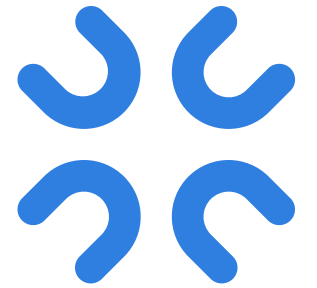


*Lunch & Learn*  
Housing Stabilization Services  
and Statewide Resources

Justin LaBeaux and Halie Gudmonson – UCare Housing Specialists

# Housing Specialists

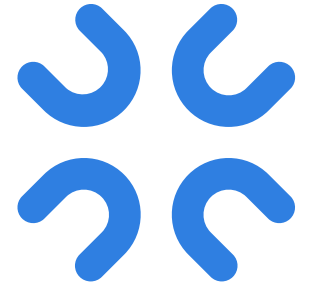


## **Justin LaBeaux**

Justin has been in the Housing Specialist role here at UCare for a little over a year now. Prior to UCare, he worked for a non-profit in Minneapolis as the Director of a Transitional Homeless Shelter and Street Outreach Program. In his free time he enjoys to make music, spend time with friends and family, and play with his two Shiba Inus.

## **Halie Gudmonson**

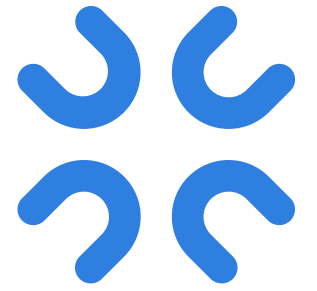
Halie started with UCare roughly 3 years ago. Prior to joining UCare, Halie worked for a several non-profits throughout the metro area specializing in Case Management, Street Outreach, and Shelter. She enjoys being involved in community activities/events and walking around the lakes with her dog Meera.



# Understanding Homelessness in MN

- The Wilder Foundation's 2023 Minnesota Homeless Study & Reservation Study that took place on a single day in October:
  - 10,522 people experiencing homelessness.
  - Families account for 47% of people experiencing homelessness in MN.
  - Overall, 33% of people experiencing homelessness in Minnesota are not in a formal shelter.
  - There was a smaller proportion of people not in formal shelter in the Twin Cities metro (18%), compared to greater Minnesota (32%) and participating reservations (95%) where there are fewer shelters available.

# Agenda



**1** **Housing Stabilization Services**

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**2** **Navigating Statewide Programs**

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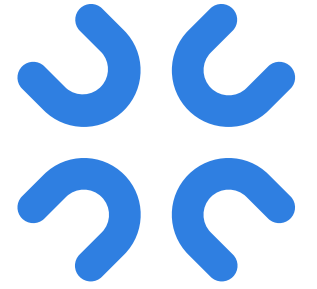
**3** **Financial Assistance and Resources**

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**4** **Q & A**

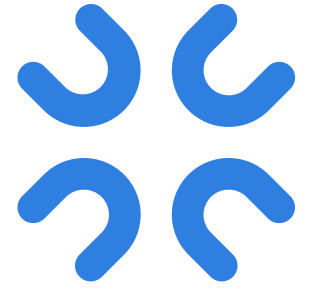
# Housing Stabilization Services

# Housing Stabilization Services



## What is Housing Stabilization Services?

- Housing Stabilization Services is a new (July 2020) Minnesota Medical Assistance benefit to help people 18 and older with disabilities and seniors find and keep housing
- Housing Stabilization Services include three components:
  - Housing Consultation
  - Housing Transition
  - Housing Sustaining



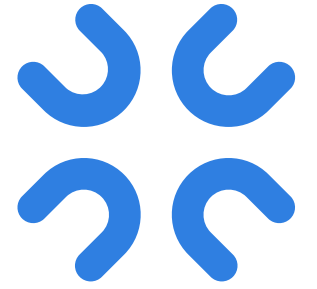
# Housing Stabilization Services

## **Housing Stabilization Services are state plan home and community-based services (HCBS):**

- All services, providers, and settings must meet state and federal home and community-based services requirements
- Housing Stabilization Services are state plan, not waiver, services which means they are available to everyone in Minnesota on Medical Assistance who meets Housing Stabilization eligibility

# HSS Eligibility

# Eligibility



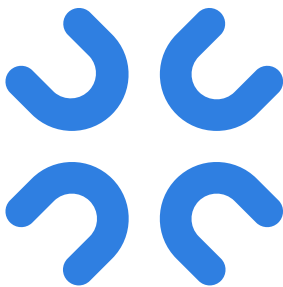
## **Individuals eligible for Housing Stabilization Services must:**

