



2026 UCare Connect + Medicare (SNBC) (HMO D-SNP)

A Medicare Advantage Special Needs Plan for Minnesota adults with Medical Assistance (Medicaid), Medicare and a certified disability



Is UCare Connect + Medicare right for you?

Enroll if you:

- ✓ Are at least age 18 and under age 65
- ✓ Have Medical Assistance and Medicare Part A and Part B
- ✓ Have a certified disability
- ✓ Live in the UCare Connect + Medicare service area

Counties in the UCare Connect + Medicare service area

Anoka	Dakota	Ramsey	Washington
Benton	Hennepin	Scott	Wright
Carver	Isanti	Sherburne	
Chisago	Mille Lacs	Stearns	

Join at no cost to you

Medicare Part B premiums will apply.



Get more with UCare Connect + Medicare

UCare Connect + Medicare combines your Medicare, Medical Assistance and Medicare Part D benefits and services. It also offers you additional UCare benefits like:

- **\$0 glasses upgrades** like non-glare coating, photochromic tinting and progressive lenses
- **Rewards** for taking care of your health loaded to your UCare Healthy Benefits+ Visa® card

If you have Medical Assistance and Medicare, consider UCare Connect + Medicare

Adults 18 – 64 years of age who have both Medical Assistance and Medicare can choose the one-plan convenience of UCare Connect + Medicare. Our plan offers more benefits and services than straight Medical Assistance.



Switch to UCare Connect + Medicare any time, year round. Call a licensed UCare specialist today to learn more.

1-866-812-1932
TTY 1-800-688-2534



Take advantage of our wide network

Go to search.ucare.org to look for:



People

Doctors, specialists, dentists, chiropractors and other care providers



Places

Hospitals, clinics, home health care, hospice, urgent care and more



Pharmacies

Community, hospital, clinical and online pharmacies

If you prefer, request a paper copy of the Provider and Pharmacy Directory at 1-866-857-2417 (TTY 1-800-688-2534).

Go to ucare.org/searchdruglist to find:



Drugs

Download the complete formulary or search the list of covered drugs

Care coordination supports your best health

Personalized, dedicated help to improve your quality of life and well-being

When you enroll in a UCare Connect + Medicare plan, you also get personalized care coordination and increased benefits. Your care coordinator helps to:

- Find or change your primary care clinic or doctor
- Arrange transportation, dental, mental health or other benefits and services
- Share information about preventive care, like annual checkups, vaccinations and screenings
- Ease the transition from hospital to home or nursing home, or other moves between care settings
- Support you to start exercising, quit smoking, find food or housing support, or take other steps to improve your health
- Talk to your providers to improve your care with your plan's programs

Care coordinators help caregivers support their loved one

Robert's story: Keeping watch and capturing trends

Robert's* care team noticed a bit of weight gain and other symptoms and suspected congestive heart failure (CHF). His care coordinator developed a plan with staff support to routinely check for respiratory concerns and monitor his weight. The care team conducted an edema check twice a week, looking for visible signs of swelling. They watched Robert for shortness of breath, difficulty breathing, chest pain, or swelling and pain in his limbs. Robert and his family were able to rely on his care team, knowing the care coordinator reviewed progress notes, trending vitals and key stats to provide timely updates.



*Member story is representative and based on real member experiences but is not a testimonial.

UCare Connect + Medicare offers more benefits

UCare Connect + Medicare (SNBC) (HMO D-SNP) and straight Medical Assistance

Additional benefits to improve your health		UCare Connect + Medicare	Straight Medical Assistance
Key perks	\$0 premiums, deductibles and Medical Assistance cost-sharing*	✓	✓
	One member identification (ID) card for Medical Assistance, Medicare and prescription drugs	✓	—
Help paying for everyday expenses	\$0 rides to medical appointments	✓	✓
	\$0 glasses upgrades like non-glare coating, photochromic tinting and progressive lenses	✓	—
	Rewards for taking care of your health loaded to your Healthy Benefits+ card	✓	—
Additional coverage	Post-discharge medication reconciliation with a pharmacist	✓	—
	Post-discharge Healthy Transitions — four re-admission prevention sessions with a community health worker	✓	—
Health and home support	Connect to Wellness Kits — options include Sleep Aid, Stress Relief, Smart Home Device or weighted blanket**	✓	—
	\$0 Medication Toolkit to help make managing your medications easier	✓	—

*You must continue to pay your Medicare Part B premium unless it is paid for you by Medical Assistance or another third party.

