

# Consumer Directed Community Supports (CDCS) Member Agreement and Checklist

CDCS is designed to allow you to manage your own services and supports, but with increased control comes increased responsibility and accountability. UCare has the responsibility for determining the appropriateness of participation in CDCS. All funds must go through a contracted Fiscal Management Service (FMS). If you choose to participate, you will be responsible to state the following:

	Yes	No	N/A
I have completed <u>DHS CDCS online training</u> before starting my initial CDCS plan.			
I have reviewed the UCare CDCS Allowable Expenditures Member Guide and DHS-			
4124 CDCS Overview.			
I have received the annual CDCS budget limit from my care coordinator.			
I have developed a CDCS DHS-6532 Community Support Plan (CSP) detailing all			
planned uses of my annual budget and worked with my care coordinator to approve			
the plan.			
I will maintain Medical Assistance eligibility to prevent interruption of services.			
I will arrange for all needed services and support, including my FMS.			
I will maintain records of all one-time expenditures within the plan and supply			
information to my FMS provider to ensure payments.			
I will communicate with my care coordinator any changes to my plan by updating the			
DHS-6532 CSP or completing UCare's CDCS Plan Change form.			
Members who employ support workers are responsible for the following tasks:			
I will hire, direct, manage and if necessary, discharge support workers.			
I will ensure the qualification and competency of support workers.			
I will conduct criminal background checks on potential support workers, as identified			
in my plan, or have those checks done by my FMS.			
I will acquire and maintain necessary insurance coverage.			
I will maintain records of support workers' hours and wages and supply information			
to my FMS provider to ensure payments.			
I will file all employer related taxes or have my FMS complete.			
I will keep all tax and insurance records, or have these records kept by my FMS.			

By signing below and checking all applicable boxes, I acknowledge that I have read and understand the Consumer Directed Community Supports (CDCS) guidelines and that this material may change in the future as Minnesota Home and Community Based Services (HCBS) wavier policy is subject to State, Federal, County and UCare's approval and interpretation.

Member signature:	Date:
Legal representative signature:	Date:

## Toll free 1-800-203-7225, TTY 1-800-688-2534

Attention. If you need free help interpreting this document, call the above number.

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ملاحظة: إذا أردت مساعدة مجانية لترجمة هذه الوثيقة، اتصل على الرقم أعلاه.

သတိ။ ဤစာရက်စာတမ်းအားအခမဲ့ဘာသာပြန်ပေးခြင်း အကူအညီလိုအပ်ပါက၊ အထက်ပါဖုန်းနံပါတ်ကိုခေါ် ဆိုပါ။

កំណត់សំគាល់ ។ បើអ្នកត្រូវការជំនួយក្នុងការបកប្រែឯកសារនេះដោយឥតគិតថ្លៃ សូមហៅទូរសព្ទតាមលេខខាងលើ ។ '

請注意,如果您需要免費協助傳譯這份文件,請撥打上面的電話號碼。

Attention. Si vous avez besoin d'une aide gratuite pour interpréter le présent document, veuillez appeler au numéro ci-dessus.

Thov ua twb zoo nyeem. Yog hais tias koj xav tau kev pab txhais lus rau tsab ntaub ntawv no pub dawb, ces hu rau tus najnpawb xov tooj saum toj no.

ပာ်သူဉ်ပာ်သးဘဉ်တက္၊ ဖဲနမ္၊်လိဉ်ဘဉ်တ၊မးစ၊းကလီလ၊တ၊်ကကျိးထံဝဲဒဉ်လံာ် တီလံာ်မီတခါအံးနှဉ်,ကိုးဘဉ် လီတဲစိနို၊်ဂ်ံလ၊ထးအံးနှဉ်တက္၊

알려드립니다. 이 문서에 대한 이해를 돕기 위해 무료로 제공되는 도움을 받으시려면 위의 전화번호로 연락하십시오.

ໂປຣດຊາບ. ຖ້າຫາກ ທ່ານຕ້ອງການການຊ່ວຍເຫຼືອໃນການແປເອກະສານນີ້ຟຣີ, ຈົ່ງ ໂທຣໄປທີ່ໝາຍເລກຂ້າງເທີງນີ້.

Hubachiisa. Dokumentiin kun tola akka siif hiikamu gargaarsa hoo feete, lakkoobsa gubbatti kenname bilbili.

Внимание: если вам нужна бесплатная помощь в устном переводе данного документа, позвоните по указанному выше телефону.

