

# 2025 Plan Highlights

## Minnesota Senior Health Options and UCare Connect + Medicare



UCare offers two combined Medicare and Medical Assistance/Medicaid products.

UCare product	Eligibility	Service area (MN counties)	Network
Minnesota Senior Health Options (MSHO) (HMO D-SNP)	<ul style="list-style-type: none"> <li>Adults age 65 and older</li> <li>Must live in the service area</li> <li>Eligible for Medical Assistance and must be enrolled in Medicare Parts A and B</li> </ul>	Aitkin, Anoka, Becker, Benton, Blue Earth, Carlton, Carver, Cass, Chippewa, Chisago, Clay, Cook, Cottonwood, Crow Wing, Dakota, Dodge, Faribault, Fillmore, Freeborn, Hennepin, Houston, Isanti, Jackson, Kandiyohi, Kittson, Koochiching, Lac qui Parle, Lake, Lake of the Woods, Le Sueur, Lincoln, Lyon, Mahnomen, Marshall, Martin, Mille Lacs, Morrison, Mower, Murray, Nicollet, Nobles, Norman, Olmsted, Otter Tail, Pennington, Pine, Polk, Ramsey, Red Lake, Redwood, Rice, Rock, Roseau, Scott, Sherburne, St. Louis, Stearns, Swift, Todd, Wabasha, Wadena, Washington, Watonwan, Winona, Wright and Yellow Medicine	All UCare network providers
UCare Connect + Medicare (HMO D-SNP)	<ul style="list-style-type: none"> <li>Individuals age 18-64</li> <li>Must live in the service area</li> <li>Have a certified disability through the Social Security Administration or the State Medical Review Team or through the Developmental Disability Waiver</li> <li>Eligible for Medical Assistance and must be enrolled in Medicare Parts A and B</li> </ul>	Aitkin, Anoka, Becker, Benton, Blue Earth, Carlton, Carver, Cass, Chippewa, Chisago, Clay, Cook, Cottonwood, Crow Wing, Dakota, Faribault, Fillmore, Freeborn, Hennepin, Houston, Isanti, Itasca, Jackson, Kanabec, Kandiyohi, Kittson, Koochiching, Lac qui Parle, Lake, Lake of the Woods, Le Sueur, Lincoln, Lyon, Mahnomen, Marshall, Martin, Mille Lacs, Morrison, Mower, Murray, Nicollet, Nobles, Norman, Olmsted, Otter Tail, Pennington, Pine, Polk, Ramsey, Red Lake, Redwood, Rice, Rock, Roseau, Scott, Sherburne, St. Louis, Stearns, Swift, Todd, Wadena, Washington, Watonwan, Wilkin, Winona, Wright and Yellow Medicine	All UCare network providers

UCare’s MSHO and UCare Connect + Medicare plans offer integrated Medical Assistance and Medicare Parts A, B and D benefits with no premiums and no cost sharing for Part D drugs. These plans also offer care coordination and additional benefits like the One Pass™ fitness program.

### Resources and contacts for providers

#### Provider Assistance Center

Call 612-676-3300 or 1-888-531-1493 toll-free, 8 am-5 pm, Monday through Friday.

#### [ucare.org/providers](https://ucare.org/providers)

Find information and resources related to authorizations, claims and billing, policies and resources, training and education, our network, credentialing and the Provider Manual. Log in to the provider portal to look up member eligibility, claims, EOPs and authorization status.

#### Newsletter sign up

Join our email list at [ucare.org/providers](https://ucare.org/providers) to receive UCare’s provider newsletters, bulletins and alerts.

For additional details, see back for overview of benefits and cost share information. Full details are available at [ucare.org/member-documents](https://ucare.org/member-documents).