**Must have an eligible chronic condition diagnosis on file with UCare.

Have questions? We can help.

1-866-812-1932 (TTY 1-800-688-2534)

snpsales@ucare.org | ucare.org/getconnectplus

Two ways to enroll



Fill in the UCare Connect + Medicare enrollment form. Then mail it in the postage-paid envelope.



Visit ucare.org/getconnectplus. Click the “Enroll now” link. Complete and submit the online enrollment form.

What’s next

When you enroll, here’s what you can expect:

1. We check to make sure your enrollment form is complete and will let you know if anything is missing.
2. We'll send your completed form to the Minnesota Department of Human Services (DHS). They will send it to the Centers for Medicare & Medicaid Services (CMS).
3. If DHS and CMS determine you are eligible for UCare Connect + Medicare, DHS will send you a letter confirming your enrollment.
4. You'll get a UCare member identification (ID) card. It's the only card you'll need for your medical, dental and pharmacy needs. You'll also get a member guide to help you make the most of your coverage.

UCare is an HMO D-SNP health plan that contracts with both Medicare and the Minnesota Medical Assistance (Medicaid) program to provide benefits of both programs to enrollees. Enrollment in UCare depends on contract renewal.

Attention. If you need free help interpreting this document, call the above number.

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ملاحظة: إذا أردت مساعدة مجانية لترجمة هذه الوثيقة، اتصل على الرقم أعلاه.

သတိ။ ဤတွဲရက်စာတမ်းအားအခမဲ့ဘာသာပြန်ပေးခြင်း အကူအညီလိုအပ်ပါက၊ အထက်ပါဖုန်းနံပါတ်ကိုခေါ်ဆိုပါ။

កំណត់សំគាល់ ។ បើអ្នកត្រូវការជំនួយក្នុងការបកប្រែឯកសារនេះដោយឥតគិតថ្លៃ សូមហៅទូរសព្ទតាមលេខខាងលើ ។

請注意，如果您需要免費協助傳譯這份文件，請撥打上面的電話號碼。

Attention. Si vous avez besoin d’une aide gratuite pour interpréter le présent document, veuillez appeler au numéro ci-dessus.

Thov ua twb zoo nyeem. Yog hais tias koj xav tau kev pab txhais lus rau tsab ntaub ntawv no pub dawb, ces hu rau tus najnpawb xov tooj saum toj no.

ဟ်သျှ်ဟ်သးဘဉ်တက့ၢ်. ဖဲနမ့ၢ်လိၣ်ဘဉ်တၢ်မၤစၢၤကလိလၢတၢ်ကကျိးထံဝဲဒၣ်လံာ် တိလံာ်မိတခါအံၤန့ၣ်,ကိးဘဉ်လိတဲစိနီၣ်ဂံၢ်လၢထးအံၤန့ၣ်တက့ၢ်.

알려드립니다. 이 문서에 대한 이해를 돕기 위해 무료로 제공되는 도움을 받으시려면 위의 전화번호로 연락하십시오.

ໂປຣດຊາບ. ຖ້າຫາກ ທ່ານຕ້ອງການການຊ່ວຍເຫຼືອໃນການແປເອກະສານນີ້ຟຣີ, ຈົ່ງ ໂທໂປຣໂປທີໝາຍເລກຂ້າງເທິງນີ້.

Hubachiisa. Dokumentiin kun tola akka siif hiikamu gargaarsa hoo feete, lakkoobsa gubbatti kenname bilbili.

Внимание: если вам нужна бесплатная помощь в устном переводе данного документа, позвоните по указанному выше телефону.

Digniin. Haddii aad u baahantahay caawimaad lacag-la’aan ah ee tarjumaadda (afcelinta) qoraalkan, lambarka kore wac.

Atención. Si desea recibir asistencia gratuita para interpretar este documento, llame al número indicado arriba.

Chú ý. Nếu quý vị cần được giúp đỡ dịch tài liệu này miễn phí, xin gọi số bên trên.

