

## Preventive Care Office Visits – Medicare

Medicare covers two types of preventive visits to promote good health through disease prevention and detection and referrals for covered screening tests. These visits focus on the assessment of risks, functional ability, and safety.

Exam Type	Description	Frequency	Not Covered As "Preventive"	Additional Information
<b>Initial Preventive Physical Exam (IPPE)</b> <b>"Welcome to Medicare"</b>	Initial preventive physical examination: face-to-face visit, services limited to new beneficiary during the first 12 months of Medicare enrollment.	Once per lifetime	Diagnostic laboratory tests, x-rays, or other tests; when ordered during <b>"Welcome to Medicare" visit</b>	The plan covers the one-time <b>"Welcome to Medicare"</b> preventive visit. The visit includes a review of your health, as well as education and counseling about the preventive services you need (including certain screenings and shots), and referrals for other care if needed.  <b>Important:</b> We cover the <b>"Welcome to Medicare"</b> preventive visit only within the first 12 months you have Medicare Part B. When you make your appointment, let your doctor's office know you would like to schedule your Welcome to Medicare preventive visit.  EKG: A one-time Medicare-covered EKG <i>screening</i> if ordered as part of member's <b>"Welcome to Medicare"</b> preventive visit.  <i>Additional laboratory or diagnostic testing done during the Initial Preventive Physical Exam may be ordered as medically necessary, and the most appropriate benefit will apply. Member cost share may apply.</i>
<b>Annual Wellness visit (AWV)</b>	Annual wellness visit; includes a personalized prevention plan of services (pps), initial, subsequent visit	Once every 12 months	Diagnostic laboratory tests, x-rays, or other tests; when ordered during AWV.	<b>Important:</b> Members first annual wellness visit cannot take place within 12 months of their <b>"Welcome to Medicare"</b> preventive visit.  <i>Additional laboratory or diagnostic testing done during the Annual Wellness visit may be ordered as medically necessary, and the most appropriate benefit will apply. Member cost share may apply.</i>
<b>Advanced Care Planning</b> (optional with AWV)	Advanced care planning including the explanation and discussion of advanced directives such as standard forms, by the physician or other qualified health care professional, face-to-face with the patient, family member(s), and/or surrogate	Annually, optional		<b>The plan covers advanced care planning (ACP) when provided as an optional AWV element.</b>

EXAM TYPE	Description	Frequency	Not Covered as "Preventive"	Additional Information
<b>Annual physical exam</b>	In addition to the Annual Wellness Visit or the "Welcome to Medicare" preventive visit, you are covered for the following, once per calendar year: Comprehensive preventive medicine evaluation including examination, and counseling /anticipatory guidance/risk factor reduction interventions.	Once per calendar year	Note: Doesn't include lab or diagnostic tests (ex: x-rays, blood tests, MRIs, etc.)	<i>Additional laboratory or diagnostic testing done during the Annual Physical exam may be ordered as medically necessary, and the most appropriate benefit will apply. Member cost share may apply.</i>

**Additional Screening Test covered according to CMS Guidelines or Medicare Preventive Services include:**

- Alcohol Misuse Screening & Counseling
- Bone Mass Measurement
- Cardiovascular Disease Screening Test
- Cervical Cancer Screening with Human Papillomavirus (HPV) Test
- Colorectal Cancer Screening
- Counseling to Prevent Tobacco Use
- COVID-19 Vaccine & Administration
- Depression Screening
- Diabetes Screening
- Diabetes Prevention Program
- Diabetes Self-Management Training
- Flu Shot & Administration
- Glaucoma Screening
- Hepatitis B Screening
- Hepatitis B Shot & Administration
- Hepatitis C Screening
- HIV PrEP
- HIV Screening
- Intensive Behavioral Therapy (IBT) for Cardiovascular Disease
- Intensive Behavioral Therapy for Obesity
- Lung Cancer Screening
- Mammography Screening
- Medical Nutrition Therapy
- Pneumococcal Shot & Administration
- Prostate Cancer Screening
- Screening Pap Test
- Screening Pelvic Exam
- Sexually Transmitted Infection (STI) Screening
- High Intensity Behavioral Counseling (HIBC) to Prevent STIs
- Ultrasound Abdominal Aortic Aneurysm (AAA) Screening