

Earn a \$30 reward

Diabetes dilated or retinal eye exam

Complete an eye exam and earn a \$30 reward

Diabetes is a disease that can impact many areas of your body, including your eyes. It increases your risk for eye conditions, such as glaucoma and cataracts. Diabetes can also damage the blood vessels in your eyes, and even lead to vision loss. That's why it's important to maintain safe blood sugar levels and have your eyes checked every year.

Find out what other rewards you may be eligible for — sign in or create an online member account at member.ucare.org. Once you're signed in, go to *Health & Wellness*, then *Wellness, Rewards & Allowance*. For more information, call the customer service number on the back of your EssentiaCare member ID card.

Terms and conditions

- Limit one reward per program, per calendar year, for eligible members with diabetes
- Member must be enrolled in an EssentiaCare plan at the time of the exam, test or screening and at the time of redemption
- Date of service must be completed during the plan year listed on the voucher and mailed back to EssentiaCare within the plan year
- Members must have provider complete and sign the voucher prior to returning it
- Incomplete or ineligible vouchers will be denied, and you will be notified by mail
- Reward dollars will be loaded on your Healthy Benefits+ Visa® card. If you have not received a card, one will be mailed to you.
- Reward dollars on your Healthy Benefits+ Visa card will expire upon plan termination
- Rewards are subject to change. EssentiaCare reserves the right to deny rewards for any reason

Statement of Nondiscrimination

EssentiaCare complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 612-676-3200/1-800-203-7225 (TTY 612-676-6810/1-800-688-2534).

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 612-676-3200/1-800-203-7225 (TTY 612-676-6810/1-800-688-2534).

\$30 reward

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Please use black ink. All fields required.

To be completed by member:

EssentiaCare member ID number _____ Member date of birth _____

Member name _____

Mailing address _____

City, state, zip _____

To be completed by doctor/clinic staff:

Dilated or retinal eye exam documented in the patient medical record? Yes No

Diabetic condition documented in patient record? Yes No

2024 date of eye exam _____

Clinic name _____

Clinic phone _____

Doctor/clinic staff signature _____

Allow 4 – 6 weeks for reward delivery. For eligible visits completed in 2024.

Mail to:

ATTN HEALTH PROMOTION

UCARE ESSENTIACARE

PO BOX 52

MINNEAPOLIS, MN 55440-9682

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U9504 (11/2023)

EssentiaCare
Essentia Health + UCare