- Be enrolled with Medical Assistance
- Be 18 years of age or older
- Have a disability or disabling condition
- Be in one of the following situations:
  - Currently experiencing homelessness
  - At risk of losing housing
  - Living in, or have recently transitioned from, an institution (ex. hospital or nursing home) or congregate facility (ex. board and lodge, foster home, assisted living)
  - Eligible for waiver services (BI, CAC, CADI, DD, EW)
  - Was homeless before entering a correctional, medical, mental health, or substance use disorder treatment center, and is discharging without a permanent place to live

# Eligibility

## Housing Stabilization Services requires a documented disability to confirm eligibility:

- Developmental disability
- Learning disability
- Mental health
- Illness, injury or incapacity
- Over the age of 65
- Primary pathway: Professional Statement of Need (PSN)
  - Assesses for housing instability, disability or disabling condition and need for services



**Section 2: Disabling Condition**

- For MA Housing Stabilization Services: Must be completed and signed by a Qualified Professional.
- For Moving Home Minnesota services: Must be completed and signed by a Qualified Professional.
- For Minnesota Housing Support: Must be completed and signed by a Qualified Professional or a County/Tribal Designee.
- NOTE: A certified disability determination or formal diagnostic assessment is not required.

Disabling condition	Allowable qualified professional
<input type="radio"/> Developmental Disability	Licensed physician, physician assistant, advanced practice registered nurse (clinical nurse specialist, nurse anesthetist, nurse-midwife, or nurse practitioner), licensed independent clinical social worker, licensed psychologist, certified school psychologist, or certified psychometrist working under the supervision of a licensed psychologist
<input type="radio"/> Learning Disability	Licensed physician, physician assistant, advanced practice registered nurse (clinical nurse specialist, nurse anesthetist, nurse-midwife, or nurse practitioner), licensed independent clinical social worker, licensed psychologist, certified school psychologist, or certified psychometrist working under the supervision of a licensed psychologist
<input type="radio"/> Mental health	Licensed physician, physician assistant, advanced practice registered nurse (clinical nurse specialist, nurse anesthetist, nurse-midwife, or nurse practitioner), tribally certified mental health professional, or mental health professional (a registered nurse certified as a clinical specialist in psychiatric nursing or as a nurse practitioner in psychiatric and mental health nursing, licensed independent clinical social worker, licensed professional clinical counselor, licensed psychologist, licensed marriage and family therapist, or licensed psychiatrist)
<input type="radio"/> Illness, injury, or incapacity	Licensed physician, physician assistant, advanced practice registered nurse (clinical nurse specialist, nurse anesthetist, nurse-midwife, or nurse practitioner), physical therapist, occupational therapist, or licensed chiropractor, according to their scope of practice
<input type="radio"/> Substance Use Disorder	Licensed physician, physician assistant, tribally certified mental health professional, mental health professional (a registered nurse certified as a clinical specialist in psychiatric nursing or as a nurse practitioner in psychiatric and mental health nursing, licensed independent clinical social worker, licensed professional clinical counselor, licensed psychologist, licensed marriage and family therapist, or licensed psychiatrist), a substance use disorder treatment director, an alcohol and drug counselor supervisor, a licensed alcohol and drug counselor, or certified alcohol and drug counselor through the evaluation process established by the International Certification and Reciprocity Consortium Alcohol and Other Drug Abuse, Inc., or the Upper Midwest Indian Council on Addictive Disorder (UMICAD)

**This condition is current and expected (check one):**  
☐ To last at least one year.  
☐ To last less than one year, estimated until: \_\_\_\_\_

NAME OF QUALIFIED PROFESSIONAL	TYPE OF QUALIFIED PROFESSIONAL (FROM ABOVE)
QUALIFIED PROFESSIONAL'S EMAIL ADDRESS AND/OR PHONE NUMBER	QUALIFIED PROFESSIONAL'S AGENCY OR ORGANIZATION
ARE YOU A COUNTY/TRIBAL DESIGNEE? <input type="radio"/> Yes <input type="radio"/> No	WHICH COUNTY OR TRIBE?

