



# Learn how to shop for a health plan.

## We'll simplify your health plan options in these helpful webinars.

Shopping for a health plan for you and your family can be confusing. Attend one of our upcoming webinars to get expert tips and advice on how to pick a plan that's best for your lifestyle and information on what's new with our 2025 health plans.

If you buy health coverage on your own or you help support those who do, these benefits and enrollment sessions are for you. Learn from our health plan simplifiers who can also answer your questions — no matter the situation.

### UCare Individual & Family Plans benefits and enrollment overview

Date	Time	Webinar registration
October 30	1 – 2:30 pm	<a href="#">Webex</a>
November 12	10 – 11:30 am	<a href="#">Webex</a>
November 21	1 – 2:30 pm	<a href="#">Webex</a>
December 10	1 – 2:30 pm	<a href="#">Webex</a>
December 19	10 – 11:30 am	<a href="#">Webex</a>
January 8	1 – 2:30 pm	<a href="#">Webex</a>

### Don't miss your chance

You can change your coverage options and enroll you and your family in an individually purchased health plan during this year's Open Enrollment Period. Your enrollment date will determine when your plan starts.

When you enroll	When your coverage starts
Nov. 1, 2024 – Dec. 18, 2024 . . . . .	Jan. 1, 2025
Dec. 19, 2024 – Jan. 15, 2025 . . . . .	Feb. 1, 2025

Don't delay! Get all the information you need to feel confident about selecting the right health plan in these online sessions.

### Contact us

Whether you're new to individual and family plans or want help rethinking your coverage, we're the figure-outers who can help you pick a plan that works best for your lifestyle and budget.

1-855-307-6975 (TTY 1-800-688-2534) 8 am – 5 pm, Monday – Friday  
ifpsales@ucare.org

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