



UCare Connect 2026 Additional Benefit Summary

(Highlighted = Adjustments in 2026)

Information on each benefit including instructions on how to obtain: [Benefits, Perks, Resources](#)

Benefit Details		Connect	Eligibility / How to obtain Member / Care Coordinator
Healthy Benefits + Visa card (General Information)	<p>Members will need to activate the Healthy Benefits+ Visa card before using it. Activate the card by calling 1-855-256-4620.</p> <p>To check card balance or request a card:</p> <ul style="list-style-type: none">• Visit healthybenefitsplus.com/ucare• Call 1-833-862-8276 (TTY 711)• Download the Healthy Benefits+ app	✓	<p>Qualifying Conditions: Available to all Connect members.</p> <p>Connect members will receive a card upon their first earned reward. If no reward has been earned, and member would like access to grocery discounts, members can request a card by calling UCare customer service.</p> <p>Limitations: Healthy Benefits+ Visa may not be used for cash-back or cash equivalent, casinos, online gaming, firearms, tobacco, nicotine replacement products, alcohol, copays, deductibles, or premiums. Other restrictions may apply.</p>
Grocery discounts on the Healthy Benefits+ Visa® card	<p>Members can save on healthy foods like milk, whole-grain bread, lean meat, eggs, yogurt, fruits, vegetables and more at participating grocery stores. Weekly discounts are pre-loaded</p>	✓	<p>Qualifying conditions: No. Available to all Connect members.</p>

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	onto the UCare Healthy Benefits+ Visa® card to use similar to coupons. Simply swipe the Healthy Benefits+ card when paying to access your discount.		<p>Care Coordinators: To locate participating stores, see the Grocery Discounts Program.</p> <p>Limitations: This is not a cash benefit. Can only be used at participating grocery stores. Cannot be used at Target or Amazon.</p>
Rewards and Incentives on the Healthy Benefits+ Visa® card	Members can earn rewards for completing certain preventative screenings, tests, or exams. Earned reward dollars will be available to load on the Healthy Benefits+ Visa card. Visit ucare.org/rewards to learn more.	✓	<p>Qualifying conditions: Varies based reward/incentive program. Available to all Connect members.</p> <p>Visit Ucare.org/reward or log in/create an account on member.ucare.org. Click on Health & Wellness and go to Wellness, Rewards & Allowance.</p> <p>Preventive care rewards redeemed are loaded on the member's UCare Healthy Benefits+ Visa card.</p> <p>NOTE: CT members who have not previously received a Healthy Benefits+ Visa will receive their card when they earn an initial reward.</p> <p>Limitations: Rewards/Incentives on the UCare Healthy Benefits+ Visa card can be spent anywhere Visa is accepted, with some exceptions: they cannot be used at Target or Amazon; they cannot be used for cash-back or cash equivalent, casinos, online gaming, firearms,</p>

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			tobacco, nicotine replacement products, alcohol, copays, deductibles, or premiums. Other restrictions may apply. .
One Pass Select	<p>One Pass Select® is a fitness and well-being membership. Members select a level that works for them. .</p> <p>The membership level selected includes access to a variety of resources that will vary by membership level.</p> <p>Memberships may include:</p> <ul style="list-style-type: none"> • Access to up to 20,000 participating fitness locations nationwide • Thousands of live-streaming and on-demand fitness classes • Workout builders to create workouts with instructions. • • Home delivery for healthy groceries and household essentials (limits apply) 	✓	<p>Qualifying conditions: No. Available to all Connect members.</p> <p>Subscription cost varies by membership level. Learn more at ucare.org/onepassselect or call toll-free 1-877-504-6830 (TTY:711) 8 am to 9 pm CT, Monday – Friday.</p>
ADHD and Autism support kit	ADHD and Autism Support kit is available to members with an ADHD or autism diagnosis on file with UCare.	✓	Qualifying conditions: Yes. ADHD or autism, self-attestation.

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	<p>The kit includes:</p> <ul style="list-style-type: none"> • Planner • Metal roller • Phone cord bracelet • Fidget toy • Teething tube <p>Must be an eligible UCare member at the time of the order. Kit contents and availability may be subject to change.</p>		<p>Members can order by calling Customer Service or online by logging in or creating an account on member.ucare.org. Click on Health & Wellness and go to Wellness, Rewards & Allowance to place the order.</p> <p>Care Coordinator: Please request through Customer Service or with the member using their online member account. Allow 4-6 weeks for delivery.</p> <p>Limitations: One kit per calendar year.</p>
Connect to Wellness Kit for Connect	<p>Connect to Wellness kits help members improve their health and wellness and maintain independence in the community. Each kit includes engaging tools to help members reach their health improvement goals. Members can choose one of the following kit options:</p> <ul style="list-style-type: none"> ○ Stress Therapy lamp ○ Dental kit with electric toothbrush 	✓	<p>Qualifying conditions: No Available to all Connect members</p> <p>Members can order by calling Customer Service or online by logging in or creating an account on member.ucare.org. Click on Health & Wellness and go to Wellness, Rewards & Allowance to place the order.</p> <p>Care Coordinator: Please request through Customer Service or with the member using their online member account. Allow 4-6 weeks for delivery.</p> <p>Limitations: One kit per calendar year.</p>
UCare Dental Connection	<p>UCare's Dental Connection helps members manage their dental care with one simple phone call.</p> <ul style="list-style-type: none"> • Find a dental provider or dental home. 	✓	<p>Qualifying conditions: No. Available to all Connect members.</p> <p>Members can call DentaQuest Monday through Friday, 8-5 CST.</p>