Civil Rights Notice

Discrimination is against the law. UCare does not discriminate on the basis of any of the following:

- race
 - color
 - national origin
 - creed
 - religion
 - sexual orientation
 - public assistance status
- age
 - disability (including physical or mental impairment)
 - sex (including sex stereotypes and gender identity)
 - marital status
- political beliefs
 - medical condition
 - health status
 - receipt of health care services
 - claims experience
 - medical history
 - genetic information

You have the right to file a discrimination complaint if you believe you were treated in a discriminatory way by UCare. You can file a complaint and ask for help filing a complaint in person or by mail, phone, fax, or email at:

UCare
Attn: Appeals and Grievances
PO Box 52
Minneapolis, MN 55440-0052
Toll Free: 1-800-203-7225
TTY: 1-800-688-2534
Fax: 612-884-2021
Email: cag@ucare.org

Auxiliary Aids and Services: UCare provides auxiliary aids and services, like qualified interpreters or information in accessible formats, free of charge and in a timely manner to ensure an equal opportunity to participate in our health care programs. **Contact** UCare at 612-676-3200 (voice) or 1-800-203-7225 (voice), 612-676-6810 (TTY), or 1-800-688-2534 (TTY).

Language Assistance Services: UCare provides translated documents and spoken language interpreting, free of charge and in a timely manner, when language assistance services are necessary to ensure limited English speakers have meaningful access to our information and services. **Contact** UCare at 612-676-3200 (voice) or 1-800-203-7225 (voice), 612-676-6810 (TTY), or 1-800-688-2534 (TTY).

Civil Rights Complaints

You have the right to file a discrimination complaint if you believe you were treated in a discriminatory way by UCare. You may also contact any of the following agencies directly to file a discrimination complaint.

U.S. Department of Health and Human Services Office for Civil Rights (OCR)

You have the right to file a complaint with the OCR, a federal agency, if you believe you have been discriminated against because of any of the following:

- race
 - color
 - national origin
- age
 - disability
 - sex
- religion (in some cases)

Contact the OCR directly to file a complaint:

Office for Civil Rights
U.S. Department of Health and Human Services
Midwest Region
233 N. Michigan Avenue, Suite 240
Chicago, IL 60601
Customer Response Center: 800-368-1019, TTY: 800-537-7697
Email: ocrmail@hhs.gov

Minnesota Department of Human Rights (MDHR)

In Minnesota, you have the right to file a complaint with the MDHR if you have been discriminated against because of any of the following:

- race
 - color
 - national origin
 - religion
- creed
 - sex
 - sexual orientation
 - marital status
- public assistance status
 - disability

Contact the **MDHR** directly to file a complaint:

Minnesota Department of Human Rights
540 Fairview Avenue North, Suite 201
St. Paul, MN 55104
651-539-1100 (voice)
800-657-3704 (toll-free)
711 or 800-627-3529 (MN Relay)
651-296-9042 (fax)
Info.MDHR@state.mn.us (email)

Minnesota Department of Human Services (DHS)

You have the right to file a complaint with DHS if you believe you have been discriminated against in our health care programs because of any of the following:

- race
- color
- national origin
- religion (in some cases)
- age
- disability (including physical or mental impairment)
- sex (including sex stereotypes and gender identity)

Complaints must be in writing and filed within 180 days of the date you discovered the alleged discrimination. The complaint must contain your name and address and describe the discrimination you are complaining about. We will review it and notify you in writing about whether we have authority to investigate. If we do, we will investigate the complaint.

DHS will notify you in writing of the investigation's outcome. You have the right to appeal if you disagree with the decision. To appeal, you must send a written request to have DHS review the investigation outcome. Be brief and state why you disagree with the decision. Include additional information you think is important.

If you file a complaint in this way, the people who work for the agency named in the complaint cannot retaliate against you. This means they cannot punish you in any way for filing a complaint. Filing a complaint in this way does not stop you from seeking out other legal or administrative actions.

Contact **DHS** directly to file a discrimination complaint:

Civil Rights Coordinator
Minnesota Department of Human Services
Equal Opportunity and Access Division
P.O. Box 64997
St. Paul, MN 55164-0997
651-431-3040 (voice) or use your preferred relay service



500 Stinson Blvd
Minneapolis, MN 55413
1-866-812-1932 | TTY 1-800-688-2534
ucare.org