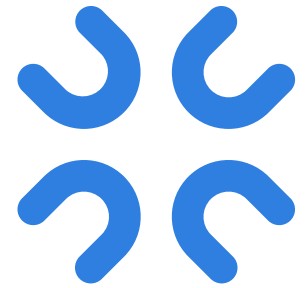
By checking "I agree" and typing my name in the "Signature" field, I understand that I am electronically signing this form. I attest and certify that the information provided above is true and accurate. I understand that my electronic signature has the same legal effect and can be enforced in the same way as a handwritten signature. (MN Stat. §325L.07)

<input type="checkbox"/> I agree	SIGNATURE OR TYPED NAME	DATE
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Page 2 of 5

DHS-7122-ENG 8-24

# Eligibility

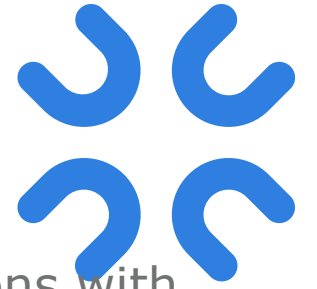


## **Additional approved types of assessments**

- MNChoices Assessment: for housing instability and need for services
  - Contact local county human services
  - Disability Hub MN – [disabilityhubmn.org](https://disabilityhubmn.org) or 866-333-2466
  - Senior LinkAge Line – [mn.gov/senior-linkage-line](https://mn.gov/senior-linkage-line) or 800-333-2433
- Coordinated Entry Assessment: for housing instability and need for services
  - [Hb101.org](https://Hb101.org) or call 2-1-1

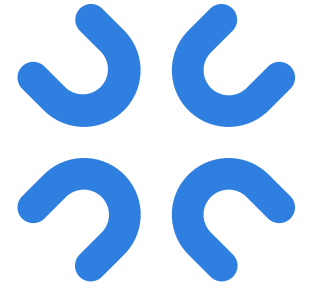
# HSS Consultation

# HSS Housing Consultation



- Developing a housing focused Person-Centered Plan assists individuals to make informed decisions with their housing Transition or Sustaining Services provider.
- Offering resources related to non-housing goals and coordination with other service providers already working with the individual.
- This services is available to individuals on MA who do not have a Waiver Case Manager, Mental Health Targeted Case Manager, or MSHO/MSC+ Care Coordinator involved to complete the assessment and Person-Centered Plan.

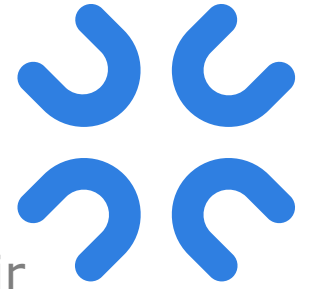
# Person-Centered Plan



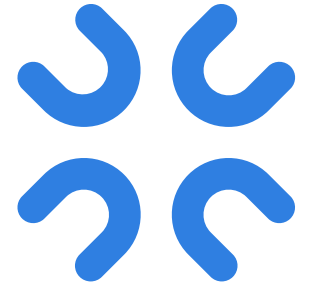
- Individuals receiving HSS are required to have a Person-Centered Plan
- If a member is working with:
  - Waiver Case Manager or MSHO/MSCH+ Care Coordinator, they complete the Coordinated Care Plan to include HSS
  - Targeted Case Manager, they complete the Person-Centered Plan
  - No Waiver or Targeted Case Manager, they are then referred to an enrolled Housing Consultation provider to create Person-Centered Plan
  - If receiving Assertive Community Treatment (ACT), Relocation Service Coordination (RSC), or Moving Home Minnesota, then the Care Coordinator should contact the provider to address housing concerns
- The Case Manager, MSHO/MSCH+ Care Coordinator, or Housing Consultant then sends the completed Coordinated Care Plan to the Transition/Sustaining provider selected by the individual

# HSS Transition Services & Moving Expense

# HSS Transition Services



- Housing Transition Services support an individual as they plan, find and move into homes of their own in the community by developing an individualized housing plan.
- Transition Services are limited to 150 hours per transition. An additional 150 hours may be authorized by DHS for individuals who meet exception requirements.
- Transition Services include:
  - Identifying and assisting in the resolution of barriers to housing access
  - Supporting the individual in applying for benefits
  - Contacting perspective housing opportunities for availability and information
  - Supporting the individual with tenant screening and housing assessment
  - Helping to understand and negotiate a lease
  - Ensuring the new living situation is safe and ready for move

