) program supports health during and after pregnancy. • Car seat and car seat safety education at no cost from UCare | ✓ | ✓ | <p>Qualifying conditions: Yes. Pregnancy (in 3rd trimester for SEATS specifically). Available to all Connect and CT+Med members.</p> <p>MOMS Program: As soon as a member learns they are pregnant, they should contact their county financial/eligibility worker.</p> |

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| | <p>through our Seats, Education and Travel Safety (SEATS) Program.</p> <ul style="list-style-type: none"> To learn more, visit ucare.org/healthwellness/pregnancy-children-teens. | | <p>SEATS Program: Car seat and car seat safety.</p> <p>Limitations:</p> <p>Pregnant members - 1 seat every 12 months. Members do not need to be listed as pregnant in UCare claims to be eligible for a car seat.</p> <p>Child member (must be UCare member to qualify) up to age 9, before their 9th birthday – Members can receive 2 car seats after receiving car seat education through our car seat partners, plus a backless booster can be ordered through customer service or their online member portal.</p> <p>Members are eligible for 1 seat every 3 years except infant carrier. If an infant receives an infant carrier, they are eligible for the next seat once they grow out of the infant carrier.</p> <p>Members have a choice between an infant carrier, convertible car seat or combination car seat. Backless booster car seats are available for children aged 7</p> |

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| | | | | <p>and 8 by calling Customer Service or through their online member portal.</p> <p>No replacement seats are available.</p> <p>Members can call UCare Customer Service 612-676-3310 to connect to a county partner.</p> <p>UCare Pregnancy Advisor Nurse Line: 1-855-260-9708 TTY 711 9 am – 5 pm, M-F.</p> |
| Vision Care (eyeglass upgrades) | <p>In addition to regularly covered vision care and eyewear, CT+Med members may receive:</p> <ul style="list-style-type: none"> • Anti-reflective lens coating (V2750) • Photochromic tinting (V2744) • Tinted lenses (V2745) • Progressive lenses (V2781) • Eyewear Upgrade Replacements – 1/year due to loss, theft, or damage replacement | | ✓* | <p>Qualifying conditions: No. Available to all CT+Med members.</p> <p>Members get exams from UCare network vision provider. The vision provider submits lens orders to Eye Kraft. Eye Kraft bills UCare.</p> <p>No authorization required for lens coating or tinting.</p> <p>Limitations: Available exclusively through Eye Kraft. Each benefit can be used 1 time per year.</p> |

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| Routine Podiatry | One routine foot care visit per month not related to a specific diagnosis already covered by Medicare. | | ✓* | <p>Qualifying conditions: No. Available to all CT+Med members.</p> <p>No specific dx needed.</p> <p>Available through UCare network podiatrists.</p> <p>No authorization required.</p> |
| Post-Discharge Medication Reconciliation | Post-discharge prescription reconciliation following discharge from an inpatient hospital stay. | | ✓* | <p>Qualifying Conditions: Yes. Available to CT+Med members following hospital inpatient discharge.</p> <p>Care Coordinator: UCare staff coordinate most reviews based on claims data, but Coordinators can refer a member for TOC Visit – Medication Reconciliation using the MTM/TOC Referral Form</p> |
| Post-Discharge Community Health Worker LSS Healthy Transitions Program | Individualized support, education, and resources for eligible members during the critical first 30 days after a hospital or short-term rehabilitation center stay. When a member returns home from the hospital or rehabilitation center, they are paired with a specially trained and certified community health worker. The community health worker provides two | | ✓* | <p>Qualifying Conditions: Yes. Available to CT+M members following hospital inpatient discharge.</p> <p>Care Coordinator: All CT + MED members are referred to LSS after hospitalization. LSS then reaches out to the members and offers them the program. If a member chooses to participate, LSS will notify the</p> |

