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UCare's 2025 Individual & Family health plans **feature a large network and value-added benefits**

UCare offers easy-to-use health club and grocery savings

MINNEAPOLIS, Oct. 30, 2024 — With open enrollment starting this Friday, [MNSure](#) market leader [UCare](#) continues to offer [Individual & Family plans](#) shoppers affordable plans with access to most Minnesota providers and benefits that support healthy lifestyles.

In 2025, UCare is adding benefits requested by members, such as a first-time \$500 copay emergency room visit on Silver copay plans. The health plan continues to offer fully covered benefits such as [preventive care and rewards](#), [24/7 Nurse Line](#), \$0 telehealth office visits (medical and mental health) on the Silver copay plan and \$0 online and retail clinic visits on most copay plans. All Individual & Family Plans support healthy lifestyles with [grocery discounts](#), [20% savings on Garmin fitness tools](#), [health club savings up to \\$20/month](#) and [Community Education allowance up to \\$45/year](#).

“In designing 2025 plans, UCare’s priority was to keep premiums stable and minimize out-of-pocket costs,” said Theresa Pazdernik, Senior Product Manager. “We currently have the most popular plans on MNSure, which we don’t take lightly. Next year, we are adding benefits and keeping premium increases to a minimum.”

UCare has also begun to offer shoppers an easier enrollment path by enabling them to sign up directly on UCare’s website. This path is for those not eligible for extra financial help (subsidies). Brokers can assist enrollees to sign up for both UCare’s ‘off-exchange’ and MNSure plans.

New 2025 Benefits

- Biomarker testing and rapid whole genome sequencing coverage
- Cost sharing caps on drugs and supplies for diabetes, asthma and allergies
- Durable Medical Equipment (DME) coverage expanded for orthotics, prosthetics, catheters, amino acid formula and hair prosthesis (*note that UCare was the first plan to cover hair prosthesis (wigs) for certain conditions causing hair loss*)

- Psychiatric residential treatment facility coverage
- Women's health coverage for abortion services and maternal medical facility transfers

The independent community-based health plan's Individual & Family plan portfolio encompasses a wide range of both HSA-compatible and copay designs; a spectrum of wellness programs and discounts; and a broad provider network in its 77-county service area. M Health Fairview plans are available in 10 metro counties.

UCare has been a top choice on MNsure for the past six years. The plan currently has the largest market share of members who purchase individual and family coverage on MNsure – serving more than 50,000 of these members.

About UCare

[UCare](#) is an independent, nonprofit health plan providing health care and administrative services to more than 600,000 members throughout Minnesota and parts of western Wisconsin. UCare partners with health care providers, counties, and community organizations to create and deliver Individual & Family, Medicare, Medicaid health plans.

The health plan addresses health care disparities and care access issues through a broad array of community initiatives. UCare is the highest ranked health plan in the USA Today 2024 Top Workplaces and has received Top Workplaces honors from the Star Tribune for 15 consecutive years since the rankings began in 2010.

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