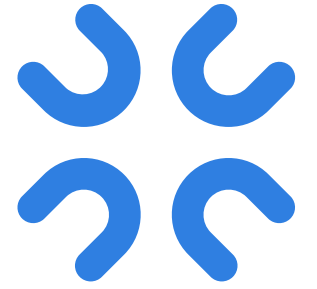


# HSS Transition Services – Moving Expense

## **Moving Expense benefit added –April 2024.**

- Moving expenses are only available to people receiving Housing Stabilization Transition Services
- Non-reoccurring and limited to a maximum of \$3000 annually
- Providers must submit a request to DHS to add Moving Expenses to the individual's current approved Housing Stabilization Services eligibility
- Providers must communicate with each other during provider change to avoid any confusion or provider payment issues

# HSS Transition Services – Moving Expense



- An individual must be transitioning into their own home, approved for Housing Stabilization Services and leaving one of the following living situations to qualify for the Moving Expense (ME):
  - Medicaid funded institutional settings: Nursing facilities, hospital –including Community Behavioral Health Hospitals (CBHH), Intermediate Care Facilities for individuals with developmental disabilities (ICF/DD), Child and Adolescent Behavioral Health Services Facility (PRTF), or Institutions for Mental Disease (IMD)
  - Currently homeless and has stayed in a shelter or county-funded emergency shelter at some point in the past 12 months. Individual must self report shelter stay
  - Adults Foster Care, Community Residential Services, Assisted Living, IRTS, Residential Crisis Stabilization, Residential Mental Health Programs with 16 beds or less, Community Behavioral Health Hospitals, SUD settings that are not IMD, Housing Support, Transitional Housing, Board and Lodge as well as Boarding Care Homes.

## Housing Stabilization Services Moving Expenses Covered Items

*This list is not exhaustive since cultural needs may differ when establishing a home*

### Costs Associated with Moving

- Bridging delivery fees
- Garbage bags
- Mover, moving vehicle
- Bridging appointment fee
- Cleaning supplies
- Professional movers
- One-time pest control treatment
- One storage claim per year submitted one time for up to 90 days
- Moving boxes and moving tape
- Back payment of utilities bills to ensure housing placement
- Connection fees for utilities
- One-time storage release fee to remove items to take to the person's home
- Cost of securing documentation that is required to obtain a lease on an apartment or home

### Household Goods

- Air Conditioner
- Sofa
- Sleeping pillow
- Broom and dustpan
- Side table
- Vacuum
- Can opener
- Nightstand
- Coffee mugs
- Dresser
- Coffee table
- Lamps
- Drinking glasses
- Chair
- Food storage containers
- Drying rack
- Dining table and chairs
- Toilet plunger
- TV stand
- Electric kettle
- Box spring
- Laundry soap (at move in only)
- Iron
- Desk
- Hand soap
- Ironing board
- Love seat
- Household cleaners
- Knives
- Dish rags and towels
- Cutting board
- Laundry basket
- Curtains or blinds
- Fire extinguishers
- Mattress
- Small kitchen appliances
- Sponges
- Towels for bath and kitchen
- Air fryer, crock pot, etc.
- Toilet brush
- One set of oven safe dishes
- Trash cans
- Microwave
- Bed frame
- Culturally specific cooking items
- Mop bucket
- Desk chair
- Hangers
- Mops
- Cooking utensils
- Rugs
- One set of baking sheets
- One set of pots and pans
- One set of bedding; sheets, comforter, pillows, mattress pad, etc.
- Strainer
- Eating utensils and holder; maximum 8-place setting
- One set of bathroom essentials: shower curtain, shower liner, shower curtain rings, rugs, towels, bathmat, shower caddy, etc.

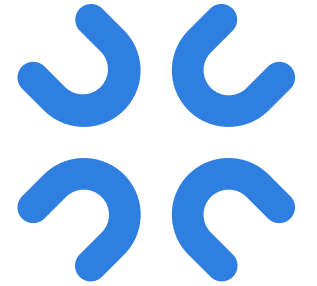
### Items Not Covered by Housing Stabilization Services Moving Expenses

- Rent and mortgage payments
- Food: perishable and non-perishable items
- Clothing: all garments
- Cell phones, monthly cell phone payments, back payments
- Recreational items such as computers (desktops and laptops), cable television, streaming devices, internet services and monthly payments associated with these items



