

UCare's MSHO offers more benefits

UCare's Minnesota Senior Health Options (MSHO) (HMO D-SNP) and Minnesota Senior Care Plus (MSC+)

Additional benefits to improve your health		UCare's MSHO	MSC+
Key perks	\$0 premiums,* deductibles and Medical Assistance (Medicaid) cost-sharing	✓	✓
	One member identification (ID) card for Medical Assistance, Medicare and prescription drugs	✓	—
Help paying for everyday expenses/ more money in your pocket	Up to \$680 per year for healthy groceries (\$170 every three months) loaded to your Healthy Benefits+ Visa® card**	✓	—
	Up to \$500 per year for utility bills and rent (\$125 every three months) loaded to your Healthy Benefits+ card**	✓	—
	Up to \$560 per year for over-the-counter items (OTC) items (\$140 every three months) loaded to your Healthy Benefits+ card	✓	—
	Rewards loaded to your Healthy Benefits+ card for taking care of your health	✓	✓
	Two \$0 round-trip rides per week to an approved location, such as the grocery store or gym**	✓	—
	\$0 gym membership with access to gym locations nationwide, online classes, at-home fitness kits, brain training, no-cost social events, activities and more	✓	—
Additional coverage	One \$0 dental crown per year, plus one crown repair	✓	—
	\$0 glasses upgrades like progressive lenses, non-glare coating and photochromic tinting	✓	—

*You must continue to pay your Medicare Part B premium unless that premium is paid for you by Medical Assistance or another third party.

**These supplemental benefits are offered only for members with certain chronic conditions on file with UCare. Call to find out if you qualify.

Additional benefits to improve your health		UCare's MSHO	MSC+
Health and home support	Stress and Anxiety Kit — get help with anxiety and managing stress by choosing from our Sleep Aid Kit, Stress Relief Kit or Smart Home Device Kit. Once per year for qualifying members.	✓	—
	Memory Support Kit to help members living with memory loss	✓	—
	Strong and Stable Kit to help prevent falls and stay strong	✓	✓
Help after hospital stay	\$0 meals — two meals a day for four weeks after a hospital stay	✓	—
	Four \$0 sessions with a community health worker upon discharge from an inpatient stay to help you transition to life at home	✓	—
	\$0 medication review with a pharmacist — review all your medications to ensure they are safe, effective and affordable, and get medication questions answered by a pharmacist	✓	✓

UCare's Minnesota Senior Health Options (MSHO)

1-800-707-1711 | TTY 1-800-688-2534 | 8 am – 5 pm, Monday – Friday

snpsales@ucare.org | ucare.org/msho

Minnesota Senior Care Plus (MSC+)

Contact your local Minnesota Department of Human Services office for more information and to apply for MSC+. You also can call Minnesota Aging Pathways at:

1-800-333-2433 | TTY 1-800-627-3529

UCare's MSHO is a Medicare Advantage Special Needs Plan that combines Medicare and Medical Assistance (Medicaid) benefits for Minnesotans age 65 and older who live in UCare's MSHO service area.

UCare's MSC+ is for Minnesotans age 65 and older who have Medical Assistance (Medicaid) and live in the UCare MSC+ service area.

UCare's Minnesota Senior Health Options (MSHO) (HMO D-SNP) is a health plan that contracts with both Medicare and the Minnesota Medical Assistance (Medicaid) program to provide benefits of both programs to enrollees. Enrollment in UCare's MSHO depends on contract renewal.

Toll free 1-800-203-7225, TTY 1-800-688-2534

Attention. If you need free help interpreting this document, call the above number.

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ملاحظة: إذا أردت مساعدة مجانية لترجمة هذه الوثيقة، اتصل على الرقم أعلاه.

သတိ။ ဤတွဲရက်စာတမ်းအားအခမဲ့ဘာသာပြန်ပေးခြင်း အကူအညီလိုအပ်ပါက၊ အထက်ပါဖုန်းနံပါတ်ကိုခေါ်ဆိုပါ။

កំណត់សំគាល់ ។ បើអ្នកត្រូវការជំនួយក្នុងការបកប្រែឯកសារនេះដោយឥតគិតថ្លៃ សូមហៅទូរសព្ទតាមលេខខាងលើ ។

請注意，如果您需要免費協助傳譯這份文件，請撥打上面的電話號碼。

Attention. Si vous avez besoin d'une aide gratuite pour interpréter le présent document, veuillez appeler au numéro ci-dessus.

Thov ua twb zoo nyeem. Yog hais tias koj xav tau kev pab txhais lus rau tsab ntaub ntauv no pub dawb, ces hu rau tus najnpawb xov tooj saum toj no.

ဟ်သူဉ်ဟ်သးဘဉ်တက့ၢ်. ဝဲနမ့ၢ်လိဉ်ဘဉ်တၢ်မၤစၢၤကလီၤလၢတၢ်ကကျိးထံဝဲဒၣ်လံာ် တီလံာ်မိတခါအံၤန့ၣ်, ကိးဘဉ် လီတဲစိနီၢ်ဂံၢ်လၢထးအံၤန့ၣ်တက့ၢ်.

알려드립니다. 이 문서에 대한 이해를 돕기 위해 무료로 제공되는 도움을 받으시려면 위의 전화번호로 연락하십시오.

ໂປຣຄຊາບ. ຖ້າຫາກ ທ່ານຕ້ອງການການຊ່ວຍເຫຼືອໃນການແປເອກະສານນີ້ພຣີ, ຈົ່ງ ໂທໂປຣໂປທິໝາຍເລກຂ້າງເທິງນີ້.

Hubachiisa. Dokumentiin kun tola akka siif hiikamu gargaarsa hoo feete, lakkoobsa gubbatti kenname bilbili.

Внимание: если вам нужна бесплатная помощь в устном переводе данного документа, позвоните по указанному выше телефону.

Digniin. Haddii aad u baahantahay caawimaad lacag-la'aan ah ee tarjumaadda (afcelinta) qoraalkan, lambarka kore wac.

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