

REQUEST FOR MEDICARE PRESCRIPTION DRUG COVERAGE DETERMINATION

This form may be sent to us by mail or fax:

Address:
Express Scripts
Attn: Medicare Reviews

1-877-251-5896

Fax Number:

P.O. Box 66571 St. Louis. MO 63166-6571

You may also ask us for a coverage determination by phone at the customer service number on the back of your identification card or through our website at www.aspirushealthplan.com/medicare.

<u>Who May Make a Request</u>: Your prescriber may ask us for a coverage determination on your behalf. If you want another individual (such as a family member or friend) to make a request for you, that individual must be your representative. Contact us to learn how to name a representative.

Enrollee's Information

<u> </u>						
Enrollee's Name		Date of Birth				
Enrollee's Address						
City	State	Zip Code				
Phone	Enrollee's Member ID #					
Complete the following section ONLY if the person making this request is not the enrollee or prescriber:						
Requestor's Name						
Requestor's Relationship to Enrollee						

Representation documentation for requests made by someone other than enrollee or the enrollee's prescriber:

State

Attach documentation showing the authority to represent the enrollee (a completed Authorization of Representation Form CMS-1696 or a written equivalent). For more information on appointing a representative, contact your plan or 1-800-Medicare.

Name of prescription drug you are requesting (if known, include strength and quantity requested per month)

Address

City

Phone

Zip Code

Type of Coverage Determination Req	uest
\square I need a drug that is not on the plan's list of covered drugs (fo	rmulary exception).*
\Box I have been using a drug that was previously included on the but is being removed or was removed from this list during the placexception).*	
\square I request prior authorization for the drug my prescriber has pro-	escribed.*
\Box I request an exception to the requirement that I try another druprescriber prescribed (formulary exception).*	ug before I get the drug my
\Box I request an exception to the plan's limit on the number of pills so that I can get the number of pills my prescriber prescribed (fo	· · · · · · · · · · · · · · · · · · ·
\square My drug plan charges a higher copayment for the drug my prescharges for another drug that treats my condition, and I want to pa (tiering exception).*	•
\Box I have been using a drug that was previously included on a lobeing moved to or was moved to a higher copayment tier (tiering	• •
\square My drug plan charged me a higher copayment for a drug than	it should have.
\Box I want to be reimbursed for a covered prescription drug that I ${\mathfrak p}$	paid for out of pocket.
supporting information. Your prescriber may use the attache Information for an Exception Request or Prior Authorization Additional information we should consider (attach any supporting	" to support your request.
Important Note: Expedited Dec	
If you or your prescriber believes that waiting 72 hours for a standar harm your life, health, or ability to regain maximum function, you can decision. If your prescriber indicates that waiting 72 hours could see will automatically give you a decision within 24 hours. If you do not support for an expedited request, we will decide if your case required cannot request an expedited coverage determination if you are as drug you already received.	an ask for an expedited (fast) eriously harm your health, we to obtain your prescriber's res a fast decision. You
\square CHECK THIS BOX IF YOU BELIEVE YOU NEED A DECISION out have a supporting statement from your prescriber, attack	•
Signature:	Date:

Supporting Information for an Exception Request or Prior Authorization

FORMULARY and TIERING EXCEPTION requests cannot be processed without a prescriber's supporting statement. PRIOR AUTHORIZATION requests may require supporting information.

REQUEST FOR EXPEDITED REVIEW: By checking this box and signing below, I certify that applying the 72-hour standard review time frame may seriously jeopardize the life or health of the enrollee or the enrollee's ability to regain maximum function.

