

2024 Plan Highlights

Minnesota Senior Health Options and UCare Connect + Medicare



UCare offers two combined Medicare and Medical Assistance/Medicaid products.

| UCare product | Eligibility | Service area (MN counties) | Network |
|--|--|--|-----------------------------|
| Minnesota Senior Health Options (MSHO) (HMO D-SNP) | <ul style="list-style-type: none"> Adults age 65 and older Must live in the service area Eligible for Medical Assistance and must be enrolled in Medicare Parts A and B | Aitkin, Anoka, Becker, Benton, Blue Earth, Carlton, Carver, Cass, Chippewa, Chisago, Clay, Cook, Cottonwood, Crow Wing, Dakota, Dodge, Faribault, Fillmore, Freeborn, Hennepin, Houston, Isanti, Jackson, Kandiyohi, Kittson, Koochiching, Lac qui Parle, Lake, Lake of the Woods, Le Sueur, Lincoln, Lyon, Mahnomen, Marshall, Martin, Mille Lacs, Morrison, Mower, Murray, Nicollet, Nobles, Norman, Olmsted, Otter Tail, Pennington, Pine, Polk, Ramsey, Red Lake, Redwood, Rice, Rock, Roseau, Scott, Sherburne, St. Louis, Stearns, Swift, Todd, Wabasha, Wadena, Washington, Watonwan, Winona, Wright and Yellow Medicine | All UCare network providers |
| UCare Connect + Medicare (HMO D-SNP) | <ul style="list-style-type: none"> Individuals age 18-64 Must live in the service area Have a certified disability through the Social Security Administration or the State Medical Review Team or through the Developmental Disability Waiver Eligible for Medical Assistance and must be enrolled in Medicare Parts A and B | Aitkin, Anoka, Becker, Benton, Blue Earth, Carlton, Carver, Cass, Chippewa, Chisago, Clay, Cook, Cottonwood, Crow Wing, Dakota, Faribault, Fillmore, Freeborn, Hennepin, Houston, Isanti, Itasca, Jackson, Kanabec, Kandiyohi, Kittson, Koochiching, Lac qui Parle, Lake, Lake of the Woods, Le Sueur, Lincoln, Lyon, Mahnomen, Marshall, Martin, Mille Lacs, Morrison, Mower, Murray, Nicollet, Nobles, Norman, Olmsted, Otter Tail, Pennington, Pine, Polk, Ramsey, Red Lake, Redwood, Rice, Rock, Roseau, Scott, Sherburne, St. Louis, Stearns, Swift, Todd, Wadena, Washington, Watonwan, Wilkin, Winona, Wright and Yellow Medicine | All UCare network providers |

UCare’s MSHO and UCare Connect + Medicare plans offer integrated Medical Assistance and Medicare Parts A, B and D benefits with no premiums and minimal cost sharing for Part D drugs. These plans also offer care coordination and additional benefits like the One Pass™ fitness program.

Resources and contacts for providers

Provider Assistance Center

Call 612-676-3300 or 1-888-531-1493 toll-free, 8 am-5 pm, Monday through Friday.

ucare.org/providers

Find information and resources related to authorizations, claims and billing, policies and resources, training and education, our network, credentialing and the Provider Manual. Log in to the provider portal to look up member eligibility, claims, EOPs and authorization status.

Newsletter sign up

Join our email list at ucare.org/providers to receive UCare’s provider newsletters, bulletins and alerts.

For additional details, see back for overview of benefits and cost share information. Full details are available at ucare.org/member-documents.

| In-network service | UCare's MSHO | UCare Connect + Medicare |
|--|---|---|
| Primary care visits | | \$0 copay |
| Specialist office visits | | \$0 copay |
| Care coordination | | \$0 copay |
| Inpatient hospital care | | \$0 copay |
| Emergency care/Urgent care | | \$0 copay/\$0 copay |
| Mental Health and Substance Use Disorder Services | | \$0 copay |
| Medicare Part D prescription drug coverage *Copays vary depending on low income subsidy level | Tier 1 Generic drugs* - \$0/\$1.45/\$4.15 copay for 30 day supply Tier 1 Brand name drugs* - \$0/\$4.30/\$10.35 copay for 30 day supply | |
| Home health and safety supports | \$0 for home health care services; \$50 per month utilities allowance for members with hypertension, diabetes, CHF, ischemic heart disease. \$750 home and bath safety allowance, Activity Tracker plus PERS, blood pressure monitor for members with hypertension who use the Activity Tracker plus PERS | \$0 copay for home health care services, Activity Tracker plus PERS, blood pressure monitor for members with hypertension who use the Activity Tracker plus PERS |
| Preventive care rewards | Lab tests such as blood work (blood glucose, A1c, dilated or retinal exam, annual urine protein test), screening tests (i.e., cancer screening), smoking and tobacco cessation, wellness visits and dental care | Lab tests such as blood work, screening tests (i.e., cancer screening), smoking and tobacco cessation, prenatal or postpartum visits, child and teen checkups, annual wellness visits and dental care |
| Readmission prevention | \$0 copay for post-discharge meals (non-EW) up to two meals per day for up to four weeks \$0 copay for post-discharge medication reconciliation provided by a pharmacist after discharge from inpatient facility | \$0 copay for post-discharge medication reconciliation provided by a pharmacist after discharge from inpatient facility |
| Supplemental coverage | \$0 copay for routine foot care, \$60 per month Healthy Food Allowance at participating stores, up to 12 visits per year of caregiver training or support for caregivers of members, Juniper® evidence-based health education classes Nutritional food allowance is for members with diabetes, CHF hypertension or ischemic heart disease. Memory kits are for members with dementia; caregiver training or support is for all members | \$0 copay for one routine foot care visit per month; \$50 per month Healthy Food Allowance at participating stores for members with hypertension, diabetes or lipid disorders; Connect to Wellness kits (sleep, stress reduction, fitness) |
| Massage therapy, acupuncture, chiropractic *Must use Fulcrum network provider | Six therapeutic massage visits per year for members with back, neck and shoulder pain, headaches, carpal tunnel syndrome, osteoarthritis or fibromyalgia; 12 additional acupuncture visits per year for members with acute low back pain; up to 12 chiropractic visits per year for members with musculoskeletal disorders including exams and extremity adjustments | |
| Over-the-counter | \$60 quarterly Over-the-Counter (OTC) Allowance for purchase of select catalog OTC items online or over the phone. Eligible items include surgical masks, vitamins, allergy medications, first aid supplies, shampoo and more. | |
| Dental coverage | Two crowns per year, one crown repair per year, one electric toothbrush every three years and two replacement heads per year | |
| Vision coverage | \$0 copay for routine or diagnostic eye exams \$0 copay eyeglasses with anti-glare lens coating and/or photochromatic lens tinting, progressive lenses available exclusively through Eye-Kraft | |
| Hearing services | \$0 copay screenings \$0 copay hearing aids | |
| Transportation services | \$0 copay to provider location; \$0 copay for ambulance or emergency transportation; up to one round trip ride per day to Alcoholics Anonymous and/or Narcotics Anonymous for members with substance use disorder; one ride per week to participating Healthy Food Allowance grocery store sites for members with CHF, hypertension, diabetes, ischemic heart disease, three rides per week to health club and education classes (requires authorization) | \$0 copay to provider location or other health services; \$0 copay for ambulance or emergency transportation; three round trip rides per week to participating health club; one ride per day to Alcoholics Anonymous and/or Narcotics Anonymous for members with substance use disorder; one ride per week to participating Healthy Food Allowance grocery store sites for members with hypertension, diabetes or lipid disorders |