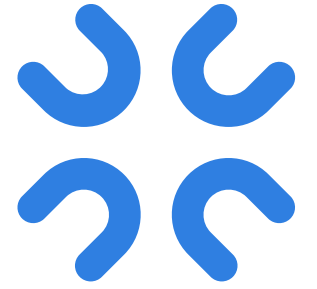
# HSS Sustaining Services

# HSS Sustaining Services



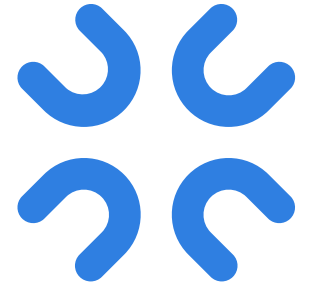
- Sustaining Services support an individual to maintain living in their own home through prevention and early identification of behaviors that may jeopardize their housing.
- Housing sustaining services are limited to 150 hours annually
- People must be living in one of the following settings:
  - Individual or family housing unit/homes
  - Provider-controlled settings, other than community residential settings and adult foster care that meet the home and community-based services settings requirements

# HSS Sustaining Services



- Sustaining Services include:
  - Assistance with the housing recertification process
  - Training and support on being a good tenant, lease compliance, and household management
  - Supporting the individual to understand and maintain income and benefits to retain housing
  - Support the building of natural housing supports and resources within the community
  - Arranging for assistive technology
  - Arranging for adaptive house related accommodations
  - Transportation with the person receiving services present and discussing housing related issues
  - Promoting/supporting cultural practice needs and understandings with landlords, property managers and neighbors

# Navigating HSS Providers



- **Resources to Locate**

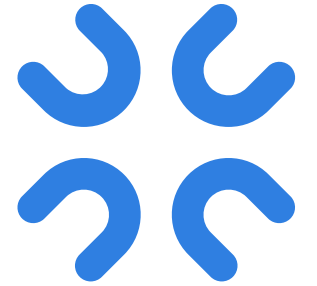
- [MinnesotaHelp.info® \(mnhelp.info\)](https://mnhelp.info)
- [HB101 Minnesota - MA Housing Stabilization Services](#)
- [MN DHS Served Workflow \(state.mn.us\)](https://state.mn.us)

- **Changing Housing Stabilization Service Providers**


- A person may change their housing service provider at any time
- This change of provider must be reflected in their person-centered plan developed by a waiver case manager/care coordinator/targeted case manager/housing consultant and uploaded into the eligibility review system as a provider change request by the new provider
- The new provider will be paid for services starting with the new effective date
- A provider should share the service plan with the waiver case manager/care coordinator/targeted case manager/housing consultant who created the person-centered plan that covered Housing Stabilization Services within three months of service start

# Navigating Statewide Programs

# Shelter and Street Outreach Services








- Geographical Programs/Resources
- Contact/Referral Information
- HB101 Minnesota – Home
- MinnesotaHelp.info®
- MN DHS Served Workflow (state.mn.us)
- United Way 2-1-1
- Drop-in Centers



Housing Benefits 101

Your Home. Your Choice.

[HOME](#)
[SITUATIONS](#)
[PROGRAMS](#)
[PLACES](#)
[MY VAULT](#)
[GLOSSARY](#)
[PARTNERS](#)

Plan for Your Home, with the Services You Need


Explore your housing options.


Discover what works for you.


Make a plan to get there.

BUILD YOUR PLAN IN THE VAULT

→








HB101 Places

Find the right home + services for you.



Homeless Services in Minnesota

Use this map to find Coordinated Entry access points in your area.

Select your county to find local Coordinated Entry resources. **Note:** For tribal housing programs, see [HB101's Tribal Housing article](#).

