

# Provider Bulletin

## News and Information



June 9, 2025

### Criteria clarification related to new Intrasept authorization reviews

On June 1, 2025, UCare began requiring prior authorization for CPT codes 64628 and 64629, thermal destruction of the intraosseous basivertebral nerve (i.e., Intrasept), for all products. UCare uses InterQual criteria to review these requests for medical necessity. InterQual criteria require, among other conservative steps, a treatment course with cognitive behavioral therapy (CBT) within the past year.

The criteria specify “treatments,” which UCare considers distinctly different than evaluation alone. UCare has determined that an appropriate course of treatment with CBT would be expected to last at least 12 weeks in most clinical circumstances.

The CBT requirement is a part of an adequate trial of conservative care. This care is based on expert guidelines that conclude that CBT is recommended in combination with physical therapy (PT), as compared to PT alone, to improve pain levels in patients with low back pain. Providers may reference the [North American Spine Society Clinical Guidelines on the Diagnosis and Treatment of Low Back Pain](#) and the multiple studies referenced within those guidelines.