

# Provider Bulletin

## News and Information



October 18, 2022

## Utilize Age-Friendly Policies and Practices to Combat Ageism at Work

Providers and their staff are invited to learn how to combat ageism in their work by utilizing age-friendly policies and practices at a free, online CEU program sponsored by UCare. Rajean Moone, PhD, LNHA, LALD, FGSA, will present an ageism provider training from 12 pm - 1 pm on October 26, 2022, via Zoom. Providers may register at <https://umn.zoom.us/meeting/register/tJ0tf-ugrz8oE9aOfIbKqiDC47Kqr5iilUA9>.

Dr. Moone will address the following learning objectives:

- Understand ageism and the impact of ageism on individual health
- Describe how race, ethnicity and culture influence aging and ageism
- Recognize steps to take to mitigate ageism in service delivery

Ageism is a pervasive form of bigotry and can find its way into everyday practices without our conscious awareness. Organizations can begin mitigating and eliminating ageism by utilizing easily implemented, age-friendly principles and practices. This interactive workshop will provide participants with tools to assess an organization's current policies and practices; develop an action plan based on the assessment; and evaluate progress.

Learn more at [www.ucare.org/providers/class-offerings](http://www.ucare.org/providers/class-offerings).

### About Rajean Moone, PhD, LNHA, LALD, FGSA

Dr. Moone is the Faculty Director of Long-Term Care Administration for Professionals within the College of Continuing and Professional Studies at the University of Minnesota. He is also the Associate Director of Education for the Center for Healthy Aging & Innovation within the School of Public Health at the University of Minnesota.

Dr. Moone's professional career is dedicated to eliminating ageism and working on age-friendly initiatives that support the inclusion of older adults in society. In the past, Dr. Moone worked with the state unit and area agencies on aging. Dr. Moone holds a BA in Psychology, a MS degree in Gerontology, a PhD in Social Work, and a MN nursing home administrator's license and the assisted living director license.