

Provider Bulletin

News and Information



REVISED October 10, 2025

October 10, 2025, Revision: The May 14, 2025, bulletin has been revised. A new reference link has been added below "What is a self-administered drug?" The new link is listed in red.

Self-administered drug exclusion on medical benefit

Effective July 1, 2025, UCare will require self-administered drugs to be obtained through a pharmacy and not from health care providers during office or outpatient visits. This change applies to members in Medical Assistance (Medicaid) and UCare Individual and Family Plans (IFP) lines of business. Self-administered drugs are already excluded on the Medicare line of business and will continue to be excluded. Claims for self-administered drugs submitted under the medical benefit after July 1, 2025, will be denied.

What is a self-administered drug?

Self-administered drugs are medications that patients can take on their own without the supervision of a health care professional. UCare is identifying self-administered drug in alignment with the Centers for Medicare and Medicaid Services list of self-administered drugs identified in the following linked article:

[Article - Self-Administered Drug Exclusion List: Medical Policy Article \(A53021\)](#)

What does this mean for providers?

- Providers should direct patients to receive self-administered drugs through an in-network specialty pharmacy or retail pharmacy as appropriate. UCare will communicate this change to impacted members before July 1, 2025.
- Prior authorization for self-administered drugs on the medical benefit will be honored on the pharmacy benefit.
- Future prior authorizations for applicable self-administered drugs will need to be submitted through the pharmacy benefit channel.

Policy

Providers will find this policy and others in [UCare's Payment Policies](#) library.

Contact UCare's Provider Assistance Center at 612-676-3300 or 1-888-531-1493 toll-free, Monday through Friday, 8 am – 5 pm with questions.