

Provider Bulletin



News and Information

Oct. 23, 2024

Authorization and notification requirements update: Adult Rehabilitative Mental Health Services

On Jan. 1, 2025, UCare will remove prior authorization requirements for Adult Rehabilitative Mental Health Services (ARMHS) for contracted providers. Beginning Jan. 1, 2025, authorization will be required after services have exceeded the limits indicated in the following chart.

Services	Requirements	Code requiring authorization CPT/HCPC codes	Threshold units
ARMHS Basic living and social skills	Authorization is required for more than 300 hours/ 1200 units per calendar year.	H2017	1200 units
ARMHS Environmental or community intervention	Authorization is required for more than 72 sessions per calendar year.	90882	72 units
ARMHS Medication education	Authorization is required for more than 26 hours/104 units per calendar year.	H0034	104 units

Please note that Mental Health Assessment (H0031) and Mental Health Service Plan Development by a Nonphysician (H0032) do not require authorization for contracted providers as of Jan. 1, 2024.

Threshold units are cumulative per member. Providers are responsible to ask UCare members if they are currently receiving the same health care services from another provider. If a member is receiving the same services from another provider, the providers must coordinate services and document in the member's record how the services were coordinated. UCare will not inform providers of services a member is receiving from other providers. See UCare's [ARMHS payment policy](#) for more details.

Providers can submit a request for authorization if services have exceeded the limits indicated in the above chart by completing the Mental Health Outpatient request form. This form is available on [UCare's Mental Health and Substance Use Disorder Services Authorization page](#) within the UCare Authorization & Notification Forms section.

Prior authorization of services does not guarantee payment.

Contact UCare's Provider Assistance Center at 612-676-3300 or 1-888-531-1493 toll-free, Monday through Friday, 8 am – 5 pm with any questions.