County: **Ramsey**

Ramsey

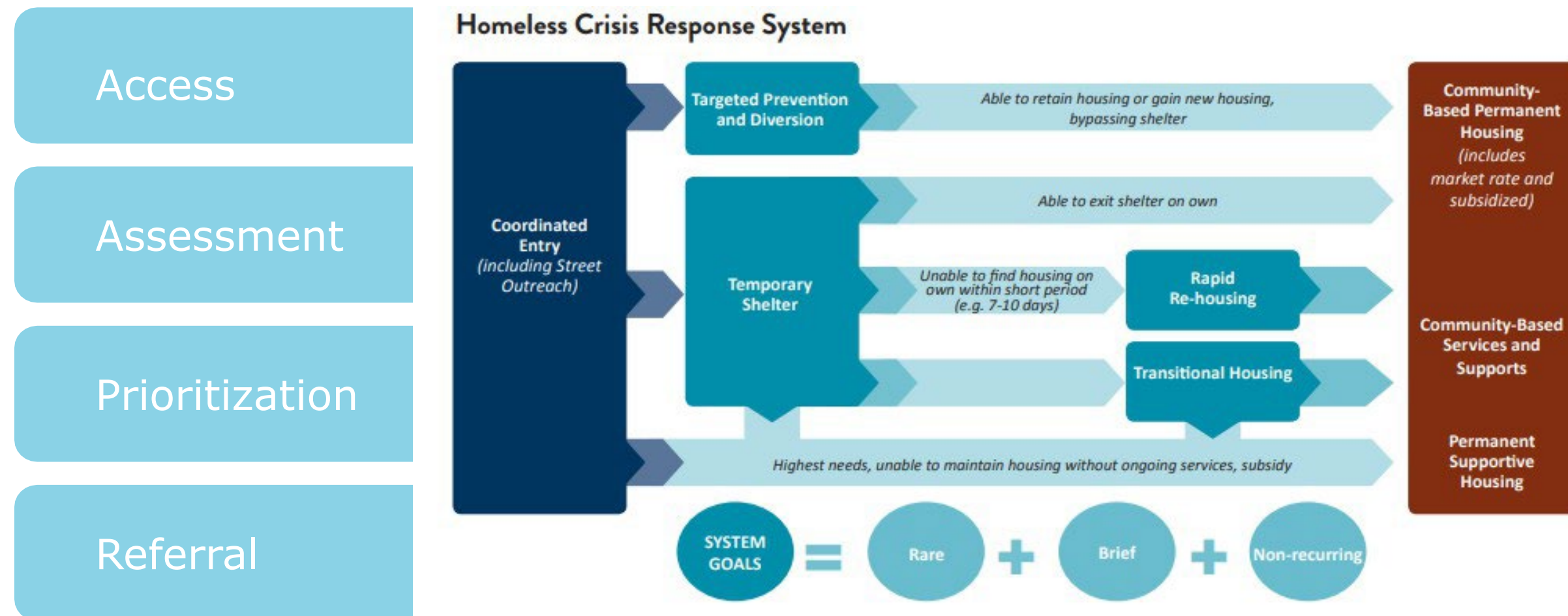
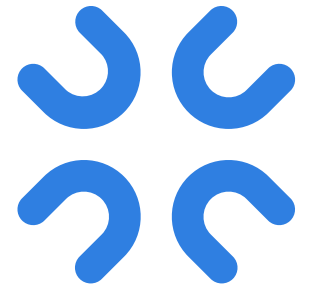
### Resources in Ramsey County

Contact the Coordinated Entry resources that help people in your situation. You can also try resources in other counties.