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	<ul style="list-style-type: none"> Schedule dental appointments, including appointments for follow-up and specialty care. Coordinate transportation to dental appointments. Coordinate interpreter services for dental appointments. Answer dental benefit and claims questions. 		UCare Connect – 888-227-3310 (toll-free); TTY users call 800-466-7566
Quit Smoking and Vaping Program	Learn how to stop smoking, vaping, or chewing tobacco. Members can get help quitting at no charge through the tobacco and nicotine quit line. Nicotine patches, gum or lozenges are also available to eligible members	✓	<p>Qualifying conditions: No. Available to all Connect members.</p> <p>Member can get more information:</p> <ul style="list-style-type: none"> 1-855-260-9713; TTY 711 myquitforlife.com/ucare Download the Rally Coach Quit for Life mobile app <p>Care Coordinator: Direct the member to call the quit line or visit the myquitforlife.com/ucare website.</p>
Pregnancy, Children & Teens	<p>UCare wants to make sure members have healthy pregnancies.</p> <ul style="list-style-type: none"> Management of Maternity Services (MOMS) program supports health during and after pregnancy. Car seat and car seat safety education at no cost from UCare through our Seats, Education and Travel Safety (SEATS) Program. 	✓	<p>Qualifying conditions: Yes. Pregnancy (in 3rd trimester for SEATS specifically). Available to all Connect members.</p> <p>MOMS Program: As soon as a member learns they are pregnant, they should contact their county financial/eligibility worker.</p> <p>SEATS Program: Car seat and car seat safety.</p> <p>Limitations:</p>

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	<ul style="list-style-type: none"> To learn more, visit ucare.org/healthwellness/pregnancy-children-teens. 		<p>Pregnant members - 1 seat every 12 months. Members do not need to be listed as pregnant in UCare claims to be eligible for a car seat.</p> <p>No replacement seats are available.</p> <p>Members can call UCare Customer Service 612-676-3310 to connect to a county partner.</p> <p>UCare Pregnancy Advisor Nurse Line: 1-855-260-9708 TTY 711 9 am – 5 pm, M-F.</p>

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ILOS - Post-Discharge Meals	Post-discharge meals, up to two meals a day for up to 14 days following a discharge from an inpatient facility.	✓	<p>Qualifying Conditions: Yes. Available to members following hospital inpatient discharge.</p> <p>Care Coordinator: ILOS Job aid</p> <p>Request using ILOS Request Form and submit to CareCoordinationReviews@ucare.org.</p>
Other Programs and Referral Forms	Intensive Community Based Services (ICBS)	✓	<p>Qualifying Dx: Yes. SPMI</p> <p>ICBS: “Feet on the street case management” provided by various providers throughout the state. They provide intensive case management in the community. ICBS Case Managers will go to the member’s home, hospital, treatment center, or wherever the member is residing.</p>
Other Programs and Referral Forms	Mental Health & Substance Use Disorder Case Management	✓	<p>Qualifiers: Yes. Member must meet at least one of the following:</p> <ul style="list-style-type: none"> • 2 inpatient MH/SUD or residential MH/SUD/crisis admissions within the last year • 2 partial hospitalization episodes within the last year • 2 ER visits for an MH/SUD diagnosis within the last 2 months <p>MH/SUD CM will work with the member for a short period of time to support their acute needs and then hand the member back to the CC for ongoing support.</p>

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			Care Coordinator: MHSUD Referral Form
	Disease Management	✓	<p>Qualifying Dx: Yes. Member must have a diagnosis of diabetes, chronic kidney disease (CKD), Asthma, or COPD to be eligible to participate.</p> <p>Care Coordinator: DM Referrals</p>
	<p>Pharmacy Quality Team Services</p> <p>MTM/TOC Services: Specially trained UCare or in-network pharmacists will review members' medications to ensure they are safe, effective, affordable, and easy to use. Medication Therapy Management (MTM) is especially helpful if a member has multiple chronic health conditions, takes several medications multiple times per day, has high prescription costs or multiple prescribers. MSC+ members with non-integrated Medicare need to access MTM services through their Medicare provider. A comprehensive medication review is completed when a member is referred for either MTM or TOC services.</p> <p>Pharmacy Navigator Support: The pharmacy quality team has a team of Pharmacy Navigators who assist with</p>	✓	<p>Medication Therapy Management (MTM) Services, TOC services, and Pharmacy Navigator Support</p> <p>Care Coordinator: Please use the Care Coordinator Referral Form: MTM/TOC Referral Form for pharmacy navigator support services.</p> <p>Members may self-refer outside of a CC TOC referral by "signing up or opting out" to MTM using the online form on the UCare MTM page. CCs cannot opt members in/out of the MTM process on the member behalf. Only members or responsible agents can complete the online form.</p> <p>For questions or additional information, reach out to pharmacyliaison@ucare.org</p>

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	pharmacy gaps in care, adherence concerns, and coordinate care for those with non- optimal medication use for members who are eligible for MTM services.		

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