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| | <p>in-home and two phone visits during the 30 days.</p> <p>These visits cover:</p> <ul style="list-style-type: none"> • Discharge documentation • Home safety and fall risks • Nutrition: Food access, providing resources • Medication adherence • Socialization • Appointment setting and transportation for post-discharge appointments • Short-term goal setting • Resources and referrals to other providers | | | <p>Care Coordinator. The CC will also see the authorization on the DAR services tab.</p> <p>Care coordinators can make a referral using the LSS Healthy Transitions Program referral form on the Care Coordination Website.</p> <p>Limitations: Available through Lutheran Social Services only.</p> |
| Part D Cost Sharing Elimination | All Part D cost share eliminated for Duals with Part D cost share (LIS 1, 2) | | ✓ | Members provide UCare ID card to pharmacy. Out of pocket expense removed for Part D covered medications. |
| Medication Toolkit | <p>To support member's medication adherence goals, CT+Med members may receive a Medication Toolkit that includes:</p> <ul style="list-style-type: none"> • Pillbox, pillbox alarm, pill splitter • Medication tracker and record pad • Medication bag carrier | | ✓ | <p>Qualifying Conditions: No. Available to all CT+M</p> <p>Members can order by calling Customer Service or online by logging in or creating an account on member.ucare.org. Click on Health & Wellness and go to Wellness, Rewards & Allowance to place the order.</p> |

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| | <ul style="list-style-type: none"> Medication disposal form | | | <p>Care Coordinator: Request through Medication Toolkit Order Form on the Care Coordination Website. Email wellness@ucare.org.</p> <p>Allow 4-6 weeks for delivery.</p> <p>Limitations: One kit per calendar year.</p> |
| Other Programs and Referral Forms | Intensive Community Based Services (ICBS) | ✓ | ✓ | <p>Qualifying Dx: Yes. SPMI</p> <p>ICBS: “Feet on the street case management” provided by various providers throughout the state. They provide intensive case management in the community. ICBS Case Managers will go to the member’s home, hospital, treatment center, or wherever the member is residing.</p> <p>Care Coordinators can refer to</p> |
| Other Programs and Referral Forms | Mental Health & Substance Use Disorder Case Management | ✓ | ✓ | <p><u>Member must meet at least one of the following:</u></p> <p>2 inpatient MH/SUD or residential MH/SUD/crisis admissions within the last year</p> <p>2 partial hospitalization episodes within the last year</p> |

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|-----------------|--|---------|--------|---|
| | | | | <p>2 ER visits for an MH/SUD diagnosis within the last 2 months</p> <p>MH/SUD CM will work with the member for a short period of time to support their acute needs and then hand the member back to the CC for ongoing support.</p> |
| | Cecelia Health Virtual Support Program | ✓ | ✓ | <p>Qualifying Dx: Yes. Member must have a diagnosis of diabetes, chronic kidney disease (CKD), Asthma, or COPD to be eligible to participate.</p> <p>Care Coordinator: Members are identified by UCare and Cecelia Health provides outreach. If a member has a qualifying condition and is not involved/declined when provided information, Cecelia Health may be contacted to provide new engagement using the link provided.</p> |
| | Asthma Education Program | ✓ | ✓ | <p>Qualifying Dx: Yes. 1 or more ER/hospitalizations for asthma in the last 24 months • 4 or more asthma medication prescriptions in the last 24 months • Increased or uncontrolled asthma symptoms • Suspected asthma medication non-compliance</p> |

* Supplemental benefit.

Note: For Care Coordinator reference only – not intended for member distribution

| Benefit Details | | Connect | CT+Med | Eligibility/How to obtain Member/Care Coordinator |
|-----------------|-------------------------------------|---------|--------|--|
| | Medication Therapy Management (MTM) | ✓ | ✓ | <p>Specially trained UCare or in-network pharmacists will review member's medications to ensure they are safe, effective, affordable, and easy to use. Medication Therapy Management (MTM) is especially helpful if a member has multiple chronic health conditions, takes several medications multiple times per day, has high prescription costs or multiple prescribers.</p> <p>Connect members with non-integrated Medicare need to access MTM services through their Medicare provider.</p> <p>Care Coordinator Referral Form: MTM/TOC Referral Form</p> <p>Members may self refer outside of a CC TOC referral by "singing up or opting out" to MTM using the online form on the UCare MTM page. CC's cannot opt members in/out of the MTM process on the member behalf. Only members or responsible agents can complete the online form</p> |

* Supplemental benefit.

Note: For Care Coordinator reference only – not intended for member distribution

| Benefit Details | | Connect | CT+Med | Eligibility/How to obtain Member/Care Coordinator |
|-----------------|-------------------------------------|---------|--------|---|
| | Diabetes Management | ✓ | ✓ | Multiple member resources: Explore how you can take an active role in managing your diabetes. |

* Supplemental benefit.

Note: For Care Coordinator reference only – not intended for member distribution