Prescriber's Information							
Name							
Address							
City		State		Zip Code		•	
Office Phone			Fax				
Prescriber's Signature			Date				
Diagnosis and Medical Informa	ation						
Medication:		ngth and F	Route of	Admini	istration:	Frequ	uency:
						'	
Date Started: ☐ NEW START	Expe	Expected Length of Therapy: Qua			Quai	antity per 30 days	
Height/Weight:	Dru	Drug Allergies:					
drug and corresponding ICD-10 codes. (If the condition being treated with the requested drug is a symptom e.g., anorexia, weight loss, shortness of breath, chest pain, nausea, etc., provide the diagnosis causing the symptom(s) if known)							
Other RELEVANT DIAGNOSES:			ICD-10 Code(s)				
DRUG HISTORY: (for treatment	t of the	condition(s) requir	ing the	requested	drug)	
DRUGS TRIED (if quantity limit is an issue, list unit dose/total daily dose tried)	DATE	S of Drug	j Trials				s drug trials RANCE (explain)
What is the enrollee's current drug	regime	n for the o	condition	(s) req	uiring the r	eques	ted drug?

DRUG SAFETY								
Any FDA-NOTED CONTRAINDICATIONS to the requested drug?	☐ YES	□ NO						
Any concern for a DRUG INTERACTION with the addition of the requested drug to the	e enrollee's d	current						
drug regimen? □ YES □ NO								
If the answer to either of the questions noted above is yes, please 1) explain issue, 2) discuss the benefits								
vs potential risks despite the noted concern, and 3) monitoring plan to ensure safety								
HIGH-RISK MANAGEMENT OF DRUGS IN THE ELDERLY								
If the enrollee is over the age of 65, do you feel that the benefits of treatment with the	requested dr	ug						
outweigh the potential risks in this elderly patient?	□ YES	□ NO						
OPIOIDS - (please complete the following questions if the requested drug is an opioi	d)							
What is the daily cumulative Morphine Equivalent Dose (MED)?		mg/day						
Are you aware of other opioid prescribers for this enrollee?	☐ YES							
If so, please explain.								
Is the stated daily MED dose noted medically necessary?	☐ YES							
Would a lower total daily MED dose be insufficient to control the enrollee's pain?	☐ YES	□NO						
RATIONALE FOR REQUEST ☐ Alternate drug(s) contraindicated or previously tried, but with adverse								
toxicity, allergy, or therapeutic failure [Specify below if not already noted in the DRUG HISTORY section earlier on the form: (1) Drug(s) tried and results of drug trial(s) (2) if adverse outcome, list drug(s) and adverse outcome for each, (3) if therapeutic failure, list maximum dose and length of therapy for drug(s) trialed, (4) if contraindication(s), please list specific reason why preferred drug(s)/other formulary drug(s) are contraindicated]								
□ Patient is stable on current drug(s); high risk of significant adverse clinical outcome with medication change A specific explanation of any anticipated significant adverse clinical outcome and why a significant adverse outcome would be expected is required – e.g., the condition has been difficult to control (many drugs tried, multiple drugs required to control condition), the patient had a significant adverse outcome when the condition was not controlled previously (e.g. hospitalization or frequent acute medical visits, heart attack, stroke, falls, significant limitation of functional status, undue pain and suffering),etc.								
☐ Medical need for different dosage form and/or higher dosage [Specify below: (1) Dosage form(s) and/or dosage(s) tried and outcome of drug trial(s); (2) explain medical reason (3) include why less-frequent dosing with a higher strength is not an option – if a higher strength exists]								
□ Request for formulary tier exception Specify below if not noted in the DRUG HISTORY section earlier on the form: (1) formulary or preferred drug(s) tried and results of drug trial(s) (2) if adverse outcome, list drug(s) and adverse outcome for each, (3) if therapeutic failure/not as effective as requested drug, list maximum dose and length of therapy for drug(s) trialed, (4) if contraindication(s), please list specific reason why preferred drug(s)/other formulary drug(s) are contraindicated]								
☐ Other (explain below)								
Required Explanation								

Notice of Nondiscrimination

Aspirus Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. Aspirus Health Plan does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

We provide <u>aids and services at no charge to people with disabilities</u> to communicate effectively with us, such as TTY line, or written information in other formats, such as large print.

