

## Preventive Care Office Visits – Medicare

Medicare covers two types of preventive visits to promote good health through disease prevention and detection and referrals for covered screening tests. These visits focus on the assessment of risks, functional ability, and safety.

Exam Type	Description	Frequency	Not Covered As "Preventive"	Cost Share
<b>Initial Preventive Physical Exam (IPPE)</b> <b>"Welcome to Medicare"</b>	Initial preventive physical examination: face-to-face visit, services limited to new beneficiary during the first 12 months of Medicare enrollment.	Once per lifetime	Laboratory tests, x-rays, or other tests; ordered during <b>"Welcome to Medicare"</b> , cost share may apply	<p>The plan covers the one-time <b>"Welcome to Medicare"</b> preventive visit. The visit includes a review of your health, as well as education and counseling about the preventive services you need (including certain screenings and shots), and referrals for other care if needed. <b>No coinsurance, copayment, or deductible apply, INN or OON</b></p> <p><b>Important:</b> We cover the <b>"Welcome to Medicare"</b> preventive visit only within the first 12 months you have Medicare Part B. When you make your appointment, let your doctor's office know you would like to schedule your Welcome to Medicare preventive visit.</p> <p>*EKG one-time Medicare-covered EKG screening if ordered because of member's <b>"Welcome to Medicare"</b> preventive visit. <b>Coinsurance will apply</b></p>
<b>Annual Wellness visit (AWV)</b>	Annual wellness visit; includes a personalized prevention plan of services (pps), initial, subsequent visit	Once every 12 months	Laboratory tests, x-rays, or other tests; if ordered during AWV, copayment, or coinsurance and deductible may apply.	<p><b>No coinsurance, copayment, or deductible for the Annual Wellness Visit, INN, or OON</b></p> <p><b>Important:</b> Members first annual wellness visit can't take place within 12 months of their <b>"Welcome to Medicare"</b> preventive visit.</p>
<b>Advanced Care Planning</b> (optional with AWV)	Advanced care planning including the explanation and discussion of advanced directives such as standard forms, by the physician or other qualified health care professional, face-to-face with the patient, family member(s), and/or surrogate	Annually, optional		<p><b>No copayment, coinsurance, or deductible for advance care planning (ACP) when provided as an optional AWV element, INN or OON</b></p> <ul style="list-style-type: none"> <li>Must be delivered on the same day by the same AWV provider</li> </ul>

EXAM TYPE	Description	Frequency	Not Covered as "Preventive"	Cost Share
Annual physical exam	<p>In addition to the Annual Wellness Visit or the "Welcome to Medicare" preventive visit, you are covered for the following, once per calendar year:</p> <p>Comprehensive preventive medicine evaluation including examination, and counseling/anticipatory guidance/risk factor reduction interventions.</p>	Once per calendar year	<p>Note: Doesn't include lab or diagnostic tests (ex: x-rays, blood tests, MRIs, etc.) Additional copayments or coinsurance may apply to any lab or diagnostic testing performed during your visit, as described for each separate service in this Medical Benefits Chart.</p>	<p>No coinsurance, copayment, or deductible for the annual physical exam, In-Network</p> <p><i>This service is <u>not covered out-of-network</u></i></p>

**Additional Screening Test covered according to CMS Guidelines or Preventive Services include:**

- Alcohol Misuse Screening & Counseling
- Bone Mass Measurement
- Cardiovascular Disease Screening Test
- Cervical Cancer Screening with Human Papillomavirus (HPV) Test
- Colorectal Cancer Screening
- Counseling to Prevent Tobacco Use
- COVID-19 Vaccine & Administration
- Depression Screening
- Diabetes Screening
- Flu Shot & Administration
- Glaucoma Screening
- Hepatitis B Screening
- Hepatitis B Shot & Administration
- Hepatitis C Screening
- HIV Screening
- Intensive Behavioral Therapy (IBT) for Cardiovascular Disease
- Intensive Behavioral Therapy for Obesity
- Lung Cancer Screening
- Mammography Screening
- Pneumococcal Shot & Administration
- Prostate Cancer Screening
- Screening Pap Test
- Screening Pelvic Exam
- Sexually Transmitted Infection (STI) Screening
- High Intensity Behavioral Counseling (HIBC) to Prevent STIs
- Ultrasound Abdominal Aortic Aneurysm(AAA) Screening