

Withdrawal Management Added to Mental Health and Substance Use Disorder Services Authorization and Notification Requirements

On Jan. 1, 2020, UCare included Withdrawal Management in its benefit set for members enrolled in a state public program (Prepaid Medical Assistance Program, MinnesotaCare, Minnesota Senior Health Options, Minnesota Senior Care Plus, UCare Connect and UCare Connect + Medicare). As shown below, Withdrawal Management was added to the Mental Health and Substance Use Disorder Services authorization and notification requirements grid as a notification requirement.

SERVICES	REQUIREMENTS	CODE REQUIRING AUTHORIZATION CPT / HCPC CODES	THRESHOLD UNITS
Withdrawal Management	Notification required within 24 hour of intake. Concurrent review required for additional days. <i>(Treatment based on Comprehensive Assessment.)</i>	Follow MHCP Guidelines	N/A

To avoid confusion with other like services, UCare has created a Notification of Admission form for Withdrawal Management services. The updated form and the authorization and notification grid is available on the [State Public Programs Authorization page](#) (click the Behavior Health tab at the top).