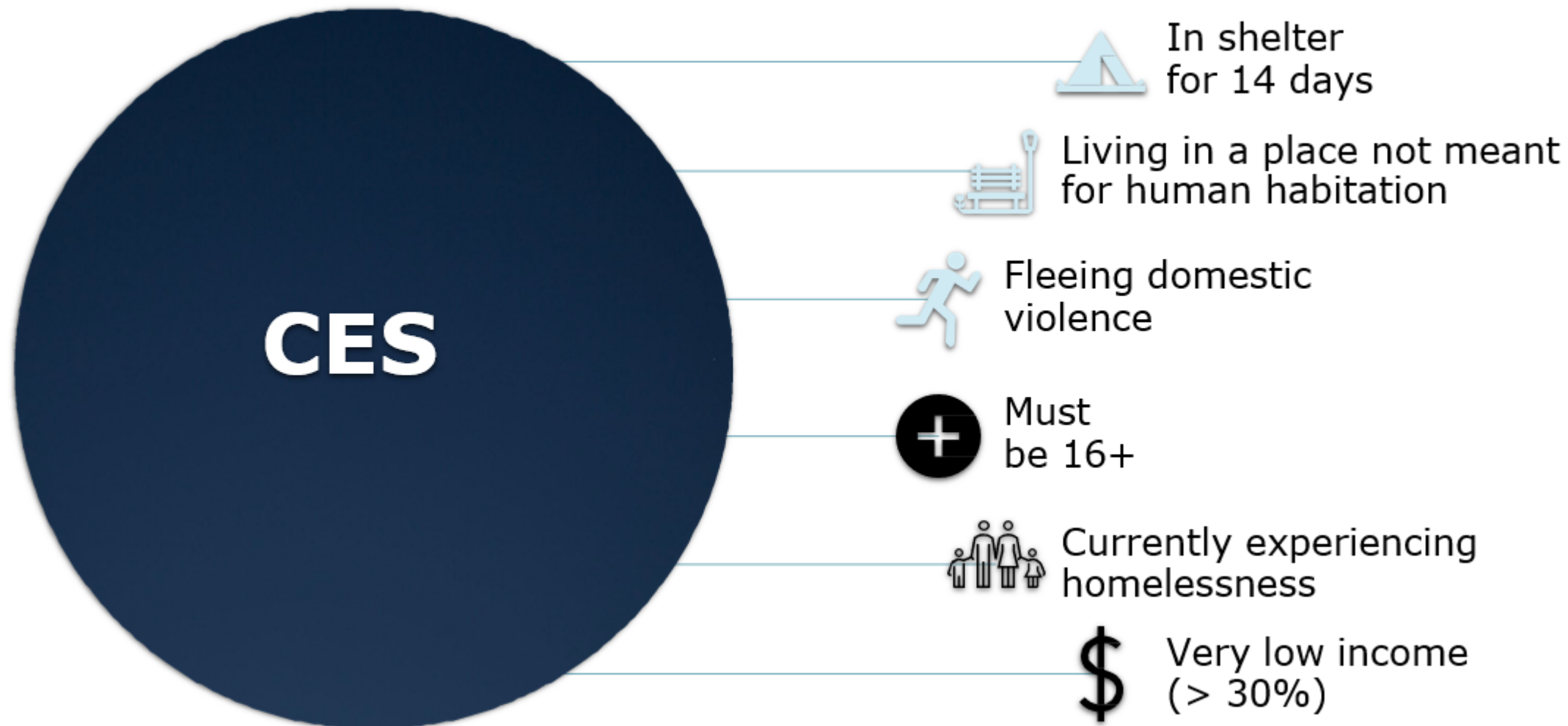
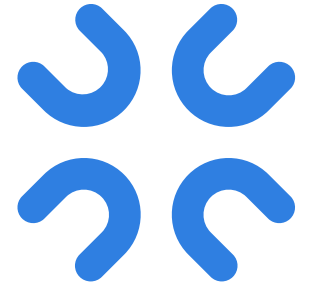
Print

If You Are...	Resource	Contact Info
Families	Ramsey County Coordinated Access to Housing and Shelter	651-215-2262
Singles	Catholic Charities Higher Ground Shelter	651-647-2350
Youth	SafeZone Drop in Center	651-224-9644
Youth	<a href="#">Youth Services Network</a>	<a href="https://ysnmn.org">https://ysnmn.org</a>

# Coordinated Entry System



# Who is eligible for CES?



# Definitions of Homelessness



## Minnesota Long-Term Homeless (LTH)

Individuals, unaccompanied youth, or families with children who lack a permanent place to live continuously for a year or more or at least four times in the past three years. Includes doubled up/couch hopping. Transitional/institutions are neutral \* <90 in an institution is considered towards unsheltered time period.

Minnesota's definition does not require that the person have a disabling condition.

## Chronic Homelessness (HUD)

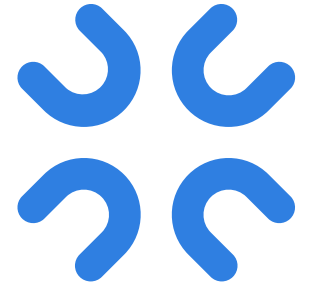
Chronic homelessness is defined to mean a homeless individual with a disability who lives either in a place not meant for human habitation, a safe-haven, or in an emergency shelter. 12 months continuously or 4 times in 3 years. Each period separating the occasions must include at least 7 nights of living in a situation other than a place not meant for human habitation, in an emergency shelter, or in a safe-haven.

Families experiencing chronic homelessness have adult heads of household who meet the definition of a chronically homeless individual.

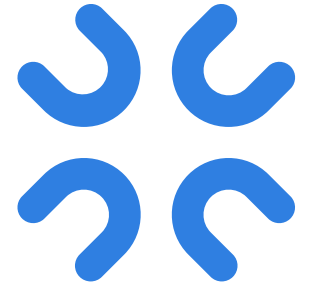
## At-Risk of Homeless

A household or person that is faced with a situation or set of circumstances that is likely to cause the household to become Homeless in the future, including: Living in substandard housing, living in housing that is inadequate for the size of the household, living in housing with a person who engages in domestic violence, paying more than 50 percent of household gross income for rent, having insufficient household resources to pay for current housing and meet other basic needs.