Digniin. Haddii aad u baahantahay caawimaad lacag-la'aan ah ee tarjumaadda (afcelinta) qoraalkan, lambarka kore wac.

Atención. Si desea recibir asistencia gratuita para interpretar este documento, llame al número indicado arriba.

Chú ý. Nếu quý vị cần được giúp đỡ dịch tài liệu này miễn phí, xin gọi số bên trên.

### **Civil Rights Notice**

**Discrimination is against the law. UCare** does not discriminate on the basis of any of the following:

- race
- color
- national origin
- creed
- religion
- sexual orientation
- public assistance status

- age
- disability (including physical or mental impairment)
- sex (including sex stereotypes and gender identity)
- marital status

- political beliefs
- medical condition
- health status
- receipt of health care services
- claims experience
- medical history
- genetic information

You have the right to file a discrimination complaint if you believe you were treated in a discriminatory way by UCare. You can file a complaint and ask for help filing a complaint in person or by mail, phone, fax, or email at:

**UCare** 

Attn: Appeals and Grievances

PO Box 52

Minneapolis, MN 55440-0052 Toll Free: 1-800-203-7225 TTY: 1-800-688-2534

Fax: 612-884-2021 Email: cag@ucare.org

**Auxiliary Aids and Services: UCare** provides auxiliary aids and services, like qualified interpreters or information in accessible formats, free of charge and in a timely manner to ensure an equal opportunity to participate in our health care programs. **Contact** UCare at 612-676-3200 (voice) or 1-800-203-7225 (voice), 612-676-6810 (TTY), or 1-800-688-2534 (TTY).

Language Assistance Services: UCare provides translated documents and spoken language interpreting, free of charge and in a timely manner, when language assistance services are necessary to ensure limited English speakers have meaningful access to our information and services. Contact UCare at 612-676-3200 (voice) or 1-800-203-7225 (voice), 612-676-6810 (TTY), or 1-800-688-2534 (TTY).

## **Civil Rights Complaints**

You have the right to file a discrimination complaint if you believe you were treated in a discriminatory way by UCare. You may also contact any of the following agencies directly to file a discrimination complaint.

#### U.S. Department of Health and Human Services Office for Civil Rights (OCR)

You have the right to file a complaint with the OCR, a federal agency, if you believe you have been discriminated against because of any of the following:

race

age

religion (in some cases)

color

disability

national origin

sex

Contact the OCR directly to file a complaint:

Office for Civil Rights

U.S. Department of Health and Human Services

Midwest Region

233 N. Michigan Avenue, Suite 240

Chicago, IL 60601

Customer Response Center: Toll-free: 800-368-1019

TDD Toll-free: 800-537-7697 Email: ocrmail@hhs.gov

#### Minnesota Department of Human Rights (MDHR)

In Minnesota, you have the right to file a complaint with the MDHR if you have been discriminated against because of any of the following:

race

creed

public assistance

color

sex

status

national origin

sexual orientation

disability

religion

• marital status

#### Contact the MDHR directly to file a complaint:

Minnesota Department of Human Rights 540 Fairview Avenue North, Suite 201

St. Paul, MN 55104

651-539-1100 (voice)

800-657-3704 (toll-free)

711 or 800-627-3529 (MN Relay)

651-296-9042 (fax)

Info.MDHR@state.mn.us (email)

### Minnesota Department of Human Services (DHS)

You have the right to file a complaint with DHS if you believe you have been discriminated against in our health care programs because of any of the following:

- race
- color
- national origin
- religion (in some cases)
- age
- disability (including physical or mental impairment)
- sex (including sex stereotypes and gender identity)

Complaints must be in writing and filed within 180 days of the date you discovered the alleged discrimination. The complaint must contain your name and address and describe the discrimination you are complaining about. We will review it and notify you in writing about whether we have authority to investigate. If we do, we will investigate the complaint.

DHS will notify you in writing of the investigation's outcome. You have the right to appeal if you disagree with the decision. To appeal, you must send a written request to have DHS review the investigation outcome. Be brief and state why you disagree with the decision. Include additional information you think is important.

If you file a complaint in this way, the people who work for the agency named in the complaint cannot retaliate against you. This means they cannot punish you in any way for filing a complaint. Filing a complaint in this way does not stop you from seeking out other legal or administrative actions.

Contact **DHS** directly to file a discrimination complaint:

Civil Rights Coordinator
Minnesota Department of Human Services
Equal Opportunity and Access Division
P.O. Box 64997
St. Paul, MN 55164-0997
651-431-3040 (voice) or use your preferred relay service