

# Earn a \$30 reward

## Blood glucose (A1C) test

### Schedule your screening and earn a \$30 reward

An A1C test is a simple blood test that measures your average blood sugar levels over the past three months. Higher A1C levels could indicate diabetes complications, so reaching and maintaining your A1C goal when you have diabetes is important. You should also have a yearly dilated or retinal eye exam and urine protein test. These tests help your doctor detect signs of damage to your heart, blood vessels, nervous system or kidneys.

Find out what other rewards you may be eligible for — sign in or create an online member account at [member.ucare.org](https://member.ucare.org). Once you're signed in, go to *Health & Wellness*, then *Wellness, Rewards & Allowance*. For more information, call the customer service number on the back of your EssentiaCare member ID card.

### Terms and conditions

- Limit one reward per program, per calendar year, for eligible members with diabetes
- Member must be enrolled in an eligible EssentiaCare plan at the time of the exam, test or screening and at the time of redemption
- Date of service must be completed during the plan year listed on the voucher and mailed back to EssentiaCare within the plan year.
- Members must have provider complete and sign the voucher prior to returning it
- Incomplete or ineligible vouchers will be denied, and you will be notified by mail
- Reward dollars will be loaded on your Healthy Benefits+ Visa® card. If you have not received a card, one will be mailed to you.
- Reward dollars on your Healthy Benefits+ Visa card will expire upon plan termination
- Rewards are subject to change. EssentiaCare reserves the right to deny rewards for any reason

### Statement of Nondiscrimination

EssentiaCare complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 612-676-3200/1-800-203-7225 (TTY 612-676-6810/1-800-688-2534).

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 612-676-3200/1-800-203-7225 (TTY 612-676-6810/1-800-688-2534).

# \$30 reward

## Blood glucose (A1C) test

Please use black ink. All fields required.

### To be completed by member:

EssentiaCare member ID number \_\_\_\_\_ Member date of birth \_\_\_\_\_

Member name \_\_\_\_\_

Mailing address \_\_\_\_\_

City, state, zip \_\_\_\_\_

### To be completed by doctor/clinic staff:

Blood glucose (A1C) test documented in the patient record?  Yes  No

Diabetic condition documented in the patient record?  Yes  No

2024 date of A1C test \_\_\_\_\_

Clinic name \_\_\_\_\_

Clinic phone \_\_\_\_\_

Doctor/clinic staff signature \_\_\_\_\_

Allow 4 – 6 weeks for reward delivery. Eligible screenings must be completed in 2024.

Mail to:

ATTN HEALTH PROMOTION

UCARE ESSENTIACARE

PO BOX 52

MINNEAPOLIS, MN 55440-9682