

# Provider Bulletin

## News and Information



Nov. 17, 2025

### Authorization and notification requirements update

Effective Jan. 1, 2026, UCare will make the following changes to the prior authorization and notification grids. The chart below outlines the services that will change, the new authorization or notification requirements and the products that will undergo these changes.

Service	New requirement	Product
<b>Product key:</b> <ul style="list-style-type: none"><li>- Minnesota Senior Care Plus (MSC+)</li><li>- Minnesota Senior Health Options (MSHO)</li><li>- Prepaid Medical Assistance Program (PMAP)</li></ul>		
Psychotherapy	Threshold limit of 52 visits per year, each, individual and group psychotherapy. Authorization is required for additional visits.	MSC+, MHSO, MinnesotaCare, PMAP, UCare Connect, UCare Connect + Medicare
Physical therapy	Prior authorization is required after 14 visits per year.	MSC+, MHSO, MinnesotaCare, PMAP, UCare Connect, UCare Connect + Medicare, UCare Individual and Family Plans
Occupational therapy	Prior authorization is required after 24 visits per year.	MSC+, MHSO, MinnesotaCare, PMAP, UCare Connect, UCare Connect + Medicare, UCare Individual and Family Plans
Withdrawal management	Notification of admission is no longer required. Treatment lasting more than four days will require continued stay review and authorization.	MSC+, MHSO, MinnesotaCare, PMAP, UCare Connect, UCare Connect + Medicare, UCare Individual and Family Plans

Prior authorization grids and forms are available on the [UCare Authorizations page](#). Contact UCare's Provider Assistance Center at 612-676-3300 or 1-888-531-1493 toll-free, Monday through Friday, 8 am – 5 pm with questions.

#### Medical drug authorization updates

Care Continuum will continue to perform medical drug prior authorization reviews for in-network providers on UCare's behalf. UCare reviews all out-of-network provider requests for all lines of business.

- In-network providers can initiate a Care Continuum request via the [EviCore portal](#), fax 1-877-266-1871 or call 1-800-818-6747.
- Out-of-network providers fax the [authorization request form](#) to UCare at 612-617-3948.

Visit UCare's [Pharmacy page](#) to access the:

- Medical Injectable Drugs Authorization List for drugs that require prior authorization
- Corresponding criteria
- Medical drug authorization request form, found within the Medical Injectable Drug Prior Authorization Resources accordion