In-network service	UCare's MSHO	UCare Connect + Medicare
Primary care/Specialist office visits	\$0 copay	
Care coordination	\$0 copay	
Inpatient hospital care	\$0 copay	
Emergency care/Urgent care	\$0 copay/\$0 copay	
Mental Health and Substance Use Disorder Services	\$0 copay	
Medicare Part D prescription drug coverage *Copays vary depending on low income subsidy level	Tier 1 Generic and brand name drugs* - \$0 copay	
Home health and safety supports	\$0 for home health care services; \$55 per month utilities allowance, including rent, for all members. \$750 home and bath safety allowance, Activity Tracker plus PERS, blood pressure monitor for members with hypertension who use the Activity Tracker plus PERS	\$0 copay for home health care services, Activity Tracker plus PERS, blood pressure monitor for members with hypertension who use the Activity Tracker plus PERS
Preventive care rewards	Lab tests such as blood work (blood glucose, A1c, dilated or retinal exam, annual urine protein test), screening tests (i.e., cancer screening), smoking and tobacco cessation, wellness visits and dental care	Lab tests such as blood work, screening tests (i.e., cancer screening), smoking and tobacco cessation, prenatal or postpartum visits, child and teen checkups, annual wellness visits and dental care
Readmission prevention	\$0 copay for post-discharge meals (non-EW) up to two meals per day for up to four weeks, post-discharge medication reconciliation provided by a pharmacist after discharge from inpatient facility, four visits with community health worker during the first 30 days after discharge. Includes individualized support, education and resources.	\$0 copay for post-discharge medication reconciliation provided by a pharmacist after discharge from inpatient facility, four visits with community health worker during the first 30 days after discharge. Includes individualized support, education and resources.
Supplemental coverage	\$0 copay for one routine foot care visit per month; \$75 per month Healthy Food Allowance at participating stores; up to 12 visits per year of caregiver training and support for caregivers of members, Juniper evidence-based health education classes; Strong and Stable kits, Stress and Anxiety kits (sleep, stress relief, smart home device), Memory support kit. Healthy food allowance and caregiver training and support. Memory support kit is for members with dementia diagnosis.	\$0 copay for one routine foot care visit per month; \$75 per month Healthy Food Allowance at participating stores; up to 12 visits per year of caregiving training and support for caregivers of members; Connect to Wellness kits (sleep, stress reduction, fitness, ADHD and Autism Support). Healthy food allowance is for members with hypertension, diabetes or lipid disorders. Caregiver training and support.
Massage therapy, acupuncture, chiropractic *Must use Fulcrum network provider	Six therapeutic massage visits per year for members with back, neck and shoulder pain, headaches, carpal tunnel syndrome, osteoarthritis or fibromyalgia; 12 additional acupuncture visits per year for members with acute low back pain; up to 12 chiropractic visits per year for members with musculoskeletal disorders including exams and extremity adjustments	
Over-the-counter (OTC)	\$70 quarterly OTC Allowance for purchase of eligible health items at participating retailers in-store, online or over the phone. Eligible items include surgical masks, vitamins, allergy medications, first aid supplies, shampoo and more.	\$60 quarterly OTC Allowance for purchase of eligible health items at participating retailers in-store, online or over the phone. Eligible items include surgical masks, vitamins, allergy medications, first aid supplies, shampoo and more.
Dental coverage	One comprehensive oral evaluation, full mouth x-ray, panoramic film, gross removal of plaque, two high nobel metal fused to porcelain crowns, one crown repair per year, one electric toothbrush every three years and two replacement heads per year	
Vision coverage	\$0 copay for routine or diagnostic eye exams. \$0 copay eyeglasses, \$0 copay for eyewear upgrades (anti-glare lens coating, photochromatic lens tinting, progressive lenses), and eyewear upgrade replacements due to loss, theft or damage. All benefits available one per year. Lens upgrades are available exclusively through Eye-Kraft	
Hearing services	\$0 copay screenings, \$0 copay hearing aids	
Transportation services	\$0 copay to provider location or other health services; \$0 copay for ambulance or emergency transportation; one round trip ride per day to Alcoholics Anonymous and/or Narcotics Anonymous for members with substance use disorder; one ride per week to participating Healthy Food Allowance grocery store sites, three rides per week to health club and education classes (requires authorization)	\$0 copay to provider location or other health services; \$0 copay for ambulance or emergency transportation; three round trip rides per week to participating health club; one ride per day to Alcoholics Anonymous and/or Narcotics Anonymous for members with substance use disorder; one ride per week to participating Healthy Food Allowance grocery store sites for members with hypertension, diabetes or lipid disorders