

Earn a \$50 reward

Colon cancer screening

Schedule your screening and earn a \$50 reward

Early detection matters. Regular colon cancer screening is the best way to find cancer in its early stages. When colon cancer is found and treated early, many individuals go on to live a long and healthy life. Your doctor may recommend a colonoscopy every 10 years. If you have other risk factors, your doctor may recommend a screening sooner.

Complete one of the following screenings to earn a reward:

- Colonoscopy (recommended every 10 years)
- Sigmoidoscopy (recommended every five years)

Ask your doctor which screening test is right for you. At-home test kits (including Everlywell test kits) are not eligible for a reward.

Find out what other rewards you may be eligible for — sign in or create an online member account at member.ucare.org. Once you're signed in, go to *Health & Wellness*, then *Wellness, Rewards & Allowance*. For more information, call the customer service number on the back of your EssentiaCare member ID card.

Terms and conditions

- Limit one reward per program, per calendar year, for eligible members
- Member must be enrolled in an eligible EssentiaCare plan at the time of the exam, test or screening and at the time of redemption
- Date of service must be completed during the plan year listed on the voucher and mailed back to EssentiaCare within the plan year
- Members must have provider complete and sign the voucher prior to returning it
- Incomplete or ineligible vouchers will be denied, and you will be notified by mail
- Reward dollars will be loaded on your Healthy Benefits+ Visa® card. If you have not received a card, one will be mailed to you.
- Reward dollars on your Healthy Benefits+ Visa card will expire upon plan termination
- Rewards are subject to change. EssentiaCare reserves the right to deny rewards for any reason

Statement of Nondiscrimination

EssentiaCare complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 612-676-3200/1-800-203-7225 (TTY 612-676-6810/1-800-688-2534).

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 612-676-3200/1-800-203-7225 (TTY 612-676-6810/1-800-688-2534).

\$50 reward

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Please use black ink. All fields required.

To be completed by member:

EssentiaCare member ID number _____ Member date of birth _____
Member name _____
Mailing address _____
City, state, zip _____

To be completed by doctor/clinic staff:

Screening type: Colonoscopy Sigmoidoscopy
Colon cancer screening documented in the patient medical record? Yes No
2024 date of colon cancer screening _____
Clinic name _____
Clinic phone _____
Doctor/clinic staff signature _____

Allow 4 – 6 weeks for reward delivery. Eligible screenings must be completed in 2024.

Mail to:

ATTN HEALTH PROMOTION
UCARE ESSENTIACARE
PO BOX 52
MINNEAPOLIS, MN 55440-9682

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