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## UCare service areas and enrollment updates

Thank you for your continued partnership as we made the difficult decisions to implement enrollment freezes and service area changes. Here is a summary of these changes by product, including changes for 2026:

### UCare's Minnesota Senior Health Options (MSHO) and Minnesota Senior Care Plus (MSC+)

- **2025 and 2026 Service Area:** No changes. [Service area map](#)
- **2025 and 2026 Enrollment:** No enrollment freeze (still accepting new members)
  - Please note that even if household members are impacted by a change to another plan, those on MSHO and MSC+ will continue with UCare.

### UCare Connect (non-integrated SNBC) and UCare Connect + Medicare (integrated SNBC)

- **2025 and 2026 Service Area:** [Service Area Map](#)
  - **UCare Connect:** No changes.
  - **UCare Connect + Medicare:** 2026 service area reduction to 14 County Metro
    - UCare Connect + Medicare will remain in: Anoka, Benton, Carver, Chisago, Dakota, Hennepin, Isanti, Mille Lacs, Ramsey, Scott, Sherburne, Stearns, Washington and Wright counties.
    - During the Annual Health Plan Selection period, members will be notified of this change and provided with their options for coverage in 2026.

## **UCare Connect (non-integrated SNBC) and UCare Connect + Medicare (integrated SNBC) continued**

- **2025 and 2026 Enrollment:**
  - **UCare Connect:** New enrollment frozen in counties where there is at least one other non-integrated SNBC option, which are the following counties: Aitkin, Anoka, Becker, Benton, Carlton, Carver, Chippewa, Chisago, Cook, Cottonwood, Crow Wing, Dakota, Fillmore, Freeborn, Hennepin, Isanti, Jackson, Kanabec, Kandiyohi, Kittson, Koochiching, Lac Qui Parle, Lake, Le Sueur, Lincoln, Lyon, Mahnommen, Mille Lacs, Morrison, Murray, Nicollet, Nobles, Norman, Olmsted, Ramsey, Red Lake, Redwood, Rice, Rock, St. Louis, Scott, Sherburne, Stearns, Swift, Todd, Wadena, Washington, Wilkin, Wright, Yellow Medicine.
  - **UCare Connect + Medicare:** No enrollment freeze (still accepting new members)

## **Prepaid Medical Assistance Program (PMAP) and MinnesotaCare**

- **2025 Service Area:** Reduction to 33 Counties (effective September 1, 2025). [Service area map](#)
- **2025 Enrollment:**
  - **PMAP:** New enrollment frozen in ALL 33 counties, with the exception of newborns whose mother is on UCare.
  - **MinnesotaCare:** New enrollment frozen in Anoka, Carver, Dakota, Hennepin, Scott and Washington counties, unless a household member is already enrolled with UCare.
- **2026 Service Area and Enrollment:** UCare will confirm the 2026 PMAP and MinnesotaCare service area and enrollment status once contracts are finalized with DHS.

**Provider FAQ:** To assist our provider partners in navigating these changes, UCare has developed a list of frequently asked questions. We will continue to add common questions and update with additional information as needed. We recommend that you bookmark this page for future reference: [Provider FAQ: UCare Product Changes](#)

For questions, please contact [ucarecountyrelations@ucare.org](mailto:ucarecountyrelations@ucare.org).

## Quarterly statewide check-in meetings

UCare's County & Tribal Relations Team offers virtual statewide quarterly check-in meetings for all counties and Tribes where UCare is a Minnesota Health Care Programs (MHCP) option. The next meeting will be:

**December 10** at 12 pm — agenda will include 2026 updates and changes to UCare's Medical Assistance (Medicaid) and duals plans. [Register](#) for the statewide quarterly check-in meeting.

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## Quit Smoking and Vaping Program for Maternity

UCare offers a special program to help UCare members who are planning a pregnancy, pregnant or postpartum to quit smoking, chewing tobacco and vaping. Members have access to specially trained quit coaches, greater intensity of behavioral support with relapse prevention and more outbound coaching calls (unlimited inbound calls).

Eligible pregnant and postpartum members who call the quit line to complete an initial assessment will receive a \$25 gift card.

To get started, members can enroll by calling the UCare Tobacco & Nicotine quit line at 1-855-260-9713, visiting [myquitforlife.com/ucare](https://myquitforlife.com/ucare) or downloading the Quit for Life mobile app on a smartphone.

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## Updated Child & Teen Checkups (C&TC) periodicity schedule and two new American Indian brochures

Minnesota Department of Human Services (DHS) posted the updated periodicity schedule and two new American Indian brochures on eDocs:

[DHS-3379-ENG](#)

[DHS-8751-ENG](#)

[DHS-8752-ENG](#)

## Partnership opportunity: UCare flu clinics

UCare is partnering with local Thrifty White and Cub Pharmacies to host flu and/or COVID-19 vaccine clinics from September through December, targeting rural and underserved communities.

### What's provided:

- Vaccine supplies and staff
- Mobile unit (based on location and availability)
- UCare's Health Improvement Specialists to help complete consent forms and assist with community resources (based on availability)

### Hosting requirements:

- Adequate space for service delivery (our flu clinics have served various sites such as community events, health fairs and senior sites)
- One on-site contact for support on clinic day

### Interested?

Contact Panyia Thao in the Quality & Population Health Department at [pthao@ucare.org](mailto:pthao@ucare.org) with questions. If you are interested in hosting a clinic, please include the following information in your email:

- Location of your agency – will you be using Cub's mobile unit or your own facility space?
- Preferred dates and times
- Estimated number of attendees and interpreter needs
- Estimated vaccine doses (flu and COVID-19)

UCare will do our best to accommodate preferred dates and geographic location. There may be limitations based on resource availability.





## UCare's Mobile Dental Clinic is on the road!

Check our Mobile Dental Clinic [schedule](#) and note these upcoming dates and locations below:

### **Sept. 29 – Oct. 3**

Minneapolis (south)  
Diamond Lake Church  
5760 Portland Ave. South

### **October 6 – 10**

Forest Lake  
Faith Lutheran Church  
886 North Shore Drive

### **October 13 – 17**

Minneapolis (north)  
Minneapolis Salem Lutheran  
4150 Dupont Ave N

### **October 20 – 24**

Rochester  
Olmsted County Public Health  
2100 Campus Drive SE

### **October 27 – 31**

Eden Prairie  
Immanuel Lutheran Church  
16515 Luther Way

### **November 3 – 7**

Blaine  
Christ Lutheran Church  
641 89th Ave NE

### **November 10 – 14**

Roseville  
Anpétu Téča Education Center  
1910 County Road B

### **November 17 – 21**

Walker  
Hope Lutheran Church  
305 10th Street South