# Housing Opportunities



Permanent Supportive Housing	Site-Based and Scattered Site, Supportive Services, LTH/HUD, CES & Community Based
Transitional Housing	Temporary (24 months or less), facilitates move to permanent housing
Rapid Re-Housing	Time limited (3-24months), tailored supports to eventual independence from funding/ongoing services, CES
Harm Reduction Housing	Sobriety not required, CES & Community Based, Supportive Services, low-barrier
Sober Living	Referral & Community Based
Family Housing	Site-Based and Scattered Site, Supportive Services, LTH/HUD/RRH, CES
Youth Housing	Site-Based, CES
Senior Housing	Site-Based, Supportive Services, Referral (55+, 62+, 65+)

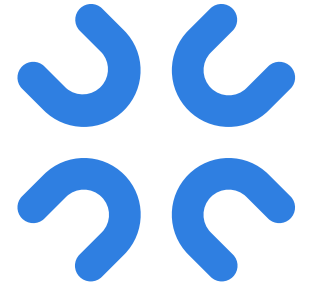


# What is Public Housing?

- What is public housing?
  - Property is owned by government authority (local or federal)
- What is social housing?
  - Property owned and managed by state AND by an organization
  - Example: Claire Housing
- Acquiring Public Housing
  - Waitlists
  - Emergency Housing Vouchers

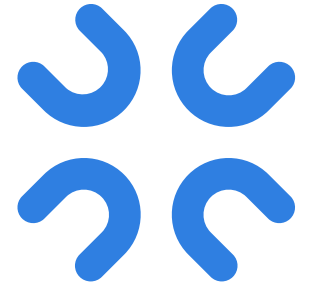


# What is a Housing Choice Voucher?



- Payment of rental housing assistance to landlords on behalf of low-income households
- “Section 8”
- Not limited to units located in subsidized housing projects (community based)
- Administered by public housing agencies
- Family/individual pays the difference between actual rent charged and amount subsidized
- Anyone who has very low or low annual income (80% or 50% of median income for area computed annually by HUD)

# Minnesota Associated of Sober Homes (MASH)



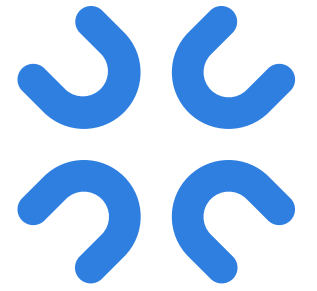
- Lists market rate housing that is dedicated to helping people in their transition into a sober lifestyle
- Sober homes are privately owned and operated, and provide a supportive, structured living environment for people in recovery that offer varying levels of support
- Resident Resources include:
  - Addiction Treatment Centers, County Resources, Food and Housing Resources, Grief and Trauma, LGBTQ+ Resources, Recovery Programs, Sexual Health Support and Clinics and Veteran Resources
- MASH can be reached at (651) 223-6274
  - Contact Form can be filled out on their website: [Contact — Minnesota Association of Sober Homes.](#)

# Financial Assistance and Resources

# Financial Assistance and Resources



- County Resources: Emergency Assistance is usually a one-time payment for individuals experiencing a financial hardship such as an eviction or utility shut-off. If you are in this situation, you should contact the county in which you reside to apply.
  - Individuals must provide eviction notice, copy of utility bills and/or disconnection notice, I.D., proof of current address and more to receive financial assistance
- Family Homeless Prevention and Assistance Program (FHPAP)
  - Contact local county or call 2-1-1
- Community and Statewide Resources: Community-based organizations that provide aid and resources based on what is available.
  - i.e.: Lutheran Social Services, His House, 30 Days Foundation, Family Housing Fund, Community Action Partnerships etc.
- Energy Assistance
  - Income based utility assistance



# Financial Assistance and Resources

- HOME Line: a nonprofit Minnesota tenant advocacy organization that provides free and low-cost legal, organizing, education, and advocacy services so that tenants throughout Minnesota can solve their own rental housing problems
- Landlord and Tenant rights handbook from the Office of the Minnesota Attorney General: [Landlords and Tenants](#).
- Beyond Backgrounds: Helps individuals with barriers (primary criminal history) to housing with added resource navigation and support
- General Housing Search:
  - [Housinglink.org](#)
  - [Craigslist.com](#)
  - [Zillow.com](#)

# Q & A

- **What questions do you have for us today?**

Thank you!