If you need these services, contact us at 715-631-7411 (voice) or toll free at 1-855-931-4850 (voice), 715-631-7413 (TTY), or 1-855-931-4852 (TTY).

We provide <u>language</u> services at no charge to people whose primary <u>language</u> is not <u>English</u>, such as qualified interpreters or information written in other <u>languages</u>.

If you need these services, contact us at the number on the back of your membership card or 715-631-7411 or toll free at 1-855-931-4850 (voice); 715-631-7413 or toll free at 1-855-931-4852 (TTY).

If you believe that Aspirus Health Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file an oral or written grievance.

Oral grievance

If you are a current Aspirus Health Plan member, please call the number on the back of your membership card. Otherwise please call **715-631-7411** or toll free at **1-855-931-4850** (voice); **715-631-7413** or toll free at **1-855-931-4852** (TTY). You can also use these numbers if you need assistance filing a grievance.

Written grievance

Mailing Address
Attn: Appeals and Grievances
Aspirus Health Plan
P.O. Box 51
Minneapolis, MN 55440
Email: cagMA@aspirushealthplan

Email: cagMA@aspirushealthplan.com

Fax: 715-631-7439

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue SW Room 509F, HHH Building Washington, D.C. 20201 1-800-368-1019, 1-800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 715-631-7411/1-855-931-4850 (TTY: 715-631-7413/1-855-931-4852).

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 715-631-7411/1-855-931-4850 (TTY: 715-631-7413/1-855-931-4852).

XIYYEEFFANNAA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa 715-631-7411/1-855-931-4850 (TTY: 715-631-7413/1-855-931-4852).

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 715-631-7411/1-855-931-4850 (TTY: 715-631-7413/1-855-931-4852).

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電715-631-7411/1-855-931-4850 (TTY: 715-631-7413/1-855-931-4852)。

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 715-631-7411/1-855-931-4850 (телетайп: 715-631-7413/1-855-931-4852).

ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັງຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ 715-631-7411/1-855-931-4850 (TTY: 715-631-7413/1-855-931-4852).

ማስታወሻ: የሚናገሩት ቋንቋ ኣማርኛ ከሆነ የትርጉም እርዳታ ድርጅቶች፣ በነጻ ሊያግዝዎት ተዘጋጀተዋል፡ ወደ ሚከተለው ቁጥር ይደውሉ 715-631-7411/1-855-931-4850 (መስማት ለተሳናቸው: 715-631-7413/1-855-931-4852).

ဟ်သျဉ်ဟ်သး-နမ့်ာကတ်၊ ကညီ ကိုဂ်အယိ, နမၤန့်၊ ကိုဂ်အတာ်မၤစားလ၊ တလက်ဘူဉ်လက်စာ့၊ နီတမံးဘဉ်သံ့နှဉ်လီးကိုး 715-631-7411/1-855-931-4850 (TTY: 715-631-7413/1-855-931-4852).

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 715-631-7411/1-855-931-4850 (TTY: 715-631-7413/1-855-931-4852).

ប្រយ័ក្នុ៖ បើសិនជាអ្នកនិយា ភាសារ័ខ្លុរ, រសវាជំនួយរ័ជ្នកភាសា ដោយមិនគិតឈ្នួល គឺអាចមានសំរាប់បំររីអ្នក។ ចូរ ទូរស័ព្ទ 715-631-7411/1-855-931-4850 (TTY715-631-7413/ 1-855-931-4852)។

ملحوظة :إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان اتصل برقم ملحوظة :إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان اتحد، 11/1-485-631-7411/1-855-931-4852.

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 715-631-7411/1-855-931-4850 (ATS : 715-631-7413/1-855-931-4852).

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 715-631-7411/1-855-931-4850 (TTY: 715-631-7413/1-855-931-4852) 번으로 전화해 주십시오.

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 715-631-7411/1-855-931-4850 (TTY: 715-631-7413/1-855-931-4852).